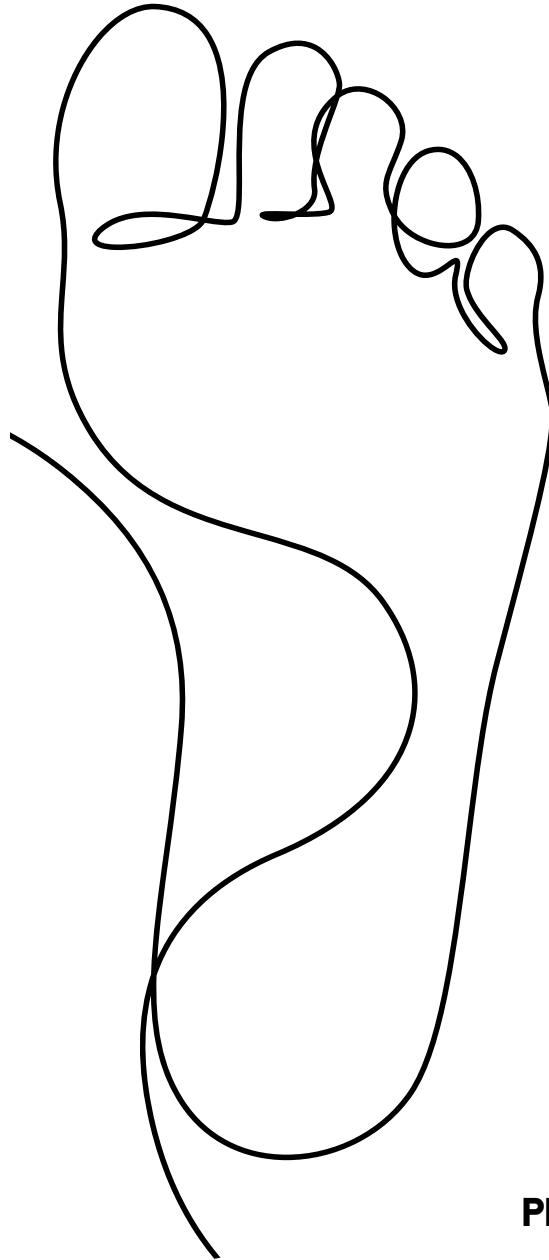




E - NEWSLETTER

DECEMBER 2023



PRESIDENT STATEMENT

Dr. Zulfiqarali G Abbas

UPCOMING WEBINAR

Toe & Flow: PAD & Diabetes

Prof. Robert J Hinchliffe

REPORTS ON FLAGSHIP

PROGRAM

D-Foot Awareness Week

9th TtFT Course

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President Statement

As we approach the close of this transformative year, I as President of D-Foot International, am humbled by the strides and accomplishments we have achieved together in our unwavering quest to “End avoidable lower-limb amputations due to diabetes”.

Our mission is not just a statement, but a **call to action**, and this **past quarter has been a testament to our commitment**.

Allow me to share a brief on D-Foot International for our new incoming members; D-Foot International is a global organization joining hands with experts in the field across the 7 regions dedicated to addressing diabetes-related foot complications.

Our journey through this quarter has been marked by significant milestones, collaborations, and impactful campaigns that have not only created a long-lasting change but have distinguished a strong foundation for this revolutionary time.

Let me give you a glimpse of the last quarter of the year 2023. On 9th September, we initiated the **inaugural webinar series with Prof. Rayaz Malik, a distinguished expert in the field**. His talk, “A Time to Challenge the Dogma”, dug into the complexity of peripheral neuropathy, urging us to reevaluate novel management strategies to better understand aspects of diabetes-related foot complications.

I am proud to recognize the **8th TtFT program conducted by the South and Central America (SACA) region**, from 16th to 19th August. A remarkable 8th TtFT program in Barranquilla, Columbia.

From the vibrant land of Selangor, Malaysia, we witnessed excellent planning and collaboration during the **D-Foot International and 5th Global Wound Conference 2023 which took place from 6th to 8th of October**. The event also hosted the **9th Train the Foot Trainer program**. All attendees praised and expressed their appreciation for the rich insights shared and the collaborative spirit present in the atmosphere. The dedication and commitment demonstrated by the participants in advancing their knowledge and skills were indeed truly inspiring.

Our commitment to further our D-Foot International mission was further showcased by our collaborative initiative with the **Polish Wound Management Association**. The **5th Nationwide Conference by the Polish Wound Management Association was on 7th October** with a focus on **Diabetes Patients in a Coordinated**

Care Center, a theme that resonates with the core of the mission. The exchange of international experiences enriched our understanding throughout this collaboration.

Last but not least, our crowning achievement was the D-Foot Awareness Week Campaign. From the 7th to the 14th of November, 7 regions of D-Foot International joined hands in this unified effort sponsored by Urgo Medical. **Prof. William Jeffcoate and Prof. David Armstrong** graced their wisdom to amplify our message during the **Global Meet**. This campaign aimed to increase public awareness of specialist care needs for diabetes-related foot complications. This accomplishment of the campaign was monumental due to the constant dedication of our regional teams and the power of collaboration on a global scale.

As we delve into the 2023-2025 biennium, we eagerly anticipate our **next webinar** with the distinguished **Prof Robert J Hinchliffe**. His expertise in Vascular Surgery, coupled with the engaging topic **"Toe and Flow: Peripheral Arterial Disease and Diabetes,"**



Dr. Zulfiqarali G. Abbas
MBBS, MMED, DTM&H (UK)
FRCP (Glasgow), FRCP (London)
Consultant Physician
Endocrinologist / Diabetologist

promises another insightful session on 9th December 2023. Join us as we continue this journey of knowledge and collaboration. I believe I speak on behalf of the D-Foot community; we want to see a world where **every step is taken to see a decrease in preventable lower limb amputations due to diabetes**. Our collaborative efforts have shown us that we are working relentlessly to manifest this into a reality.

These milestones underscore our commitment to education, collaboration, and the pursuit of excellence in the field of diabetes-related foot care. Our success is a testament to the dedication of our members and the unwavering support from our partners and collaborators.

As we embark on a new year, we should continue the momentum to stride forward, arm in arm, towards our noble mission. **I urge every D-Foot member to actively engage and participate in the upcoming events**. Your dedication, knowledge, and commitment drive us, and together we can make a huge impact on the lives we touch.

Happy New Year. Wishing you all a prosperous year ahead.

Footprints Across Regions: D-Foot International Membership 2023

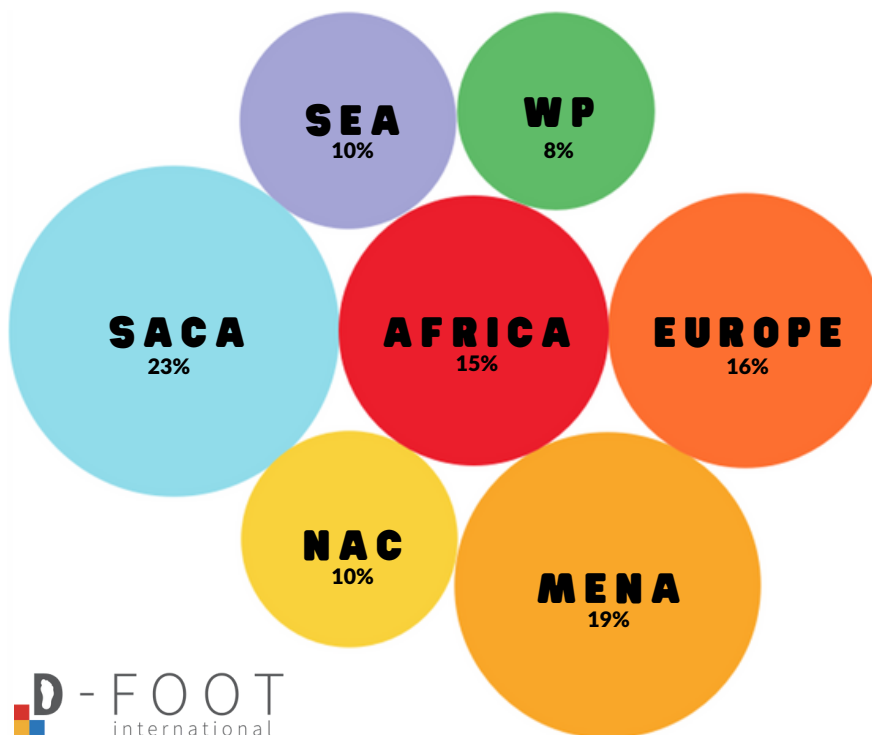
As we draw the curtains on another year, it is with great pleasure that we present the Annual Membership Report for D-Foot International, highlighting our collective achievements, growth, and aspirations for the future.

Membership Overview:

The year 2023 has been exceptional for D-Foot International as our family expanded tremendously across the seven regions we proudly represent (figure; dimension of circle depends on number of percentage). This robust representation underscores the shared commitment to our mission of ending avoidable lower-limb amputations due to diabetes. We are thrilled by these numbers, a testament to the collaborative spirit that defines our community.

To each member, whether new or longstanding, we extend our sincere thanks. Your active engagement, participation, and dedication have been the bedrock of our success. It is your shared passion for making a difference that propels us forward. Each member is a valuable part of our journey, contributing unique perspectives and expertise to the collective cause.

Behind every successful organization is a team of dedicated leaders. We express our deepest gratitude to the Board Members, Regional Chairs, and Advisors for their unwavering commitment. Your passion and dedication for the D-Foot International's mission is contagious and sets the tone for our entire community.



While we celebrate our current achievements, we look toward the future with optimism and a strong desire for growth. Each member is a beacon, and your advocacy can help us reach new heights. We encourage you to share your positive experiences within D-Foot International with your colleagues. By doing so, you not only contribute to the expansion of our community but also play a crucial role in advocating for our mission globally.

