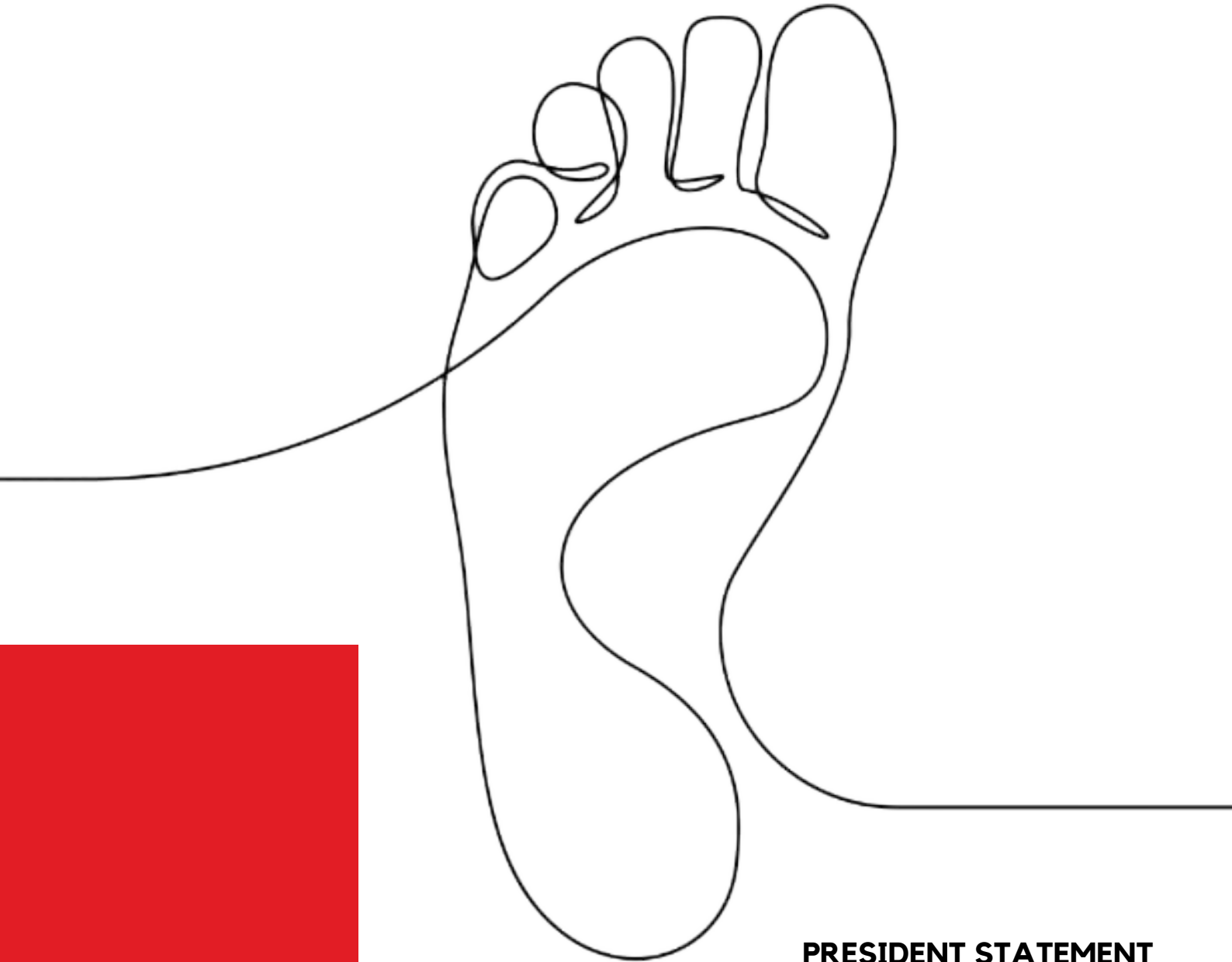




E - NEWSLETTER

JULY 2023



PRESIDENT STATEMENT

Dr. Zulfiqarali G Abbas

NEW BOARD MEMBERS

Introduction of the new board
of D-Foot International

FLAGSHIP PROGRAMS

Exciting updates on the
events of 2023

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President Statement

It is with great pleasure and gratitude that I address you as the President of D-Foot International for the Biennium 2023-2025. I feel extremely honored and privileged to hold this position and the responsibilities that come with it.

First and foremost, I would like to extend my heartfelt appreciation to our immediate past president, Dr. Vijay Viswanathan, for his exceptional leadership and tireless dedication to D-Foot International's success. I would also like to express my deepest gratitude to the outgoing board members who have served selflessly and with unwavering commitment during their tenure.

As we bid farewell to our esteemed colleagues, we also extend a warm welcome to our President-elect, Harikrishna R.K. Nair, Vice President of Finance Willem van Dyck, Immediate past president Vijay Viswanathan, Vice President, Hermelinda Pedrosa, Mariam Botros, Roberto Anichini, Beata Mrozikiewicz-Rakowska, and not forgetting our nominating committee members Nikolaos Papanas and Gulapar Srisawadi. I have full confidence in their expertise, passion, and ability to lead D-Foot International to even greater heights.

D-Foot International is an organization with members from seven regions in the world; Africa, Europe, Middle East and North Africa, South and Central America, South East Asia, and Western Pacific. All in support of providing preventative diabetic footcare through awareness. All in support of providing preventative diabetic foot care through awareness, education, and professional guidance.

As president, I commit myself to launch a particularly strong interest in diabetic foot management in a financially friendly manner particularly focusing on low and low-middle-income countries to further push D-Foot International's mission: **Ending avoidable lower-limb amputations due to diabetes worldwide.** We have an exciting future filled with ambitious plans and initiatives. Our goal is to expand D-foot International's reach, influence, and impact in addressing the challenges faced in the care of their patients with diabetes and diabetic foot complications.

In the coming months, we will be focusing on several key areas. This includes further enhancing our educational resources such as Train the Foot Trainer (TtFT) courses, diabetes awareness week in the month of November, webinars, and several other projects to equip healthcare professionals with the knowledge and skills for excellent patient-centered care.

