D-FOOT international

5 Steps to Manage Acute Charcot Neuro - Osteoarthropathy

1

CLINICAL PRESENTATION

In patients with neuropathy

- **Red**
- **Hot**
- **Swollen foot**

Pain not prominent

Suspect Charcot Foot

Yes

3

Imaging techniques

PLAIN **X-RAY**

Positive

Negative

4

Magnetic Resonance Imaging (Cast while waiting)

Positive

5

BELOW KNEE CAST + CRUTCHES AND REFER TO A SPECIALISED DIABETIC FOOT UNIT

NEGATIVE

2

Exclude common pathologies

In case of ulcer

- Infection
- Underlying osteomyelitis

- **Gout arthritis**
- **Deep vein thrombosis (positive duplex vein scan)**
- **Joint distortion**
- **Cellulitis**

IWGDF Guidelines

IWGDF Practical Guidelines