As a member of D-Foot International, you are part of a global network committed to transforming diabetes-related foot care. Your membership brings forth several benefits:

- 1. Continuing Education:** Stay updated with the latest in diabetes-related foot care, ensuring you're at the forefront of knowledge.
- 2. Influence Policies and Guidelines:** Be part of a collective voice that shapes policies and guidelines in the realm of diabetic foot care.
- 3. Exclusive Discounts and Free Registrations:** Enjoy special privileges, including exclusive discounts and complimentary registrations for select events.
- 4. Networking Opportunities:** Connect with professionals globally, fostering collaborations and expanding your network.
- 5. Research Opportunities:** Access research avenues, contributing to advancements in diabetic foot care.
- 6. Volunteer Opportunities:** Engage in meaningful volunteer activities, contributing your skills and expertise to our initiatives.
- 7. Promotion of Diabetic Foot Awareness:** Join a movement dedicated to raising awareness, advocating for change, and making a lasting impact.

As we anticipate the challenges and opportunities that the coming year will bring, we stand united in our commitment. D-Foot International is not just an organization; it is a movement driven by passionate individuals like you.

MEMBERSHIP BENEFITS 2023-2025

- ✓ Global recognition
- ✓ Continuing education
- ✓ Influence policies and guidelines
- ✓ Discounts to D-Foot events
- ✓ Networking opportunities
- ✓ Research opportunities
- ✓ Volunteer opportunities
- ✓ Promotion of Diabetic Foot care awareness

MEMBERSHIP STRUCTURE

2023-2025

High Income countries

EURO
per year

80

Middle Income countries

EURO
per year

40

Low Income countries

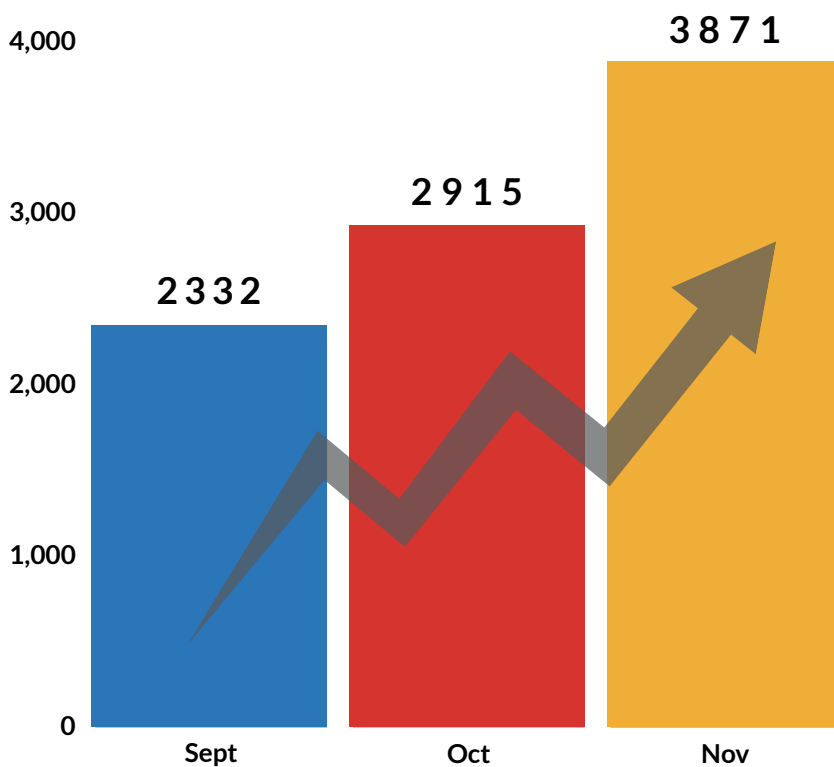
EURO
per year

20

Embark on a journey of meaningful impact in diabetic foot care by joining D-Foot International. Seize the chance to be part of a transformative force and contribute to a future where diabetic foot complications are history.



Chronicles of Connection: Unveiling D-Foot's Global Cyber Presence



In the digital realm, D-Foot International experienced a dynamic and engaging year, marked by increased website activity and an ever-expanding global audience. The website, a vital conduit for information dissemination and community engagement, has played a pivotal role in our mission to end avoidable lower-limb amputations due to diabetes.

Since the launch of the revamped website, it has witnessed a remarkable total of 9,119 visits from individuals across all seven regions. This figure, visually represented in a detailed figure illustrating the proportional visitation from each region, underscores the global reach and impact of our online presence.

The daily engagement on our platform reached its peak, with over 100 visits per day. This not only indicates the consistent relevance of the content but also reflects the growing interest and trust our community places in the information provided.

An insightful trend has emerged since the introduction of the new website look in September. The revamped design has not only enhanced the aesthetic appeal but has also contributed to a substantial increase in user engagement. The upward trajectory in website visits speaks to the effectiveness of the website's redesign in catering to the diverse needs of our global audience.

D-Foot.org Website: A Hub of Resources and Connectivity

The D-Foot.org website serves as a comprehensive platform offering a multitude of resources and features for individuals interested in diabetes-related foot care. Some notable offerings include:

Educational Resources: Access a wealth of educational materials, including guidelines, info-cards, and informative articles, fostering continuous learning.

Event Information: Stay updated on upcoming events, webinars, and conferences related to diabetic foot care, providing opportunities for networking and professional growth.

Membership Details: Learn about the benefits of D-Foot International membership, encouraging healthcare professionals to join a global network dedicated to driving positive change.

News and Updates: Stay informed about the latest developments, research findings, and global initiatives related to diabetes and foot care.

Contact and Support: Connect with the D-Foot International community, including regional chairs, board members, and advisors, fostering collaboration and knowledge exchange.

The website visits reflects not only the numerical growth but also the qualitative impact of D-Foot International's online presence.

The year has been marked by heightened engagement, increased membership, and a resounding global impact. Yet, this is not a conclusion but a stepping stone to even greater heights.

Visit our revamped website, www.d-foot.org, to explore the wealth of resources, connect with a global community of professionals, and contribute to our shared mission. Your active participation is not just a contribution; it is a catalyst for change.

Here's to another year of progress and impact!

UPCOMING EVENTS



Train the Foot Trainer (TtFT) Course Schedule



8th TtFT SOUTHERN AND CENTRAL AMERICA (SACA) REGION

Facilitators: Dr Yamile Jubiz and
Dr Hemelinda Pedrosa
Where - Barranquilla, Columbia
When - 16th to 19th August 2023



9th TtFT WESTERN PACIFIC (WP) REGION

Facilitator: Dr Harikrishna K.R. Nair
Where - Selangor, Malaysia
When - 6th to 8th October 2023



10th TtFT EUROPE REGION

Facilitator: Dr Vilma Urbancic-Rovan
Where - Bled, Slovenia
When - 15th to 17th February 2024



11th TtFT MIDDLE EAST AND NORTHERN AFRICA (MENA) REGION

Facilitator: Dr Zahid Miyan
Where - Karachi, Pakistan
When - 23rd to 25th August 2024



12th TtFT SUB-SAHARAN AFRICA (SSA) REGION

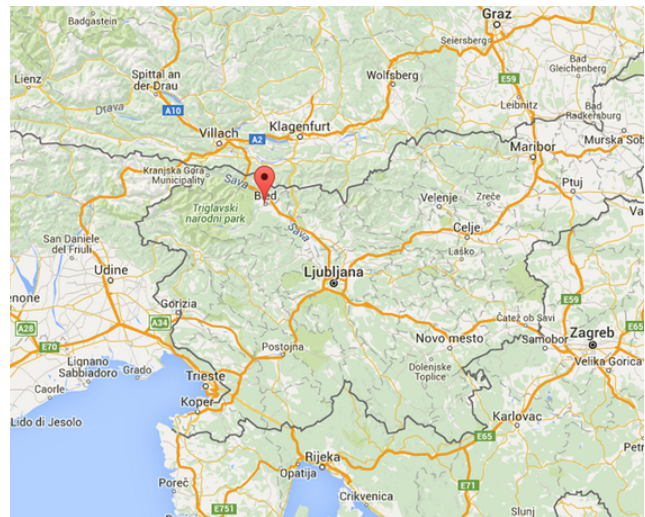
Facilitator: Dr. Zulfiqarali G. Abbas
Where - Zanzibar, Tanzania
When - 14th to 16th February 2025



10th TtFT EUROPE REGION



Prof. Vilma Urbancic-Rovan
REGIONAL ADVISOR
D-FOOT



Bled, Slovenia



15th to 17th February 2024

11th TtFT MENA MIDDLE EASTERN AND NORTHERN AFRICA REGION *War Affected Countries*



Dr. Zahid Miyan
REGIONAL CHAIR
D-FOOT



Karachi, Pakistan



23rd to 25th August 2024

12th TtFT SSA SUB-SAHARAN AFRICA REGION



Dr. Zulfiqarali G. Abbas
PRESIDENT
D-FOOT



Zanzibar, Tanzania



14th to 16th February 2025

14:00 CET
WEBINAR
Saturday



Date	Topic	Speakers
9th September 2023	A Time to Change the Dogma	Prof. Rayaz Malik 
9th December 2023	Toe & Flow: PAD and Diabetes	Prof. Robert J. Hinchliffe 
9th March 2024	Tales of Diabetes Foot Infection	Prof. Eric Senneville 
8th June 2024	Wound Classification	Prof. Frances Game 
7th September 2024	Wound Healing Intervention	Prof. Ketan Dhatariya 
7th December 2024	Surgical Aspects of DFU	To Be Announced...
8th March 2025	Biomechanics & Off Loading	
7th June 2025	Prevention of DFU	

TOE AND FLOW: PAD & DIABETES



Prof. Robert J. Hinchliffe

We're delighted to bring you another enlightening session in our D-Foot Webinar Series, scheduled for **December 9, 2023, at 2 PM CET**. Our distinguished guest for this session is none other than Prof Robert J Hinchliffe, a luminary in the field of Vascular Surgery.

Prof Robert J Hinchliffe is a **distinguished figure in the field of Vascular Surgery**, holding the esteemed qualifications of MBChB(Bristol), MD(Nott.), FRCS(RCS). Currently serving as the **Professor of Vascular Surgery at the University of Bristol**, he brings a wealth of expertise to the medical community. His affiliation with the Bristol Surgical Trials Centre and Bristol **NIHR Biomedical Research Centre** underscores his commitment to advancing research and clinical practice. Notably, Prof Hinchliffe has played a pivotal role in shaping **guidelines as he co-chaired the development group for the International Working Group of the Diabetic Foot**. His contributions to the understanding and management of diabetic foot complications mark him as a key figure in the academic and medical landscape.