It brings me great joy to say that one of our flagship projects TtFT we have planned to have five TtFT courses in five regions in the coming two years to train healthcare professionals on sustainable diabetic foot care. Secondly, diabetes awareness week in November dates have already been announced and regions have been instructed to make programs. Thirdly, eight webinars have been arranged and will be covered in two years.

Encourage programs dedicated to highlighting diabetic foot management in the context of financial limitations in an effort to promote universal healthcare.



Dr. Zulfiqarali G. Abbas
MBBS, MMED, DTM&H (UK)
FRCP (Glasgow), FRCP (London)
Consultant Physician
Endocrinologist / Diabetologist

I believe that we need to recommence the projects carried out aiming to help persons with diabetes who are economically less fortunate.

We have a moral and ethical responsibility to give back to the community and help those who are vulnerable.

I deeply encourage each and every member of D-Foot International to actively engage in the activities, openly share expertise, and contribute to the collective mission of D-Foot International. Your unique perspectives, insights, and dedication are invaluable to those individuals affected by diabetes-related foot complications. Together, we have the power to make a difference. Let us collaborate, inspire, and transform the field of diabetes-related foot care. Once again, I express my deepest gratitude to the outgoing board and a warm welcome to the new board. Thank you for your unwavering support and commitment to our shared vision.

BOARD MEMBERS 2023 - 2025



 Prof. Harikrishna K.R Nair
President Elect
MALAYSIA




 Dr. Zulfiqarali G Abbas
President
TANZANIA



 Dr. Vijay Viswanathan
Immediate Past President
INDIA




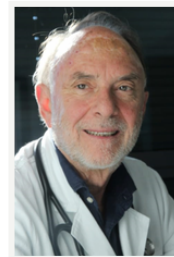
 Mr. Willem van Dyck
Vice President Finance
BELGIUM



 Dr. Hermelinda Pedrosa
Vice President
BRAZIL



 Dr. Mariam Botros
Vice President
CANADA




 Dr. Roberto Anichini
Vice President
ITALY



 Prof. Beata Mrozikiewicz-Rakowska
Vice President
POLAND

NOMINATING COMMITTEE 2023 - 2025



 Prof. Nikolaos Papanas
Past Board Member
GREECE



 Prof. Gulapar Srisawasdi
Regional Chair
THAILAND

BOARD MEMBERS 2023-2025



Dr. Zulfiqar G. Abbas
PRESIDENT

Diabetologist in Tanzania with over 30+ years experience in diabetic foot care. He has been honored with prestigious honors, founded multiple international organizations, and published numerous research. His commitment to global health has earned him multiple awards for outstanding contributions in diabetic foot care.



Prof. Harikrishna K.R. Nair
PRESIDENT-ELECT

The president of the Asia Pacific Association for Diabetic Limb Problems. President-Elect of the World Union of Wound Healing Societies. He has 25 years of clinical experience, authored several books, chapters and countless publications.



Dr. Vijay Viswanathan
IMMEDIATE PAST PRESIDENT

Head & chief diabetologist of M.V. Hospital for Diabetes and President of Prof. M. Viswanthan Diabetes Research Centre, Royapuram, Chennai, a WHO collaborating centre for research, education and training in diabetes.



Mr. Willem van Dyck
VICE PRESIDENT FINANCE

The Vice President of Finance since 2021. He has a Master's in Economics and Business Administration. He is also a member of the Board of Directors of a small private bank in Antwerp: Dierickx Leys & Co.



Dr. Hermelinda Pedrosa
VICE PRESIDENT

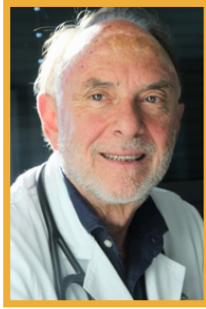
Endocrinologist in Brasilia and serves as the vice preside of IDF. She is the Past Brazilian Diabetes Society President and currently Chair of the Endocrinology Unit Research Centre in Brasilia. She has published chapters, articles, and participated in national studies, and received national awards



Dr. Mariam Botros
VICE PRESIDENT

A chiropodist, educator, researcher, and the CEO of Wounds Canada. She has developed, implemented, and evaluated multiple regional and National programs. Authored multiple publications and collaborated with stakeholders to advance public health policy.

BOARD MEMBERS 2023-2025



Dr. Roberto Anichini
VICE PRESIDENT

Head of Diabetes Unit and Diabetes Foot Unit Centrotoscana Pistoia Hospital Italy. Europe Regional Chair of DFI since 2019 and AB(b)A Project leads.



Prof. Beata Mrozikiewicz-Rakowska
VICE PRESIDENT

President of the Polish Wound Management Society, Member of the Organizing Committee of the 24th Congress of European Wound Management Society. Authored textbooks, and numerous manuscripts, reviews and scientific monographs in the field of diabetic foot.

NOMINATING COMMITTEE 2023-2025



Prof. Nikolaos Papanas
PAST VICE PRESIDENT

Professor in Internal Medicine-Diabetes Mellitus at Democritus University of Thrace, Greece. He is the head of diabetes centre-diabetic foot clinic of the second department of Internal Medicine at Democritus University of Thrace.



A/Prof. Gulapar Srisawasdi
REGIONAL CHAIR

A physiatrist specialized in podiatry which play major roles in off-loading footwear. Former vice-president of D-Foot International during 2018-2020 and WPR regional chairperson from 2018 until now. She is involved in the field of diabetes foot care for more than 20 years.

Regional Chairs 2023 - 2025



Zulfiqarali G. Abbas
AFRICAN REGION



Maimouna Ndour Mbaye
AFRICAN REGION



Nalini Campilo Vilorio
SACA REGION



Hermelinda Pedrosa
SACA REGION



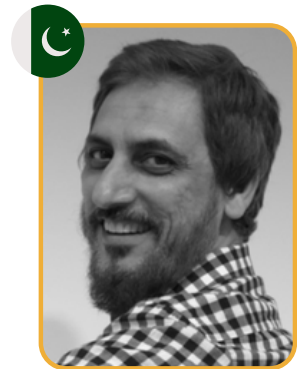
David G Armstrong
NACA REGION



Simone McConnie
NACA REGION



Lee C Rogers
NACA REGION



Zahid Miyan
MENA REGION



Jamil Halabi
MENA REGION



Roberto Anichini
EUROPE REGION



Norina Alinda Gavan
EUROPE REGION



Vijay Viswanathan
SEA REGION



Gulapar Srisawasdi
WP REGION



Shigeo Kono
WP REGION

Regional Advisors 2023 - 2025



Ana Christina Ravazzani
SACA REGION



Daniel Braver
SACA REGION



Yamile Jubiz
SACA REGION



Andrea Icaza
SACA REGION



Mariam Botros
NACA REGION



M. Sharkawy
MENA REGION



Frances Game
EUROPE REGION



Vilma Urbancic Rovon
EUROPE REGION



Milind Ruke
SEA REGION



Harikrishna Nair
WP REGION



Recognizing the Regional Chairs and Advisors of D-Foot International. Your leadership will contribute to the advancement of diabetic foot care within the country and positively impact the lives of countless individuals, globally.



Farewell to the Immediate Past President

Under the guidance of Dr. Vijay Viswanathan, D-Foot International has witnessed tremendous growth and achieved numerous milestones. His strategic vision and passion for the cause brought together diverse stakeholders and have been instrumental in advancing D-Foot International's mission.

As you transition into the next phase of your journey, we want to extend our warm gratitude for your service to D-Foot International and its community. On behalf of the entire D-Foot International community, we wish you continued success and fulfillment in all your future endeavors. Your passion, dedication, and commitment to our shared vision have been an inspiration to us all.

During the 7th Annual General Assembly 2023, Dr. Vijay Viswanathan was presented with a plaque of appreciation from the outgoing board members 2021-2023.

The board members of 2021-2023 had the distinct honor of recognizing an individual who dedicated his time and expertise to the organization: D-Foot International and the field of diabetes-related foot care and complication.

As we celebrate this momentous occasion, let us also recommit ourselves to the shared the mission of D-Foot International.



Plaque presented to Dr. Vijay Viswanathan



Appreciation plaque presented to immediate past president at the 7th Annual General Assembly 2023

Membership Benefits 2023 - 2025

- Global recognition
- Continuing education
- Influence policies and guidelines
- Discounts to D-Foot events
- Networking opportunities
- Research opportunities
- Volunteer opportunities
- Promotion of Diabetic Foot care awareness

Membership Updates 2023 - 2025

* World Bank Ranking Jan '23 *

High
Income countries

EURO
per year

80

Middle
Income countries

EURO
per year

40

Low
Income countries

EURO
per year

20

Awards and Recognition of members of D-Foot International



Prof. David G. Armstrong honored with the highly esteemed 2023 Karrel Bakker Award for Limb Preservation



Congratulations Prof. William Jeffcoate for receiving the life achievement award at the 9th International Symposium on the Diabetic Foot. Picture with the D-Foot International Board Members

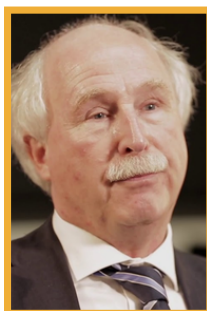


Congratulations Dr. Hermelinda Pedrosa, Vice-president of D-Foot International for winning the Diabetic Foot Medal of Honor



Congratulations to Dr. Pedrosa & Dr. Alberto for winning the Diabetic Foot Medal of Honour

The Hague Meeting 2023



Prof. Nicolaas Schaper
RETIRED CHAIR OF IWGDF & ISDF

Nicolaas Schaper is an emeritus professor of Endocrinology at the Maastricht University Hospital and was the coordinator of its multidisciplinary diabetic foot team. He is still involved in research, focussed on the pathophysiological, clinical, and epidemiological aspects of (lower extremity) complications of diabetes and related chronic diseases. Nicolaas was the coordinator of the European diabetic foot research consortium Eurodiale. He is Chair of the ISDF 2023, is Chair of the International Working Group on the Diabetic Foot, member of two of its Working Groups, and was also involved in several other (international) guidelines. He is the author of > 320 international scientific papers (H-index > 60), was a co-founder of the Maastricht Study, a large-scale in-depth epidemiological study on diabetes and related diseases, and recipient of several (inter)national awards.



Prof. Frances Game
CHAIR OF IWGDF

Her main clinical and research interest is the Diabetic Foot and she has published over 80 papers and book chapters on the subject. She has an active research interest, running several multicentre/multinational trials in this field. She is especially interested in service development, particularly the need to manage diabetic foot disease in a more cost-effective way, closer to home for patients. She is an active teacher both locally, nationally, and internationally, being regularly asked to lecture at major diabetes conferences.

She has worked with Diabetes UK on their Putting Feet First campaign. She chairs the Classification Subgroup of the IWGDF, co-chairs the East Midlands Diabetic Foot Network, and was appointed the NHS England Co-Clinical Director for Diabetes and Vascular Diseases for the East Midlands in May 2018.



Prof. Sicco A. Bus
CHAIR OF ISDF

Sicco Bus is a human movement scientist and a professor of clinical biomechanics and principal investigator at Amsterdam University Medical Centers in the Netherlands. Sicco completed his doctoral dissertation on the structural and functional aspects of the neuropathic foot in diabetes. In his work at the Department of Rehabilitation Medicine at Amsterdam UMC, Sicco leads and supervises research on lower-extremity biomechanics and injury prevention in diabetes and sports. Sicco is a member of the board and program leader for the Rehabilitation & Development of the Amsterdam Movement Sciences research institute. He is also a member of the editorial board and chair of the ulcer prevention and offloading working groups of the International Working Group on the Diabetic Foot (IWGDF) on guideline development. Sicco is chair of the study group on Neurovascular Complications of Diabetes in the Netherlands.

The Hague Meeting 2023



One of the scientific session and discussion held on 10th May 2023 at The Hague, Netherlands



Exclusive D-Foot International board members meeting on 11th May 2023 at The Hague - Netherlands



Mr. Willem van Dyck, Dr. Zulfiqarali G. Abbas & Prof. Harikrishna R.K. Nair at D-Foot International booth



Prof. Armstrong, Dr. Pedrosa & Dr. Botros



Dr. Vijay Viswanathan, Dr. Zulfiqarali G. Abbas, Prof. Nicholas Schapper



Fruitful interaction with the sponsor Dr. Camillo Barutoo, Dr. Vilma Urbancic Rovani, Dr. Karrel Bakker and Dr. Zulfiqarali G. Abbas

Recent meetings with the president of D-Foot International



Productive discussion with the President of D-Foot International and regional chairs and representatives from Egypt



Informative discussion with the President of D-Foot International and regional chairs and representatives from South and Central America Region



Fruitful discussion with the President and President-Elect of D-Foot International and regional chairs and representatives from Europe region



In Memory of
Dr. Sharad Pendsey
May 1954 - June 2023

In the loving memory of our esteemed colleague, we mourn the passing of a remarkable doctor who made excellent contributions to healthcare.