Webinar Topic: Toe and Flow: Peripheral Arterial Disease and Diabetes

Join us for an insightful exploration into the intricate relationship between Peripheral Arterial Disease (PAD) and diabetes. Prof Hinchliffe's expertise and research acumen promise a deep dive into the nuances of this crucial aspect of diabetes-related foot complications.

Key Highlights:

1. **Date and Time:** December 9, 2023, at 2 PM CET
2. **Speaker:** Prof Robert J Hinchliffe, a renowned figure in Vascular Surgery
3. **Topic:** Toe and Flow: Peripheral Arterial Disease and Diabetes

Be prepared for an engaging session that promises to enhance your understanding of the challenges posed by Peripheral Arterial Disease in diabetic patients.

Why attend?

1. **Expert Insights:** Learn directly from Prof Robert J Hinchliffe, a leading figure in Vascular Surgery and the International Working Group of the Diabetic Foot.
2. **Critical Topic:** Explore the vital connection between Peripheral Arterial Disease and diabetes, gaining cutting-edge insights for your practice.
3. **Networking Opportunity:** Connect with peers and experts, fostering professional relationships and contributing to your ongoing development in diabetic foot care.

At D-Foot International, we are committed to fostering knowledge, collaboration, and innovation in the realm of diabetes-related foot complications. This webinar is a unique opportunity to glean insights from a distinguished expert, and we encourage all our members to join us for this enriching experience.

Your active participation contributes to the collective growth of our community and brings us closer to our mission of ending avoidable lower-limb amputations due to diabetes worldwide.

Just simply scan the barcode to register for the upcoming webinar.

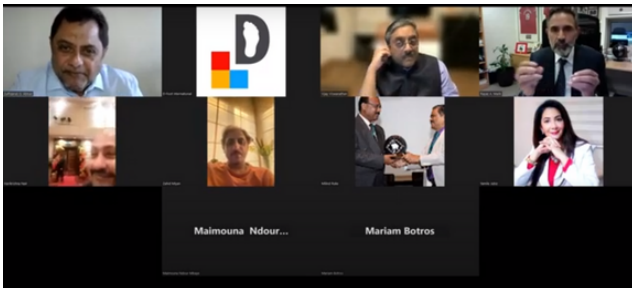
Welcome all D-Foot Members to join!

Join us on this transformative journey towards excellence.



EDUCATIONAL WEBINAR: 9th SEPT' 23 A TIME TO CHALLENGE THE DOGMA

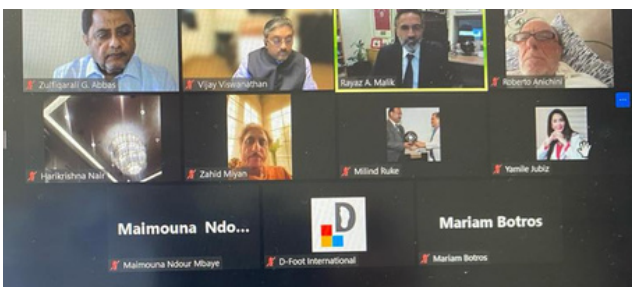
PROF RAYAZ MALIK



Webinar series 9 hosting Prof. Rayaz Malik



Attendees included board members, regional chairs, and advisors



Excellent attendance for the inaugural webinar for 2023-25

Knowledge is the key to advancement in the changing field of diabetes care. D-Foot International organized its first webinar, a source of illumination on the complexity of diabetic neuropathy. **This eye-opening webinar: “Diabetic Neuropathy: A Time to Challenge the Dogma” was held on 9th September.** The distinguished **Prof. Rayaz Malik** was unquestionably remarkable. His extensive expertise in endocrinology and diabetes elevated the discussion to new heights of value.

What was truly more aspirational was the overwhelming response it received from the medical community. **With more than 497 registrations and 252 active participants,** the figures spoke eloquently about its success. The large attendance highlights the intense interest in and urgent need for information in this field. It is encouraging to see so many members of the diabetes care community coming together, ready to explore, discover, and adjust to the changing face of diabetes treatment.

In the **biennium 2023-2025; the first webinar was a huge success.** I, as the president of D-Foot International am so proud of the D-Foot board members, regional chairs and advisors, and the organising committee for playing a vital role in making this webinar a resounding success. We would like to express our **thanks to Prof. Rayaz Malik** who largely contributed to this enriching experience.

We hope to see every one of you in the next webinar with **Prof. Robert J. Hinchliffe** scheduled to occur on **9th December 2023** focusing on **Toe & Flow: PAD and Diabetes.**

Dr. Zulfiquarali G. Abbas
President of D-Foot International

D-FOOT INITIATIVE PROJECTS

Cost of Treating DFU

The Cost of Treating Diabetic Foot Ulcers in 7 Regions of the World

Prof. Ketan Dhatariya & Dr. Zulfiqarali G. Abbas

Objectives:

1. Estimate cost to patients with diabetic foot ulcers in 7 regions of the world.
2. Estimate cost to the institution of treating simple and complex diabetic foot ulcers in 7 regions of the world with varying healthcare practices, reimbursement policies, and gross domestic products.

We invite you to be a part of a pioneering study led by Prof. Ketan Dhatariya and Dr. Zulfiqarali G. Abbas. Join us in estimating the costs associated with treating diabetic foot ulcers across seven regions globally.

Your participation will play a crucial role in enhancing our understanding of the economic impact on both patients and healthcare institutions. By contributing your insights, you're contributing to informed policies and practices that can make a significant difference.

Don't miss the chance to shape the future of diabetic foot care. Join us in this impactful endeavor.

Afro-Diale

Afro-Diale - African Study Group on Diabetes and the Lower Extremity

Dr. Zulfiqarali G. Abbas & Prof. Ketan Dhatariya

Objectives:

1. To obtain prospective data on the outcome of individuals presenting with a new diabetic foot ulcer, including patients both with and without peripheral arterial disease.
2. To assess clinical characteristics that best predict poor outcomes.
3. To examine whether such predictors differ between patients with and without peripheral arterial disease.

Here's your chance to make history! Afro-Diale, under the guidance of Dr. Zulfiqarali G. Abbas and Prof. Ketan Dhatariya, invites you to be a part of a groundbreaking study.

We aim to gather crucial data on diabetic foot ulcers—your experiences matter. Together, let's unravel patterns, predict outcomes, and pave the way for enhanced diabetic foot care in Africa.

Your insights contribute to a global pool of knowledge that guides future practices and policies. Every voice counts, and yours can be a catalyst for change.



SCAN ME



SCAN ME



For more information please contact: president@d-foot.org OR secretariat@d-foot.org

DIABETES AWARENESS WEEK #2024



AFRICAN Region	THURSDAY, 7th Nov 2024
SACA Region	FRIDAY, 8th Nov 2024
NACA Region	SATURDAY, 9th Nov 2024
GLOBAL MEET	SUNDAY, 10th Nov 2024
MENA Region	MONDAY, 11th Nov 2024
EUROPE Region	TUESDAY, 12th Nov 2024
SEA Region	WEDNESDAY, 13th Nov 2024
WP Region	THURSDAY, 14th Nov 2024

AWARENESS AFTER DFU

RAISING PATIENT AWARENESS

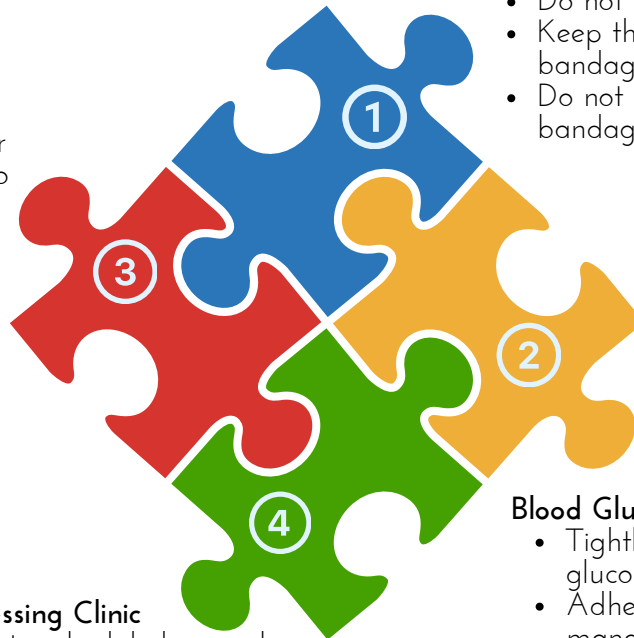


"Off-Load" the Pressure

- Wear special footwear or brace or crutches to alleviate pressure from wound
- DO NOT open wound to "let the air in"

Regular Dressing Clinic

- Adhere to scheduled wound dressing clinics
- Follow the Health Care Professionals instructions
- Ask any queries to learn more about Diabetes



Prevention of Infection

- Do not walk barefoot
- Keep the ulcer clean and bandaged
- Do not put water on the bandage

Blood Glucose Management

- Tightly manage the blood glucose within normal range
- Adhere to prescribed management
- Routine tests as per including but not limited to: HbA1c, renal function test, lipid profile

As healthcare professionals, it is imperative that we equip our patients who are seeking treatment for Diabetic Foot Ulcer (DFU) with adequate information to ensure their active involvement in the management of this condition (1,2). A multimodal approach including medical treatment, lifestyle adjustment, and patient education is required to address diabetes-related foot complications which are frequent and dangerous (3).

To reduce the danger of infection and ultimately amputation, DFU must be treated as soon as possible with proper and specialized care. Prompt treatment accelerated the healing of the ulcer, perhaps restoring foot function, and enhancing the patient's general quality of life (1,4,5). The proactive approach highlights the critical significance of early management in maintaining mobility (6).

Actively engaging patients in their wound management would positively impact the DFU healing process reducing healing time significantly (5-7).