In India, Dr. Sharad Pendsey was a pioneer in the field of diabetes foot care, innovating therapeutic methods and enhancing numerous lives.

He even showed incredible kindness by giving away free insulin to kids living in poverty through Dream Trust Organization in Nagpur, India. Our colleague held the prestigious position of regional chair for the South East Asia region of D-Foot International, promoting diabetic foot treatment and working towards preventing amputations.

Dr. Sharad Pendsey was one of the founding members of Step by Step program along with Dr. Zulfiqarali G. Abbas and Dr. Vijay Viswanathan.

Our beloved colleague will always be remembered as a selfless humanitarian, a caring doctor, and a powerful force. His revolutionary work and dedication to advancing healthcare had a profound impact on many lives and his legacy will be treasured.

May he rest in peace.

UPCOMING EVENTS



Train the Foot Trainer (TtFT) Course Schedule

SOUTHERN AND CENTRAL AMERICA (SACA) REGION

Facilitators: Dr Yamile Jubiz and
Dr Hemelinda Pedrosa
Where - Barranquilla, Columbia
When - 16th to 19th August 2023



WESTERN PACIFIC (WP) REGION

Facilitator: Dr Harikrishna K.R. Nair
Where - Selangor, Malaysia
When - 6th to 8th October 2023



EUROPE REGION

Facilitator: Dr Vilma Urbancic-Rovan
Where - Bled, Slovenia
When - 15th to 17th February 2024



MIDDLE EAST AND NORTHERN AFRICA (MENA) REGION

Facilitator: Dr Zahid Miyan
Where - Karachi, Pakistan
When - 23rd to 25th August 2024



SUB SAHARAN AFRICA (SSA) REGION

Facilitator: Dr. Zulfiqarali G. Abbas
Where - Zanzibar, Tanzania
When - 14th to 16th February 2025



8th TtFT Course

Southern and Central America (SACA) Region



Dr. Yamile Jubiz
REGIONAL ADVISOR
D-FOOT



Dr. Hermelinda Pedrosa
VICE-PRESIDENT
D-FOOT



Barranquilla, Columbia



16th to 19th August 2023

No Te Puedes Perder Este En Trenamiento!



**TRAIN the FOOT
TRAINER (TtFT)**

D-FOOT INTERNATIONAL
REGION CENTRO Y SURAMERICA (SACA)

www.eduessence.com/summit2023

**Trabajemos en equipo
del 16 al 19 de Agosto 2023
Barranquilla Colombia**

Universidad Simon Bolivar sede 1

- ✓ Presummit
- ✓ Summit
- ✓ Preguntas y Respuestas

INSCRIBETE AHORA

D-FOOT International

El D-Foot international organiza el 8vo Curso Entrenando al entrenador de pie TtFT (Train the Foot Trainer) en Barranquilla-Colombia 16 al 19 de Agosto 2023.

Regístrate ahora:

SCAN ME



9th TtFT Course

Western Pacific (WP) Region



Prof. Harikrishna K.R. Nair
**PRESIDENT-ELECT
D-FOOT**



For more information, please visit www.woundconference.com.my 1st Announcement

D-FOOT INTERNATIONAL & 5TH GLOBAL WOUND CONFERENCE 2023

WHO YOU GONNA CALL?

WOUNDBUSTERS THE LEGACY

6th -8th OCT, 2023 • SUNWAY PYRAMID CONVENTION CENTRE, SELANGOR, MALAYSIA

Supported by:

- Meet in Malaysia
- Malaysia 2023
- MINISTRY OF HEALTH HOSPITAL KUALA LUMPUR
- awca
- SUNWAY MEDICAL CENTRE
- WOUNDS
- WOUNDSGROUP
- WOUNDS ASIA



Selangor, Malaysia



6th to 8th October 2023



**MALAYSIAN SOCIETY OF
WOUND CARE PROFESSIONALS**

MESSAGE FROM THE ORGANISING CHAIRMAN



Dear friends and family of the wound fraternity, It gives me immense pleasure to invite you for our international meeting, namely the D-Foot International and the 5th Global Wound Conference 2023 which will be held in Sunway Pyramid Convention Centre from the 6th to the 8th of October 2023.

The theme of this momentous event is Wound Busters: The Legacy.

For this momentous meeting, I am so grateful that the Malaysian Society of Wound Care Professionals MSWCP will be collaborating with D-Foot International, which is the implementation arm of the International Working Group on Diabetic Foot (IWGDF).

Diabetes is now at epic proportions and has even become a pandemic. Globally, a diabetic person dies every 7 seconds, and a foot is amputated every 20 seconds. This is the reality and we need to forge a strong relationship to manage the complications of diabetic foot comprehensively and holistically with a multidisciplinary team approach. The D-Foot International aims to prevent avoidable amputation worldwide. The save lives save limb campaign globally has to be strengthened and implemented in every country with the help of the World Health Organisation, especially in lower and middle income countries.

Please lend us a hand for a good cause. Come join this international conference with a large group of speakers from various backgrounds and countries, who will come together to share their knowledge, expertise and experience to battle diabetic foot complications together in the spirit of brotherhood and sisterhood.

I hope to see you all soon. Please mark it in your calendar.

Take care. God bless.

Thank you.

Professor Dato' Dr. Harikrishna K. R. Nair DMIJ S.I.S. KMN
Chairman, Organising Committee
President Elect, World Union of Wound Healing Societies
Vice President, D-Foot International

****Registration for
physical and
online sessions for
D-Foot
International
members is
FREE**
Discounted
rates on
accommodation
for D-Foot
International
members**

EARLY BIRD
(By 31st July 2023)
Foreign Delegates: USD 250
Allied Health: RM 750
Doctors: RM 800

Registration Fees (Per Person)				
Undergraduate Student	MSWCP Members	Allied Health	Doctors	Foreign Delegates
RM 400	RM 750	RM 850	RM 900	USD 300
Webinar (Online) - USD 100				
<p>Payment is to be issued in favour of "Malaysian Society of Wound Care Professionals"</p> <ul style="list-style-type: none"> Bank Name : CIMB Bank Berhad Account No. : 8000-5201-25 Bank Address : Jalan Raja Muda Abdul Aziz, Kampung Baru, 50300 Kuala Lumpur, Malaysia. SWIFT Code : CIBBMYKL 				
<p>Cancellation & Transfer</p> <ul style="list-style-type: none"> If you are unable to attend, a replacement participant is allowed at no extra cost provided written notice is given prior to the conference. A 90% refund can be made for cancellation received in writing or by fax at least 4 weeks before the conference. A 50% refund will be given if cancellation is received 14 days before the conference. 				

Visit www.woundconference.com.my to register your place

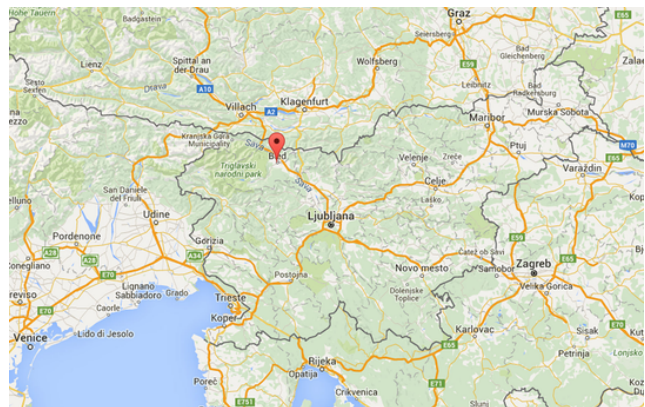
www.mswcp.org

10th TtFT Course

Europe Region



Prof. Vilma Urbancic-Rovan
REGIONAL ADVISOR
D-FOOT



Bled, Slovenia



15th to 17th February 2024

11th TtFT Course

Middle East and Northern Africa (MENA) Region

War Affected Countries



Dr. Zahid Miyan
REGIONAL CHAIR
D-FOOT



Karachi, Pakistan



23rd to 25th August 2024

12th TtFT Course

Sub-Saharan Africa (Africa) Region



Dr. Zulfiqarali G. Abbas
PRESIDENT
D-FOOT



Zanzibar, Tanzania



14th to 16th February 2025

14:00 CET
WEBINAR
 Saturday

Date	Topic	Speakers
9th September 2023	Diabetic Neuropathy: A time to challenge the dogma	Prof. Rayaz Malik 
9th December 2023	Toe & Flow: PAD and Diabetes	Prof. Robert J. Hinchliffe 
9th March 2024	Tales of Diabetes Foot Infection	Prof. Eric Senneville 
8th June 2024	Wound Classification	Prof. Frances Game 
7th September 2024	Wound Healing Intervention	Prof. Ketan Dhatariya 
7th December 2024	Surgical Aspects of DFU	To Be Announced...
8th March 2025	Biomechanics & Off Loading	
7th June 2025	Prevention of DFU	

D-Foot Initiative Projects 2023-2025

1 The Cost of Treating Diabetic Foot Ulcers in 7 Regions of the World

Prof. Ketan Dhatariya & Dr. Zulfiqarali G. Abbas

Objectives:

- Estimate cost to patients with diabetic foot ulcers in 7 regions of the world.
- Estimate cost to the institution of treating simple and complex diabetic foot ulcers in 7 regions of the world with varying healthcare practices, reimbursement policies, and gross domestic products.



Scan QR-code to register to participate in the study

2 AfroDiale - African Study Group on Diabetes and the Lower Extremity

Dr. Zulfiqarali G. Abbas & Prof. Ketan Dhatariya

Objectives:

- To obtain prospective data on the outcome of individuals presenting with a new diabetic foot ulcer, including patients both with and without peripheral arterial disease.
- To assess clinical characteristics that best predict poor outcomes.
- To examine whether such predictors differ between patients with and without peripheral arterial disease.



Scan QR-code to register to participate in the study

3 Footwear Project for the Low-Income Countries FLIRT: Footwear for Low-Income Regions all Together

Prof. Luigi Uccioli *et al.*

Objectives and Outcomes:

- The aim of the project is to provide those countries with a standard, prefabricated affordable off-loading device that would fulfill certain criteria, including an off-loading of at least 50% compared to a standard shoe.



D-Foot Initiative Projects 2023-2025

4

Rehabilitation & Mobility Assistive Technology (MAT) for Low-and-Middle Income Countries (LMICs)

Prof. Nachiappan Chockalingham & A/Prof. Gulapar Srisawasdi



Objectives:

- Identify the needs and challenges faced by people with diabetes.
- Identify the needs and challenges faced by practitioners.
- Compare the findings between countries to establish if similarities exist.
- Use findings to formulate key research questions and to support the development of this network.
- Use findings to inform priority research topics.

5

MENA Region: Launching of the Fast-Track Pathway Program

Dr. Zahid Mayan

Where: Karachi, Pakistan

When: 25th to 27th August 2023



Objectives:

- Training of healthcare professionals in diabetic foot care.
- Establishment of 100-150 sustainable diabetic foot clinics in a year.
- Provision of evidence-based standards of diabetic foot care to people with diabetes, within or closer to their own vicinity.
- Application of Fast-Track tool for early recognition, management, and referral.
- Manufacture of cost-effective, standardized, durable, and acceptable foot wear.