The guide below demonstrates 4 pivotal areas to emphasize when raising awareness and empowering patients about DFU management:

1. Prevention of Infection

Infection prevention is paramount in the care of DFUs. To avoid infections, patients should be instructed to practice meticulous hygiene (1,2). This includes avoiding being barefoot, particularly in outdoor or public areas where the risk of exposure to hazardous bacteria is high (3). Safeguarding the bandaged wound is of utmost importance to properly prevent infection. Patients should avoid wetting the bandaged area, as moisture can foster bacterial growth compromising healing process (7).

2. Blood Glucose Management

Effective management of blood glucose levels is crucial in DFU care. Maintaining blood glucose within the prescribed normal range is paramount for optimal wound healing and to prevent subsequent diabetes-related complications (8,9). Patients need to rigorously monitor their blood glucose levels and adhere to prescribed medication regimens. Routine tests should be followed up at specified intervals. These tests provide critical information about a patient's overall glycemic management and metabolic health (7,8).

3. "Off-Loading" the Pressure

In the management of DFU, off-loading pressure from the affected foot is instrumental. To reduce pressure on the wound site, patients should use crutches, braces, or specialized footwear (9,10). The goal is to minimize weight-bearing on the affected foot, allowing the ulcer to heal effectively (1). Importantly, patients should avoid any impulse to expose the wound to the air by keeping it bandaged and cleanly dressed. This practice promotes a healing environment and prevents potential infections (11).

4. Regular Dressing

Adhering to a consistent wound dressing schedule is essential for effective DFU management. Patients should be advised to strictly follow the recommended wound care regimen, attend clinic appointments for professional care, and proactively participate in assessments (12,13). Compliance with healthcare specialists' advice and guidance on wound care would contribute significantly to healing processes (14). Patients should be encouraged to actively participate in clinical sessions, taking advantage to ask questions and learn more about managing diabetes best suited for their unique circumstances (3,13,14).

Empowering patients with vital pieces of information ensures better management of DFU with clinical better outcomes (1,2,3). This would in return result in better quality of life for the patient and their affected families.

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Global Overview of the diabetic foot: Sub-Saharan Africa

Dr Zulfiqarali Abbas



6 December 2023
11:35 - 11:45 CET

Global Overview of the diabetic foot: Malaysia and Pacific Region

Prof Harikrishna Nair



6 December 2023
11:55 - 12:05 CET

Global Overview of the diabetic foot: South America

Dr Linda Pedrosa



7 December 2023
10:35 - 10:45 CET

IDF, IWGDF AND D-FOOT 2023 DIABETIC FOOT TRAINING

Rationale

As part of its 2021-2023 Collaboration Plan with the World Health Organization (WHO), the International Diabetes Federation (IDF) has to organize two capacity building trainings for healthcare professionals from low- and middle-income countries (LMICs) on diabetic foot prevention and management.

2023 Diabetic Foot Training

In 2023, IDF will invite a number of healthcare professionals from LMICs with limited knowledge on the diabetic foot area to join the IDF 2023 Virtual Congress and follow the diabetic foot and neuropathy stream.

This 2023 training is supported by the International Working Group for Diabetes Foot (IWGDF) and D-Foot International.

Objectives

- Support WHO in strengthening capacity building and service delivery to reduce foot complications by training health care staff in line with WHO's recommendations for diabetes management.
- Facilitate access of healthcare professionals from LMICs to the IDF 2023 Virtual Congress.

Content of the 2023 Diabetic Foot Training

The 2023 Diabetic Foot Training is a comprehensive exploration of essential aspects of diabetic foot care. Covering global perspectives, it addresses societal roles, Charcot Foot updates, infection management, and the impact of

therapeutic interventions on neuropathy. From the intricacies of footwear in diabetic foot health to insights on pain management, sexual dysfunction, and the diagnosis of diabetic neuropathy, the training provides a thorough understanding. Healthcare professionals gain valuable knowledge on pathogenetic treatments, guidelines, and a holistic approach to diabetic foot care, making it an indispensable resource for enhancing patient outcomes.

Participants' Benefits

Participants will gain a nuanced understanding of neuropathy, encompassing somatic and autonomic manifestations. Emphasis is placed on early diagnosis through screening for preventing complications. The session delves into the pathophysiology of diabetic neuropathies, highlighting the absence of pathogenetic treatments and proposing various symptomatic treatments for painful neuropathy. A comprehensive insight into pathogenesis and prevention of diabetic foot issues will be offered, along with evidence-based treatments for DFU. The content extends to incorporating updated guidelines from the American Diabetes Association and the IWGDF into everyday clinical practice.

The 2023 Diabetic Foot Training has selected 30 delegates from Low- and Middle-Income Countries to occur on 5-7th December 2023. D-Foot is thrilled about ongoing collaborations with IDF and IWGDF, anticipating a future filled with innovative projects and impactful initiatives.



Picture courtesy by Dr. Zulfiqarali G. Abbas, President of D-Foot International

**WHO HAS THE
SMARTS**

D-FOOT QUIZ

Submitted Picture for
D-Foot International
e-Newsletter

IN THE SPOTLIGHT

A 56-year-old male diagnosed with diabetes mellitus type 2 for 10 years, presented with ulceration of the lateral aspect of the 5th toe. The ulcer was 3cm by 2cm in size with punched-out edges.

Upon examination, the affected foot was warm and swollen with a good pedal pulse on both left and right. The patient's BMI was 25.3 kg/m², random blood glucose 10.2 mmol/L, and blood pressure 142/84 mmHg. Currently, the patient is on metformin 500mg twice a day.

In assessing the patient's foot, what specific bedside examination techniques would you employ to further evaluate the presence of osteomyelitis, and how might these findings influence the management plan for the patient's diabetic foot ulcer?

REGIONAL UPDATES



GLOBAL UPDATES



In a dazzling D-Foot Awareness Week, the Global Meet on Sunday, November 12th, 2023, held online, was a resounding success. The event featured two esteemed speakers, Prof William Jeffcoate and Prof David Armstrong, both recipients of prestigious awards at The Hague Meeting, captivating a global audience of 400 registrations to 200+ active participants.

In a remarkable journey through five decades in the realm of Diabetes-Related Foot Diseases, Prof Jeffcoate shared profound insights. His lifetime achievement award, a testament to his invaluable contributions, brought forth a wealth of experience. Attendees were treated to a journey through the evolution of diabetic foot care, underscoring the progress made and challenges that lie ahead.

A captivating presentation unfolded as Prof David Armstrong, honored with the Karrel Bakker Award, shared a unique perspective.

His talk, "A Journal of a Barefoot Podiatrist to Modern-Time Technology," artfully blended personal and technological narratives. From the simplicity of a barefoot podiatrist's journey to the complexities of cutting-edge technology, Prof Armstrong painted a vivid picture of the transformative trajectory of foot care.

D-Foot Awareness Week's Global Meet served as a powerful reminder of the global community's commitment to advancing knowledge, fostering collaboration, and recognizing excellence in the pursuit of eradicating diabetic foot complications.

For those eager to relive the highlights, the recorded sessions await on D-Foot International's official YouTube channel:

<https://www.youtube.com/@d-foot>

The insightful presentations are a valuable resource for professionals, researchers, and enthusiasts interested in the dynamic landscape of diabetic foot care.

D-FOOT
international

GLOBAL MEET

SUNDAY
12th November 2023

TIME
2:00 PM CET

TWO AWARD WINNER SPEAKERS AT THE HAGUE MEETING 2023

William Jeffcoate
Lifetime Achievement Award

Prof. David Armstrong
Karrel Bakker Award

Retired Consultant
Endocrinology and Diabetes,
Nottingham, England, UK

TOPIC
50 Years in the Field of
Diabetes-Related Foot Disease

Professor of Surgery
Director, USC Limb Preservation Program
Director, Southwestern Academic Limb
Salvage Alliance
Keck School of Medicine of University of
Southern California

TOPIC
A Journal of a Barefoot Podiatrist
to Modern Time Technology

SCAN ME TO REGISTER

Official poster of the Global Meet of D-Foot Awareness Week

D-FOOT
international

GLOBAL MEET

SUNDAY
12th November 2023

TIME
2:00 PM CET

SPONSORED TALK BY URGO

Prof. José-Luis Lazaro

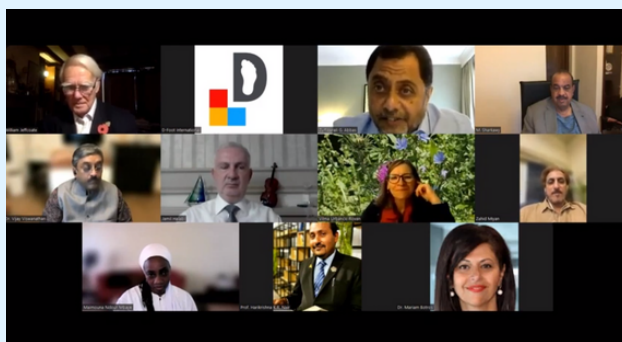
DPM, MSc, PhD, FFPM RCPS (Glasg)
Lecturer at Complutense University, Madrid, Spain
Head of Diabetic Foot Unit
Board Member Diabetic Foot Study Group (Europe)
Chair Diabetic Foot Committee EWMA

TOPIC
Sucrose Octasulfate Dressings A
Breakthrough In DFU Care

Healing people®

SCAN ME TO REGISTER

Official poster of the Urgo Medical sponsored talk during D-Foot Awareness Week



D-Foot board members, regional chairs and advisors attending the Global Meet

What are our key objectives in the treatment of DFU?

- ✓Prevention
- ✓**Reduce healing time**
- ✓Limb salvage
- ✓Increase quality of life
- ✓Decrease mortality

Dr. Jose Luis Lazaro-Martinez sponsored talk during D-Foot Awareness Week

50 YEARS WORKING IN THE FIELD OF THE DIABETIC FOOT

William Jeffcoate
Retired Physician and Endocrinologist
Nottingham, UK

Prof. William Jeffcoate's inspiring talk during the Global Meet



Prof. David Armstrong informative talk during the Global Meet

D-Foot International extends profound gratitude to Urgo Medical for their invaluable sponsorship of D-Foot Awareness Week. Your commitment to supporting initiatives that drive awareness and progress in diabetic foot care is commendable.