D-Foot Initiative Projects 2023-2025

6

Auditing Benchmarking and Accreditation AB(b)A in Search of Excellence

Dr. Roberto Anichini & Dr. Lee Rogers

Objectives:

- Create a multidisciplinary, multi-professional team
- Create standardized pathways for diabetic foot care
- Create a process for auditing and improvements



7

Afro-India 2nd Train the Foot Trainer (TtFT) for Surgeons

Dr. Milindi Ruke & Dr. Zulfiqarali G. Abbas

Where: Zanzibar, Tanzania

When: 29th February to 2nd March 2024

Objectives:

- To create more awareness of diabetic foot problems
- To provide sustainable training for healthcare professionals in the management of diabetic foot
- To reduce limb amputation rates among persons with diabetes through an education program targeting local surgeons and focusing on teaching surgical interventions that salvage limbs



Other Training Projects on Diabetic Foot Ulcers by D-Foot International

- Diabetic Foot Ulcers Treatment Model and Best Clinical Practice in China D-Foot International
- Wound Canada and Sub-Saharan African Training Project for Nurses on Wound Care
- Over the Time Building Expert Capacity to Prevent and Treat Diabetic Foot Ulcers Project by D-Foot International - Foot Academy

DIABETES AWARENESS WEEK



AFRICAN Region	TUESDAY, 7th Nov 2023
SACA Region	WEDNESDAY, 8th Nov 2023
NACA Region	THURSDAY, 9th Nov 2023
MENA Region	FRIDAY, 10th Nov 2023
EUROPE Region	SATURDAY, 11th Nov 2023
GLOBAL MEET	SUNDAY, 12th Nov 2023
SEA Region	MONDAY, 13th Nov 2023
WP Region	TUESDAY, 14th Nov 2023



Picture courtesy by Dr. Zulfiqarali G. Abbas, President of D-Foot International

**WHO HAS THE
SMARTS**

D-FOOT QUIZ

Interesting
published case
reports

IN THE SPOTLIGHT

A 56-year-old female known diabetic for 10 years, presented with ulceration of the left big toe and second toe. The ulcers were of varying sizes with irregular edges. She comes from a low-income family and sleeps on mattresses on the floor. The patient described that she was bitten by a rat however, does not when or where it occurred.

Upon examination, her feet were warm, swollen with good pedal pulse on both left and right. Her BMI is 33.3 kg/m², random blood glucose 15.2 mmol/L, and blood pressure 132/94 mmHg. She currently is on metformin 500mg twice a day.

What would your management for this patient be?

(Think about investigations and short-and-long term management)

REGIONAL UPDATES



AFRICAN REGION

Kilimanjaro Christian Medical Centre, D-Foot International & International Symposium on Diabetic Foot Collaboration



Exciting collaboration between International Symposium on the Diabetic Foot (ISDF) organizers and D-Foot international to deliver training in Tanzania on 29th May 2023



Dr. Tim van Dun facilitating a productive interactive discussion



Dr. Sjeff Van Baal delivering interactive lecture



Dr. Pinn van den Hoven conducting hands-on training session



Dr. Zulfiqarali G. Abbas holding a workshop

A significant event was held in Moshi, Kilimanjaro, as a result of an innovative partnership between KCMC, DFI, and ISDF. Together Doctors: Pinn van den Hoven, Tim van Dunn, Dr. Sjeff van Baal, and Zulfiqarali G. Abbas led training on diabetic foot care. This partnership shows how dedicated both organizations are to enhancing foot health and expanding diabetes treatment.

Dr. Zulfiqarali G. Abbas



Organizers from DFI, ISDF and KCMC

Diabetes Foot Related Activities in the last 3 months Kampala, Uganda



Figure 1



Figure 2

Type 2 diabetes and its complications are on the rise in Uganda. Currently, there are no foot-related programs in our country. The program that has ever been active is when we had a screening for high-risk feet.

The program was the “Diabetes Africa Foot Initiative” (DAFI) conducted in 2010.

The most recent activity was a webinar on the 16th of May 2023 sponsored by one of the local pharmaceutical companies – Micro Labs under the auspice Uganda Diabetes Association (UDA).

One of the challenges I have observed is we advise on physical activity in a patient with peripheral neuropathy. The first patient is a 62year old man been with diabetes for the last 10 years, smoker, and also drinks alcohol (Figure 1). The second patient is diabetic for 8 years and with diabetic nephropathy had recently had a successful kidney transplant. Similarly, he also has severe peripheral neuropathy (Figure 2).

The challenge still remains on how to advise a diabetic patient with neuropathic feet on physical activity and not cause the patient foot injuries. In conclusion, there is still quite a bit of work to be done in diabetes foot care in Uganda. Most important is to create more awareness among the clinicians. Establishment of foot care programs focusing on screening high-risk feet and foot care education.

Dr. Mwebaze Raymond Mbayo

Patient Education in Kenya



Mr. James Nduati Ngoyo a public health nurse and diabetes care specialist teaching patients on how to exam their feet and foot hygiene in February 2023 in Kenya

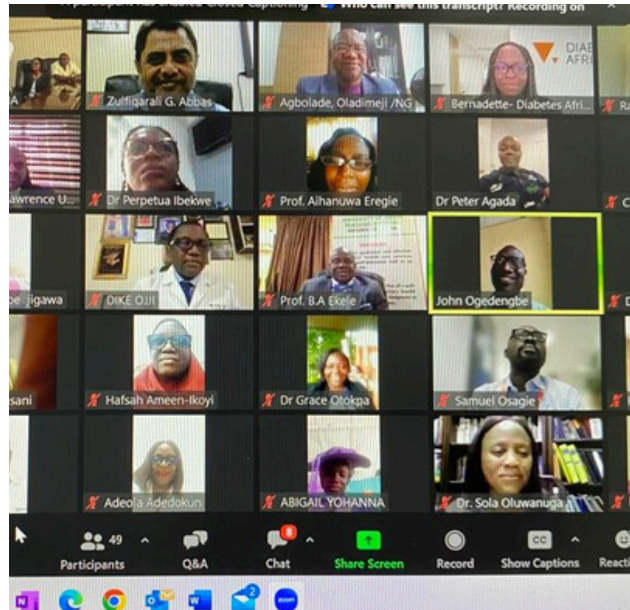
In the world of healthcare, patient education on foot care is essential. Giving people information and direction enables them to actively manage their foot health. It is possible to avoid foot troubles and spot early indications of future problems by educating patients on good foot care habits.

Mr. James Nduati Ngoyo

African Milestone Africa's First Master's Degree Program in Diabetes Education by University of Abuja



"Representing a major milestone for the University and for health education in Nigeria. Trained diabetes educators are a key component of a well-rounded, quality, and cost-effective diabetes care strategy", Prof. Felicia Anumah, Director of the Centre for Diabetes Studies at University of Abuja



Official launch of the Master's Degree program on the 8th June 2023 An online inauguration was done with all the faculty members, dean of medicine and nursing and honorable guests.