Special appreciation is also extended to Dr. Jose Luis Lázaro-Martínez, a distinguished Professor at the Complutense University of Madrid. His sponsored talk added immense value to our event, offering insights that contribute to the advancement of knowledge in diabetic foot care.

Urgo Medical's support has played a pivotal role in the success of D-Foot Awareness Week, enabling us to reach a global audience and fostering collaboration in the D-foot's mission.





Press Release - Announcing the Limb Preservation Alliance

Belgium, Canada, United States, 01 November 2023 - The American Limb Preservation Society, the Canadian Podiatric Medical Association, D-Foot International, and Wounds Canada are excited to announce a global collaboration to bring change to the fight for limb preservation. This alliance unites regional, national, and international organizations to fight against unnecessary limb amputations. This alliance combines efforts in education, advocacy, and awareness.

Every 20 seconds, somewhere around the world someone loses their leg because of diabetes. Moving away from a time when amputation stood as the sole recourse, today's approach emphasizes preserving resections and undertaking intricate reconstructions, marking a significant leap forward in treating diabetic foot ulcers. In recent decades, the realm of diabetic foot ulcers and their complications has witnessed remarkable progress. Amputation is no longer the exclusive solution for managing damaged bone and soft tissue in extremities. Function-preserving alternatives for such lesions have become standard practice, offering effective local control without jeopardizing overall disease survival. This shift has not only documented improvement in the quality of life for patients but has also rendered amputation no longer the primary approach.

"Limb Preservation is a global challenge. D Foot is pleased to work with our partners collaboratively to reduce unnecessary amputations resulting from diabetes. We can harness the power of the many professionals working to make an impact on the lives of citizens through education and awareness campaigns led by our organizations." - *Dr. Zulfiqarali G. Abbas, Consultant Physician, Dar es Salaam, Tanzania, President of D-Foot International.*

"As we embark on this transformative journey with the Limb Preservation Alliance (LPA), we see an unprecedented opportunity to amplify the voice of ALPS on a global scale. Through collaboration and shared vision, the LPA becomes a powerful platform to advocate for limb preservation. Together, we will not only save limbs but also grow a resounding voice that echoes the mission of the American Limb Preservation Society across borders, fostering change, and inspiring innovation in the realm of limb preservation." - *Dr. David G. Armstrong, ALPS Founding President and Professor of Surgery at the University of Southern California.*

Dr. Howard Green, CPMA - "The Canadian Podiatric Medical Association has worked closely with Wounds Canada, D-Foot International and others on Limb Preservation. We are proud to partner on the Limb Preservation Symposium and the Limb Preservation

Journal. This initiative extends our partnerships and will amplify our voices on this issue. We look forward to the many initiatives this will afford us”.

Dr. Virginie Blanchette, podiatrist PhD UQTR, Wounds Canada, CPMA, ALPS education committee - “I am extremely pleased about this collaboration for the foot health of all people at-risk of or living with an amputation. This Alliance will not only enhance limb-preservation efforts but above all will bring the efforts together under a single umbrella. I am fortunate to work closely with three of these founding organizations (ALPS, Wounds Canada and CPMA), and I have recently joined D-Foot International. This alliance will support knowledge mobilization and best practice implementations.”

The Limb Preservation Alliance will continue to work together on future projects and campaigns to raise awareness for limb preservation best practices. One of the upcoming campaigns will evolve around Diabetes Month this month. Join us in this global public health initiative. For more information or to participate in our activities, please contact one of our alliance partners:

- American Limb Preservation Society (ALPS): Annkathrin Mathe (am@cap-partner.eu)
- Canadian Podiatric Medical Association (CPMA): Joel Alleyne (jalleyne@podiatrycanada.org)
- D-Foot International: secretariat@d-foot.org
- Wounds Canada: Christina Locmelis (christina.locmelis@woundscanada.ca)

-END-

About the American Limb Preservation Society

ALPS is a 503(c)(3) non-profit whose vision is to eliminate preventable amputations over the next generation. Our mission is to promote interdisciplinary teams to advance science, clinical care, advocacy, awareness, and education of limb preservation through increased access to resources and specialized care that lowers the rates of limb amputations and improves patient-centered outcomes. At ALPS we believe that interdisciplinarity is the way forward to saving the limbs of patients! Learn more at www.limbpreservationsociety.org.

About Canadian Podiatric Medical Association

The Canadian Podiatric Medical Association (CPMA) is a non-profit organization working on behalf of its 400-plus members – Canada’s premier foot specialists. We are dedicated to enhancing the profession of podiatry and increasing awareness among Canadians about the importance of good foot health care. CPMA acts as the national voice for podiatrists in Canada, serving as a resource for legislative and policy changes affecting podiatry both provincially and federally. Learn more at <https://www.podiatrycanada.org/>

About D-Foot International

D-Foot International is a registered international non-profit association under Belgian law promoting the global profile of diabetic foot prevention and care through awareness, guidance, education, research, and professional development. The aim of the association is to prevent and reduce the number of lower limb amputations from diabetes worldwide. D-Foot International is the implementation group of the International Working Group on the Diabetic Foot (IWGDF). Learn more at <https://d-foot.org/>

About Wounds Canada

Wounds Canada, a health charity founded in 1995, leads the way in advocating for best practices in wound prevention and management. WC addresses the silent crisis of wounds, which affects countless Canadians and costs our healthcare systems billions each year. They specialize in providing essential wound-related information, aiming to reduce the occurrence of life-altering wounds and ensure those affected by wounds receive adequate care.

The mission of the organization is to extend beyond individual health. WC strives to mitigate wounds' wider impact on families, communities, and our health systems. By offering resources, advocacy, education, and events, they support diverse networks of patients, families, healthcare professionals, researchers, policymakers, and sector leaders across the country.

Visit www.woundscanada.ca to learn more about Wounds Canada and our commitment to enhancing Canadians' quality of life.

AFRICAN REGION

D-Foot Awareness Week #Nov2023

D-FOOT
international

AFRICA REGION

TUESDAY
7th November 2023

TIME
6:00 PM CET

CHAIRS OF THE SESSION

ZULFIQARALI G ABBAS, TANZANIA

MAIMOUNA MBBAYE, SENEGAL

SPEAKERS

FELICIA ANUMAH
NIGERIA, WEST AFRICA
TOPIC: Why we need Master Course in Diabetes in Africa – An Initiative by University of Abuja

HARDEEP GILL
KENYA, EAST AFRICA
TOPIC: Peripheral Arterial Diseases (PAD) in African Population. How to Manage in Africa – Way Forward

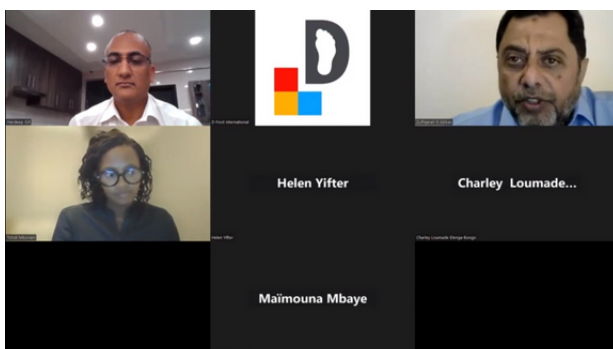
HELEN YIFTER
RWANDA, EAST AFRICA
TOPIC: Wound Bed Preparation in Patients with Diabetes for LMICs

TSHIDI MBONANI
JOHANNESBURG, SOUTH AFRICA
TOPIC: Challenges of Podiatry in the Management of Diabetes Foot Complications

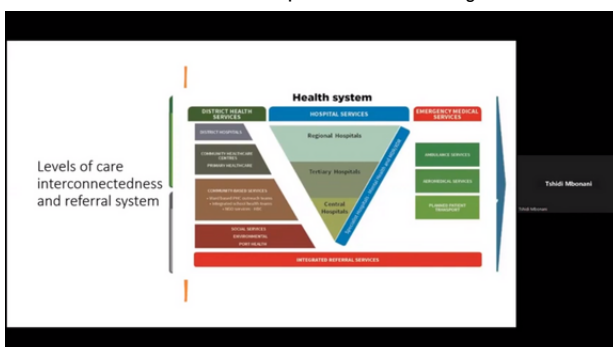
CHARLEY LOUMADE ELENGA-BONGO
BRAZZAVILLE, CONGO CENTRAL-AFRICA
TOPIC: Diabetic Foot: An Overview in 2023 in the Republic of Congo

SCAN ME TO REGISTER

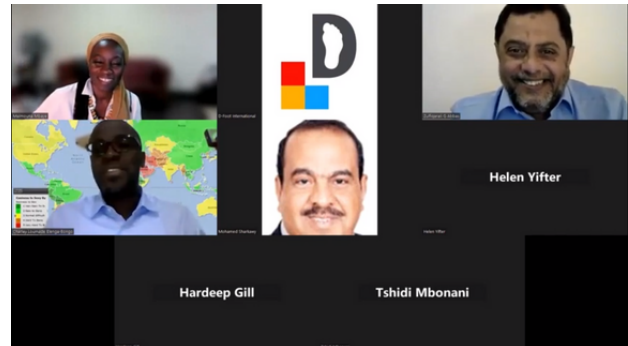
Official poster of the AFRICAN Region D-Foot Awareness Week



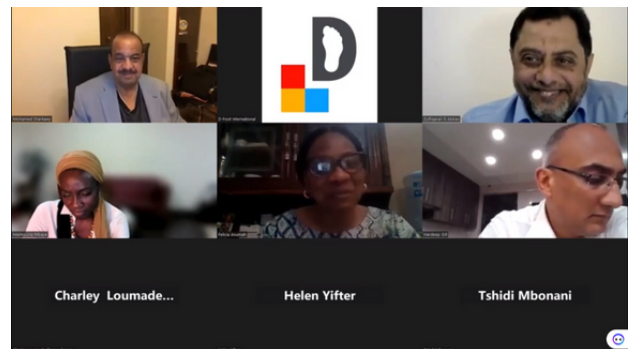
Attendance: moderators and speakers in the African Region session



Talk by Tshidi Mbonani on challenges of podiatry in the management of diabetic foot complications



Question and answer to the presenting speakers



Insightful discussion between the president of D-Foot and African Region Board

On Tuesday, 7th November, the Africa Region took center stage during D-Foot Awareness Week, showcasing a lineup of esteemed speakers and experts in the field of diabetic foot care. Chaired by Dr. Zulfiqarali G Abbas and Dr. Maimouna Mbaye, the session provided a platform for insightful discussions and knowledge sharing.

The distinguished speakers included Prof. Felicia Anumah, Dr. Hardeep Gill, Dr. Helen Yifter, Dr. Tshidi Mbonani, and Dr. Charley Loumade Elanga-Bongo. Each speaker brought a wealth of experience and expertise, covering diverse aspects of diabetic foot care, from preventive strategies to advanced clinical insights.

The engaging discussions not only highlighted the challenges faced in the African region but also showcased the resilience and innovation of healthcare professionals working towards a common goal – ending avoidable lower-limb amputations due to diabetes.

For those who missed this enriching session, the talks are available for viewing on YouTube at: <https://www.youtube.com/@d-foot>

Empowering Diabetes Care in Africa: University of Abuja's Landmark Achievement



Prof. Felicia Anumah, Director of Diabetes Center, University of Abuja



Introducing the first ever Masters in Diabetes Education in Africa

In a standout presentation during D-Foot Awareness Week, Prof Felicia Anumah, the Director at the Center for Diabetes Studies, University of Abuja, took the stage to articulate a compelling vision for advancing diabetes care in Africa. Her talk, titled "Why we need a Master Course in Diabetes in Africa," outlined a groundbreaking initiative by the University of Abuja.

Aim: Elevating Diabetes Care through Knowledge Enhancement

Prof Anumah's presentation highlighted the aim of establishing programs that enhance the knowledge and skills of Healthcare Professionals (HCPs). The primary focus is on providing best practices, effective care, and self-management education for individuals with diabetes and their families.

Objectives: A Strategic Approach The outlined objectives of this initiative underscore a strategic approach:

- **Promote High-Quality Education:** Advocating for top-tier education for HCPs in diabetes care.
- **Enhance Overall Quality of Care:** Improving the quality of care and the lives of those at risk of or living with diabetes and their caregivers.
- **Access and Integration:** Promoting access to and integration of qualified HCPs in diabetes care.
- **Essential Role of Education Teams:** Advocating for the essential role of diabetes education and multidisciplinary diabetes care teams to health ministries, hospital authorities, and policymakers.

Collaboration Invitation: First Master's in Diabetes Education (MSc DME)

Prof Felicia Anumah extended an invitation for collaboration on the first Master's in Diabetes Education (MSc DME) at the University of Abuja, Nigeria. The initiative seeks to foster partnerships in advancing diabetes education and care.

For those interested in collaboration or exploring the Master's program, further details can be found at <https://mdme.uniabuja.edu.ng/> or email: anumahnene@gmail.com. Prof Anumah's vision stands as a significant stride towards elevating diabetes care in Africa through education, collaboration, and innovation. We applaud the University of Abuja for its pioneering efforts, aiming to enhance the knowledge and skills of Healthcare Professionals and promote high-quality education in diabetes care.

**Prof. Felicia Anumah &
Dr. Zulfiqarali G. Abbas**

Multidisciplinary Approach to Diabetic Foot Disease: The Doctor's Guide

"Steering the course of diabetes care into uncharted territories, Diabetes Foot Nigeria Initiative (DFNI) and SANOFI orchestrated a momentous event at the Annual Scientific Conference 2023 in Nigeria. The focal point of this grand occasion was the launch of a groundbreaking resource, a true magnum opus titled 'Multidisciplinary Approach to Diabetic Foot Disease: The Doctor's Guide.' This collaborative effort sought to bridge the gap in diabetic foot care, bringing together a consortium of experts and the profound insights of the global healthcare community.

The inaugural ceremony was graced by the esteemed Prof. Aihanuwa Eregie, President of the Endocrine and Metabolism Society of Nigeria (EMSON), whose presence added an extra layer of significance to the occasion. The ceremonious unveiling was more than just a book launch; it marked a paradigm shift in the approach to diabetes care, emphasizing a multidisciplinary perspective.

At the heart of this authoritative guide lies a wealth of knowledge curated by a team of experts in the field. Its comprehensive exploration delves into the intricate nuances of diabetic foot disease, providing a holistic view that extends beyond conventional medical boundaries. The guide is not merely a compendium of information; it's a beacon of enlightenment for healthcare professionals navigating the complex landscape of diabetic foot care.

What adds an extra layer of prestige to this initiative is the foreword, a carefully crafted introduction to the guide, written by none other than Dr. Zulfiqarali G Abbas, the President of D-Foot International. His endorsement brings a global perspective to the guide, signaling its relevance and importance on the international stage.

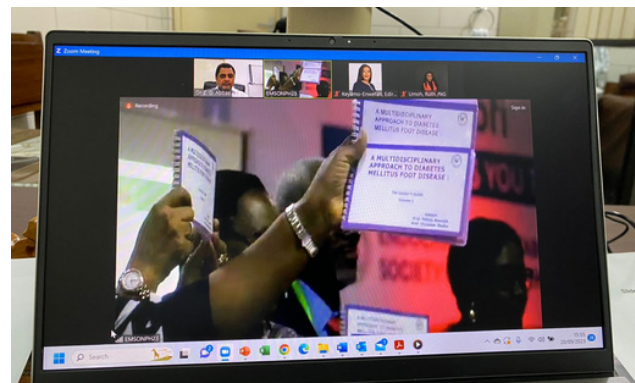
The collaborative efforts of DFNI and SANOFI highlight a commitment to advancing the standards of care for individuals grappling with diabetes. This initiative is a testament to the power of partnerships in driving positive change in the healthcare landscape.

The guide, with its wealth of knowledge, is poised to become an indispensable asset for healthcare professionals. It offers a roadmap for navigating the complexities of diabetic foot disease, emphasizing the need for a multidisciplinary approach. By amalgamating insights from various specialties, it seeks to enhance patient outcomes and contribute to the evolving narrative of diabetes care.

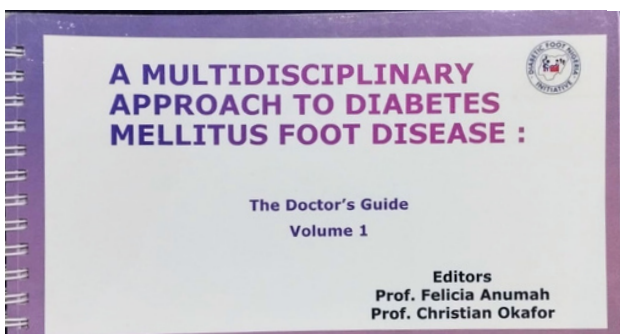
In essence, the launch of 'Multidisciplinary Approach to Diabetic Foot Disease: The Doctor's Guide' is not just an event; it's a landmark that underlines the collective commitment of DFNI, SANOFI, and the global medical community to empower healthcare professionals and transform the lives of individuals affected by diabetes."



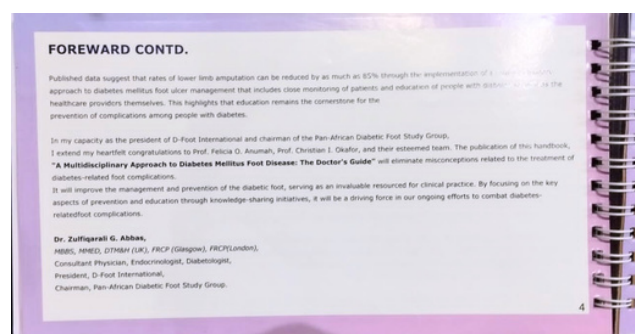
Launching event of the book



Hybrid launching event of the book attended by hundreds of HCPs



Launching event of the book



Foreword word written by our very president of D-Foot International Dr Zulfiqarali G Abbas

WHASA's International Diabetes Awareness Day



Amazing race for the nurses

Wound Healing Association of Southern Africa's (WHASA) collaboration with 2 Military Hospital for International Diabetes Awareness Day was hosted over the 13 - 15 November 2023 at 2 Military Hospital, Cape Town, South Africa.

The focus of all the activities was to display that each diabetic patient deserves the need for an Interprofessional Team Approach in the education, management, and prevention of complications. The awareness program was the initiative of The Advanced Wound Care Practitioner of 2 Military Hospital, Johlene Sander (WHASA National President), who is always acting as the link between the departments.



Clinical staff sharing love

The Program included an official Opening Ceremony in the Main Foyer with a display of how diabetes affects the organs of a diabetic and the role of each department in the management. A dialysis machine and demonstration were also included as awareness to patients and staff of the high risk of renal failure.

Free glucose, blood pressure and foot screening was offered during the week. Formal lectures attended. Nurses participated in an amazing race where they visited departments of all interprofessional team members and received a clue to answer a crossword puzzle as awareness on diabetes.



Demonstration on dialysis

The HOD of all departments finished off the week's activities with a Wheelchair race. The goal was to introduce them to facing life as amputee in a wheelchair while busy with rehabilitation. They had to complete the obstacle course in a wheelchair.