First cohort of students will commence their studies on Thursday 15th June 2023



Prof. Felicia Anumah who is the lead coordinator of the course and Her Excellency, Dr. Mrs. Aisha Buharia



"If we are to address non-communicable disease seriously in Africa, we need to legitimise and incentive diabetes education across Africa" Dr. Bernadette Adeyileka-Tracz, Executive Director of Diabetes Africa.

We are proud to share a ground-breaking development in African healthcare education. The University of Abuja announced the beginning of the first Master's program in diabetes education ever offered in Africa. This enormous accomplishment represents a paradigm shift in how the continent is dealing with the rising burden of diabetes. The goal of the course is to give medical professionals the particular information and abilities they need to properly manage diabetes and enhance patient outcomes. This innovative project demonstrates Africa's dedication to improving healthcare education and promoting a better future for its people. Salutations to the University of Abuja for this outstanding accomplishment!

Prof. Felicia Anumah & Dr. Zulfiqarali G. Abbas
Faculty Member of Centre for Diabetes Studies, University of Abuja

SACA REGION

Dominican Association for Study of Obesity

The Dominican Association for the Study of Obesity, (ASODEO) held an event entitled: Go Obesity, in the cities of Santo Domingo, the capital of the Dominican Republic, and Santiago, the 2nd most important city in the north of the island, on June 14 and 15, where the importance of being overweight in lifestyle is highlighted. Being overweight often causes



Dr. Nalini Campilo Vilorio with ASODEO attending the "Go Obesity" event

the development of Type-2 diabetes, causing leg and foot pain. Older people who do not attempt to control their condition can even lose sensation and feeling in their legs and feet. This can lead to the development of small sores that can lead to serious infection.

We join efforts between D-foot International and ASODEO in favor of our diabetic patients to avoid ulcerations.

Dominican Society of Diabetes and Nutrition



Dr. Nalini Campilo Vilorio with SODODIAN facilitating lectures on managing diabetes and its complication

Saturday, June 17, 2023, in the halls of the Intercontinental Hotel in Santo Domingo, the scientific conference of continuing education entitled Comprehensive diabetes care was held, by members specialists in diabetology and nutrition of the Dominican Society of

Diabetes and Nutrition, SODODIAN. In this activity, lectures were given on the challenge of managing diabetes and its complications in developing countries, and the importance of GCM and lipids. **We are grateful to our work team from the Dominican Diabetes and nutrition Society, SODODIAN, together with D-Foot International and Abbot Dominicana for the development of this event that allows and help us to face the challenges of diabetes in developing countries such as the Dominican Republic.**

Dr. Nalini Campilo Vilorio

NACA REGION



THE BARBADOS DIABETIC FOOT STUDY A PATHWAY TO DIABETIC FOOT PREVENTION

A mixed methods study aimed at understanding current incidence and risk factors of diabetic foot ulceration within the Caribbean nation of Barbados along with understanding many of the cultural barriers towards foot ulcers in persons with diabetes through a qualitative arm. The study is aimed at the public healthcare system in Barbados through understanding perceptions and barriers among healthcare workers and patients in four polyclinics/ public community health centers and the quantitative arm through the island's main hospital.

Progress so far: Start date 1 June 2023

Data Collection

- One health center of four has been completed for focus groups examining barriers and facilitators for diabetic foot ulcers and limb loss in the Western area of the country (The Eunice Gibson Polyclinic)
- Focus groups have been completed with podiatrists across Barbados

Next steps: 2023-mid 2024

- Completion of focus groups for Northern, Central (urban), and Eastern areas
- Examination of local incidence and risk factors within the Barbadian population

Late 2024

- Development and trial of a culturally relevant pathway within one of the polyclinics to have improved delivery of care to persons with diabetic foot ulcers.

Dr. Laura Lovell



Among several of the polyclinics participating in the study

MENA REGION

Diabetic Foot Care in Sudan during War Conflict



Limited consumables and wound care supplies when treating patients in Sudan. Present in the photo is Prof. Mohamed Elmakki Ahmed and his team

The current war in Sudan that started on the 15th of April 2023 had a grave effect on all sectors of health services. The Diabetic foot is no exception. The majority of citizens left Khartoum for neighbouring cities. This short narration of my experience during the last 2 months in Atbara, a city of 6 hrs by car northeast Khartoum. The main diabetic centre in Khartoum (Jabir Abueliz Diabetic Centre) is closed, being unsafe for staff to reach. The DF centre in Atbara is one of several regional centres established 2010 being trained in JADC as part of a national project funded by World Diabetes Foundation (WDF).

Main Challenges:

1. Power cuts halted sterilization processes limiting the patients cared for.
2. Limited water supply forces storage of water in buckets as standby.
3. Shortage of consumables and wound care supplies.

Prof. Mohamed Elmakki Ahmed

Conclusion:

1. The high load of chronic wounds is due to late patient presentation after local homes and unqualified healers.
2. Deficiency of wound care material and proper protective foot care and wear.
3. Urgent need for health education and foot care awareness. We have started using local mediums like radio and class teaching nurses in health centers and neighboring primary care units.



Limited water supply forces water storage in buckets. Prof. Mohamed Elmakki Ahmed and his colleague post procedure

SEA REGION

Medical Camp in Rural Areas of Maharashtra

Dear Hon Members.

It gives me great pleasure to inform you that as Regional Advisor of D-Foot International South East Asia, on 28/29 of April 2023, we successfully organized a huge free medical camp. We conducted Training of Rural doctors in Diabetic foot management under the campaign of D-Foot International to spread awareness among the rural areas of Maharashtra.



Dr. Milind G Ruke presenting lectures on how to identify and examine diabetic foot at the primary level

In August 2022 we did a similar activity in Chiplun, Sawarde another rural area of Konkan, Maharashtra. A large number of local Family Physicians attended and benefited from the awareness done under the Banner of D foot international. We realized that in many parts of rural Maharashtra, there is a lack of awareness of Diabetic foot wounds even among the doctors.