Johlene Sander
National President WHASA



Wheelchair race as amputation clinical awareness



Johlene Sander, President of WHASA coordinating the event

SACA REGION

D-Foot Awareness Week #Nov2023

D-FOOT international

SACA REGION

WEDNESDAY
8th November 2023

TIME
9:00 PM
BRAZIL TIME

OPENING BY:
DR. HERMELINDA PEDROSA BRAZIL
DR. NALINI CAMPILLO VILORIO DOMINICAN REPUBLIC

CHAIRS OF THE SESSION

PROGRAMME 1
ANA RAVAZZANI BRAZIL
YAMILE JUBIZ COLOMBIA

SPEAKER
MARIA LUCOVEIS BRAZIL
TOPIC: Orthoplasty And Offloading: When And How To Apply In Clinical Practice

CHAIRS OF THE SESSION

PROGRAMME 2
ANDREA ICAZA ECUADOR
DANIEL BRAVER EGYPT

SPEAKERS
GABRIELA CARRO ARGENTINA
TOPIC: RED – Charcot foot

TOPIC: Train the Health Care Professionals (TtHCP) And Fast-track: Current Strategies Of D-FOOT

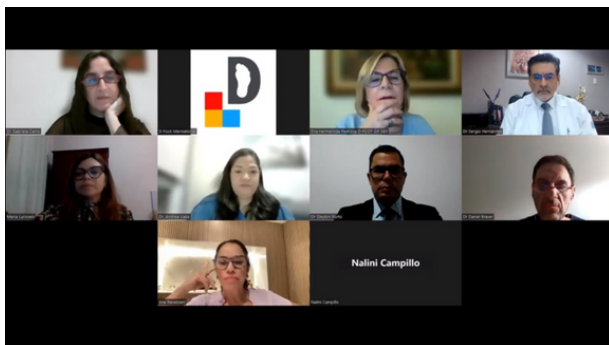
ANA RAVAZZANI AND DR. HERMELINDA PEDROSA BRAZIL
TOPIC: TtHCP in Neuropathy and Foot complications

TOPIC: Modelling The Primary Care For Fast-track Implementation – Health Secretariat Team Of Itabuna

Our Mission: Ending avoidable lower-limb amputations due to diabetes worldwide

SCAN ME TO REGISTER

Official poster of the SACA Region D-Foot Awareness Week



Attendance: moderators and speakers in the SACA Region session

D-FOOT international

Recomendación de descarga para UPD no plantar

One of the speaker giving a powerful talk during the SACA Region D-Foot Awareness Week

Avances en la atención de diabetes

De 1990 a 2010

• Infarto de miocardio agudo	-67.8%
• Muerte por crisis hiperglicémica	-64.4%
• EVC	-52.7%
• Amputación	-51.4%
• Enfermedad renal terminal	-28.3%

Diabetes Care 2016;39:653-663

One of the speaker giving an insightful talk during the SACA Region D-Foot Awareness Week

Faculty and SACA Delegates
1st TtFT Course 2012

Participants: 60 - 13 countries: Argentina, Bolivia, Brazil, Chile, Colombia, Cuba, Dominicana, Ecuador, Mexico, Panama, Paraguay, Peru and Uruguay

Vice president, Dr Hermelinda Pedrosa giving an impactful talk during the SACA Region D-Foot Awareness Week

The vibrancy of SACA expertise in diabetic foot care was on full display during the D-Foot Awareness Week, particularly on Wednesday, 8th November. The session was inaugurated by the insightful perspectives of Dr. Hermelinda Pedrosa and Dr. Nalini Campillo Vilorio, setting the tone for a day filled with enriching discussions.

Under Program 1, Dr. Maria Lucoveis took the stage, navigating crucial aspects of diabetic foot care. The session, chaired by Dr. Ana Ravazzani and Dr. Yamile Jubiz, provided a deep dive into preventive measures and clinical insights.

In Program 2, the spotlight was on Dr. Gabriela Carro and Dr. Ana Ravazzani, with additional insights from Dr. Hermelinda Pedrosa. Dr. Andrea Icaza and Dr. Daniel Braver skillfully chaired this segment, delving into the complexities of diabetic foot complications and management.

All the talks from this engaging day are accessible on YouTube at: <https://www.youtube.com/@d-foot>. The collective knowledge shared during this event not only strengthens the collaborative spirit within the SACA region

3rd Latin American International Wound Healing Symposium



Prof. Dato Dr. Harikrishna K.R. Nair & Prof. David Armstrong and fellow delegate



Powerful meeting at Costa Rica sharing intellectual bliss



Prof. Dato Dr. Harikrishna K.R. Nair



Prof. David Armstrong

The 3rd Latin American International Wound Healing Symposium (COMLHEI), held in the vibrant city of San Jose, Costa Rica, emerged as a pivotal event in the realm of wound healing and limb preservation. This gathering, which unfolded on the 20th of November 2023, drew the participation of hundreds of delegates from the Americas and Europe, underscoring its escalating significance in the global discourse on wound care.

Distinguished figures in the field of podiatry and wound healing graced the occasion, including the President-Elect of D-Foot International, Prof. Harikrishna RK Nair, and the Regional Chair of D-Foot International, Prof. David G Armstrong.

Their presence added an extra layer of prestige to the symposium, signifying the growing recognition of COMLHEI on the international stage.

The symposium served as a melting pot of ideas, where delegates could glean insights not only from the Latin American context but also from the nuanced practices and challenges encountered in Europe and North America.

The symposium's focus on limb preservation was particularly pertinent, given the rising prevalence of conditions that pose a risk to lower limb health. In an era where diabetes-related complications and chronic wounds are on the ascent globally, forums

like COMLHEI play a crucial role in shaping effective strategies for prevention, intervention, and rehabilitation.

The participation of Prof. Harikrishna RK Nair and Prof. David G Armstrong highlighted D-Foot International's commitment to fostering global collaboration and knowledge dissemination. As key figures in the organization, their involvement in events of such significance aligns with D-Foot's mission to address the challenges of diabetic foot care on a worldwide scale.

As we navigate the evolving landscape of wound healing, pushing the boundaries of knowledge and fostering a global community dedicated to the preservation of limb health.

NAC REGION

D-Foot Awareness Week #Nov2023

D-FOOT international

NACA REGION

THURSDAY
9th November 2023

TIME
6:00 PM ET

PROGRAM MODERATOR
DR. DALE MAHARAJ
TRINIDAD & TOBAGO

SPEAKERS

DR. KUMAR SUKHRAJ
GUYANA
TOPIC: Developing A Diabetic Foot Service In The Caribbean - Guyanese Experience

DR. BRIAN LEPOW
DPM, USA
TOPIC: The Toe & Flow Model: A Multidisciplinary Care Model For The Management Of The Diabetic Foot

DR. JOHN HWANG
CANADA
TOPIC: Time is Tissue: A QI Initiative

MR. JOEL ALLEYNE
CANADA
TOPIC: The Limb Preservation Alliance: Extending The Network, Driving Advocacy & Awareness

Our Mission: Ending avoidable lower-limb amputations due to diabetes worldwide

SCAN ME TO REGISTER

Official poster of the NAC Region D-Foot Awareness Week

D-FOOT international

"Tomorrow's health begins with today's reading"

NORTH AMERICA AND THE CARIBBEAN REGION WEBINAR

November 9, 2023

Opening of the NAC Region D-Foot Awareness Week

GUYANA DIABETES AND FOOT CARE PROJECT - PHASE 1 (CONT'D)

Health care professionals	<ul style="list-style-type: none"> 65 trained at GPHC
60-second diabetic foot screening toolID	<ul style="list-style-type: none"> Focus on prevention Developed and introduced screen July 2008 1226 patients screened at GPHC; 48% at high risk Care based on context specific best practices, WBPP, conservative debridement.
Care innovations	<ul style="list-style-type: none"> Comprehensive foot assessments Vascular assessment (Doppler), Infection assessment (skin temps, NERDS, STONE/ES) Plantar pressure redistribution for patients with foot ulcers Surgical debridement
Mentoring visits by Canadian experts	4 visits over 18 months + additional chiropodist visit to train rehab assistants
Integration into MOH SOP	Simplified 60-second foot screening toolID approved

One of the speaker giving a powerful talk during the NAC Region D-Foot Awareness Week

Return on Investment UBC SAUNDER SCHOOL OF BUSINESS

Table 1 Costs of chronic wound care and estimated cost avoidance using CWC model

	# of patients used for calculations	Average cost prior to CWC	Average cost to healing after CWC	Estimated % cost avoidance
All patients	8	US\$47,487.88	US\$5,827.28	
Diabetic foot ulcer	8	US\$62,589.90	US\$3,980.70	\$58,609.15 ??

CWC, complex wound centre.

Chronic wound care can be done cheaply

One of the speaker giving an informative talk during the NAC Region D-Foot Awareness Week

A coordinated/annual social media strategy, focused on themes

Timeline: November, December, January, February, March, April, May 7 - 11, 2022

Speaker's insightful discourse at the NAC Region D-Foot Awareness Week

In a symphony of expertise, the NAC region took center stage during D-Foot Awareness Week on Thursday, 9th November. The program was a testament to the region's commitment to advancing the understanding and treatment of diabetic foot complications.

The esteemed lineup featured impactful talks by Dr. Kumar Sukhraj, Dr. Brian Lepow, Dr. John Hwang, and Dr. Joel Alleyne. These experts delved into crucial facets of diabetic foot care, offering insights that resonated with the diverse audience.

Dr. Dale Maharaj skillfully moderated the sessions, guiding discussions toward an exchange of ideas and perspectives. The collaborative atmosphere fostered during the event reflects the collective dedication of the NAC region to the overarching goal of ending avoidable lower-limb amputations due to diabetes.

All the talks from this engaging day are accessible on YouTube at: <https://www.youtube.com/@d-foot> The collective knowledge shared during this event not only strengthens the collaborative spirit within the NAC region.

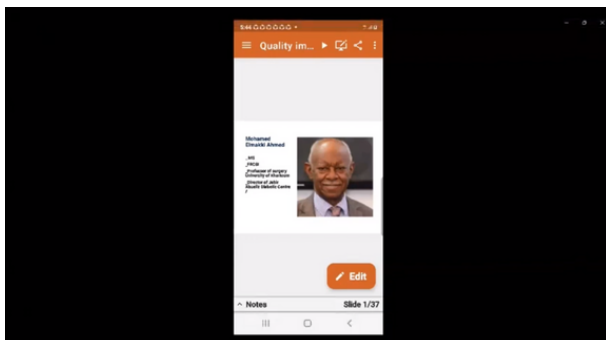
MENA REGION

D-Foot Awareness Week #Nov2023

Official poster of the MENA Region D-Foot Awareness Week



Opening of the MENA Region with Dr Jamil Halabi



Illuminating talk in the MENA Region D-Foot Awareness Week



A snapshot of the speaker's informative session in the MENA Region D-Foot Awareness Week

Highlights of the talk during the session in the MENA Region D-Foot Awareness Week

Friday, 10th November, witnessed the MENA region taking the spotlight during D-Foot Awareness Week. The region showcased a stellar lineup of experts in the field of diabetic foot care, emphasizing the collective commitment to combatting this global health challenge.