So under the guidance of D-foot International, we decided to conduct similar activities in different parts of rural Maharashtra. With the help of local NGO Hariyal Foundation and our own NGO Hari Namu Foundation under the banner of D-foot International we organized similar activity in Kadwai Taluka, Sangmaner district Ratnagiri on 28 & 29 April 2023.

- On 28th April on reaching around 7.30 pm Dr. Milind G Ruke Diabetic foot & Limb salvage surgeon, presented lectures to the local Family Physician association at the Gram panchayat school building. Through presentational videos, Dr. Milind Ruke explained to them how to identify and examine the Diabetic foot at a primary level. Small procedures such as removal of callus, and small debridement were shown to the Family Physicians. Valuable knowledge was shared by the Super specialist with the rural doctors as to how to identify the problems at an early stage, and the right and correct approach to the treatment.
- On the second day, 29th April 2023 Morning Comprehensive Diabetic Care Center donated by our Foundation was inaugurated by The Local MLA Mr. Shekhar Nikam and Dr Milind G Ruke.

We also donated medical equipment, examination trolley, instrument trolley, Bedside Screen, instrument cabinet, examination table, X ray review Box, Autoclave machine and chairs. The launch of this centre will facilitate the rural poor to avail of preventive medical treatment & telehealth services. The early detection of D foot can save many more foot and the lives of sole bread earners in rural area.

After the inauguration of the primary centre, the free medical camp started where a total of 150 locals benefited from various tests and examinations that were conducted. Many critical patients with diabetic foot wounds were found. Some of the cases were transferred to Mumbai for further treatment.

With Regards,
Dr. Milind Ruke

Diabetic Foot High-Risk Screening Camp



Measurement of vibration sensation using Biothesiometer

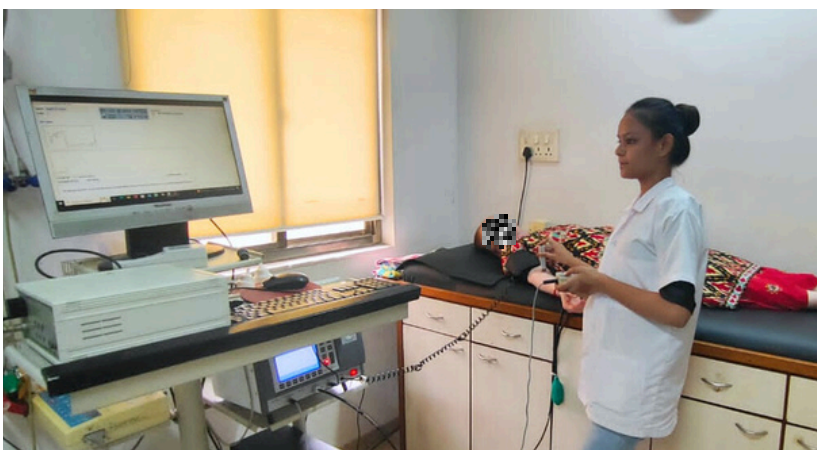
Swasthya Diabetes Care is one of the centers of Excellence in Preventive care in SouthEast Asia including D-Foot issues years together. Project Shraavan & Save a Leg is a unique effort to improve the quality of life of Diabetic Patients.

Swasthya organized “**Project Shraavan - Diabetic Foot high-Risk Screening Camp**” on 18th May 2023. Diabetes Patients with a history of Diabetes for 5 years or more with a high risk to develop diabetic Foot Disease were selected for screeningCamp. Neurological examination with Mono-Filament, Biothesiometer, and Tuning Fork along with Peripheral vascular Screening with Ankle Brachial Index and Foot Pressure Scan of 35 Patients were done. “**Early the better**” is the motto of the camp and clearly satisfied to identify Patients who were having issues with Peripheral Neuropathy and Vascular Diseases. Patients were educated properly on Foot Care, Regular Treatment, and Control of Blood Sugar.

Dr. Yash Patel



Assessment of the plantar pressure



Measurement of the Ankle-Brachial Index



Dr. Yash Patel lecture on diabetic foot care

WP REGION

Diabetic Foot Care Conference & Workshop, Thailand



An excellent conference and productive workshop that took place in December 2022



Informative workshop on foot examination



A/Prof. Gulapar conducting the workshop session

D-Foot International collaborated workshop. The majority of participants were from the Western Pacific (WP) and South East Asia (SEA) areas. Ten participants, who represented five low-income nations, were able to attend because of the financing provided. The event turned out to be quite pleasant and successful.

Podiatry Conference and Workshop, China



In action lecture by A/Prof Gulapar



A visit to the Diabetic Foot Centre in China

The podiatry conference and workshop, which drew specialists and industry professionals, was a great success. The occasion offered a forum for information sharing, encouraging cooperation and creativity. Attendees obtained useful knowledge, and the lively seminars had a long-lasting effect, furthering the study of podiatry. Excellent collaboration for D-Foot International furthering the mission.

A/Prof. Gulapar Srisawasdi

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Dear Esteemed Readers,

I would like to take this opportunity to thank each and every one of you from the bottom of my heart for being part of the D-Foot International newsletter community.

Your ongoing support, active engagement, and dedicated participation have been instrumental in making our newsletter a useful resource for healthcare professionals committed to diabetic foot care, worldwide. We are honored to have the opportunity to compile updates and recent developments and described future goals for Diabetic Foot International in this issue.

I want to extend my sincere appreciation to the editorial staff, writers, and contributors who gave their time and knowledge to make this newsletter a reality. Their dedication to improving our understanding of diabetes is very admirable. Special acknowledgment to Mr. Ali Salim Alimohamed and Mr. Muhammad Abbas Gangji for their contributions.

We appreciate your support and continued reading. We encourage you to stay connected and value feedback, suggestions, and any contributions as it plays a role in shaping future newsletter editions. Let's work together to create a future where diabetes-related foot issues are reduced and individuals who are affected may live healthy, happy lives. **Thank you.**

Newsletter Coordinator.



Raidah R Gangji
BSc Biomedical
Science

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Vijay Viswanathan

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Nikolaos Papanas

Regional Chair

Gulapar Srisawasdi

Provisional Dates 2025

Dates for Nominations:

10th February to 10th March 2025

Dates for Election:

10th April to 24th April 2025

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GENERAL ASSEMBLY AND CONFERENCE
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