Opening the event was Dr. Jamil Halabi, setting the stage for insightful discussions. The program featured an array of distinguished speakers, including Dr. Mohamed El Makki Ahmed, Dr. Zahid Miyan, Dr. Abdul Razzak Abdul Aziz, Dr. Salma Khureibat, and Dr. Bashir Tarazi. These experts explored diverse facets of diabetic foot complications, sharing valuable experiences and perspectives.

The talks were not only informative but also reflective of the region's dedication to advancing diabetes-related foot care. Driven by a collective mission, the MENA region's participation in D-Foot Awareness Week contributes significantly to the global dialogue on preventing avoidable lower-limb amputations.

All the talks from this engaging day are accessible on YouTube at: <https://www.youtube.com/@d-foot>

EUROPE REGION

D-Foot Awareness Week #Nov2023

D-FOOT
international

EUROPE REGION

SATURDAY
11th November 2023

TIME
3:00 PM CET

SPEAKERS

PROF. LUIGI UCCIOLI
ITALY
TOPIC: Diabetic Foot: The Foot Is Only One Part Of The Story

PROF. ROBERTO ANICHINI
ITALY
TOPIC: Benchmarking AB(b)A Project - Summary Of The Project

DR. PRASHANTH VAS
ENGLAND
TOPIC: Wound Healing Intervention Guideline 2023: What's New?

PROF. BEATA MROZIKIEWICZ-RAKOWSKA
POLAND
TOPIC: Kazimierz Declaration – Summary Of The Project

DR. VILMA URBANCIC ROVAN
SLOVENIA
TOPIC: Diabetic Foot And Pedicure - Who Can Do It?

Our Mission: Ending avoidable lower-limb amputations due to diabetes worldwide

SCAN ME TO REGISTER

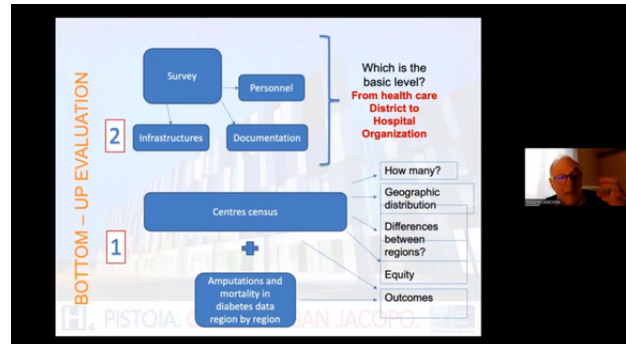
Official poster of the EUROPE Region D-Foot Awareness Week



Moderators and speakers attending the Europe Region D-Foot Awareness Week

It is a big mistake to consider 'Diabetic Foot' as a problem of foot ulcers and medications only ...

A powerful talk given during the Europe Region D-Foot Awareness Week



A informative talk given during the Europe Region D-Foot Awareness Week

Debridement

Dressings (top applications)

Gases - Oxygen (hyperbaric and topical)

Negative Pressure Wound Care

Various skin substitutes

Cell-based therapies - Autologous platelets and composites

Placental derived products

Systemic pharmacological agents and supplements

Education

Sharp debridement is the gold standard

Other forms are acceptable if no access to sharp debridement or if painful
Enzymatic, Larvae etc

Strength of Recommendation: Conditional
Certainty of Evidence: Low

An impactful talk given during the Europe Region D-Foot Awareness Week

Saturday, 11th November, marked a vibrant session during D-Foot Awareness Week, with a focus on the diverse perspectives and expertise from the European region. The virtual event featured esteemed speakers who delved into various aspects of diabetic foot care.

Opening the session was Dr. Vilma Urbancic Rovan, setting the tone for an engaging and insightful day. The program hosted distinguished professionals, including Prof Luigi Uccioli, Prof Roberto Anichini, Dr. Prashanth Vas, and Prof Beata Mrozikiewicz-Rakowska. These experts provided valuable insights into the challenges and advancements in managing diabetic foot complications.

The discussions were not only clinically rich but also emphasized the collaborative spirit within the European region. The commitment to elevating the standard of diabetic foot care was evident in the thoughtful presentations and interactive sessions.

All the talks from this engaging day are accessible on YouTube at: <https://www.youtube.com/@d-foot> The collective knowledge shared during this event not only strengthens the collaborative spirit within the Europe region.

5th National Conference of the Polish Wound Management Association

The 5th National Conference of the Polish Wound Management Association (PWMA) recently took center stage in Warsaw, Poland, addressing a crucial theme: "Diabetes Patient in a Coordinated Care Centre." This significant event drew attention not only for its topical focus but also due to the distinguished presence of leaders in the field of diabetic foot care.

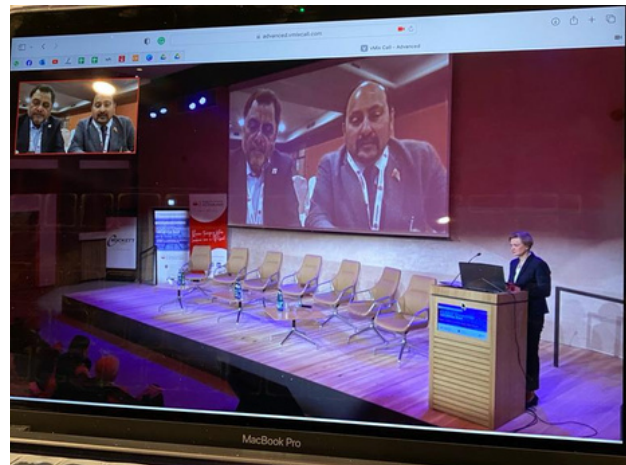
At the forefront was Prof. Beata Mrozikiewicz-Rakowska, the Vice President of D-Foot International and the immediate past president of PWMA. Her pivotal role underscored the collaborative spirit that defines international efforts to enhance diabetic foot care. Joining her were luminaries in the field, including Dr. Zulfiqarali G Abbas, President of D-Foot International, and Prof. Harikrishna RK Nair, President-Elect of D-Foot International who gave a talk on the "Exchange of International Experiences". The event was also attended by the entire D-Foot Board Members.

The conference, affiliated with the European Wound Management Association (EWMA), delved into the intricacies of providing coordinated care for diabetes patients. Prof. Beata Mrozikiewicz-Rakowska's wealth of expertise and leadership ensured that the discussions reached the heart of multidisciplinary approaches crucial for effective wound management in diabetic individuals.

This gathering served not only as a platform for sharing knowledge but also as a testament to the commitment of D-Foot International to advancing global awareness and practices in diabetic foot care. The collaboration with PWMA showcased the power of international partnerships in addressing the challenges posed by diabetes-related complications.

For those seeking more detailed information on the conference, the official EWMA website provides comprehensive insights at <https://ewma.org/european-cooperating-organisations/pwma>. The success and impact of this conference echo the broader mission of D-Foot International and its leaders. By actively participating in events of this caliber, the organization reaffirms its dedication to fostering international cooperation, ultimately contributing to improved diabetic foot care on a global scale. As we reflect on the Warsaw conference, it becomes evident that such endeavors are pivotal steps toward empowering healthcare professionals and elevating the standards of diabetic foot care worldwide.

Prof. Beata Mrozikiewicz-Rakowska



D-Foot President Dr. Zulfiqarali G. Abbas and President Elect Prof. Dato. Dr. Harikrishna R.K. Nair attending the PWMA Conference



Prof. Beata Mrozikiewicz-Rakowska leading the 5th PWMA Conference



Discussion between the 5th PWMA Conference enlightening colleagues of different disciplines



POLSKIE TOWARZYSTWO
LECZENIA RAN

9TH ANNUAL CONFERENCE

INTERNATIONAL ASSOCIATION OF DIABETIC FOOT SURGEONS (IADFS)



In the heart of London, where the old meets the new, the 9th Annual Conference of the International Association of Diabetic Foot Surgeons (IADFS) unfolded its grandeur on the 13th and 14th of November 2023. This meticulously organized event, orchestrated by the dynamic duo and their team: Dr. Madhu Tiruveedhula and Dr. Nijil Vasukutty and entire IADFS, stood as a beacon of knowledge and innovation in the realm of diabetic foot care.

Setting the Stage: As the doors swung open to welcome a diverse audience of healthcare professionals, researchers, and industry experts, the anticipation was palpable. The venue, a hub of intellectual exchange, was adorned with the promise of groundbreaking insights and the latest



Excellent turnout of participants at the 9th Annual Conference of the IADFS

advancements in diabetic foot surgery.

D-Foot International Collaboration with IADFS:

The conference featured a stellar lineup of over 25 speakers, each a luminary in their respective fields. Among them, the esteemed Dr. Zulfiqarali G. Abbas, President of D-Foot International, took the stage, sharing his wealth of knowledge on diabetic foot complications. Dr. Roberto Anichini, Vice-President, and Dr. Vilma Urbancic Rován,

D-Foot Regional Advisor, added to the richness of the discussions with their comprehensive presentations.

From the nuances of diabetic foot ulcers (DFUs) to the intricacies of surgical interventions, the speakers left no stone unturned. Attendees were treated to a symphony of expertise, delving into the complexities of DFU prevention, management, and, notably, the evolving landscape of surgical techniques.

The engagement between speakers and the audience fostered an environment of collaborative learning, sparking discussions that will likely reverberate in the corridors of diabetic foot care for years to come.

The culmination of the event was not only marked by the wealth of knowledge shared but also by a trio of announcements that sent ripples through the audience. The 21st Diabetic Foot Society of India 2024 was unveiled, promising another chapter of impactful collaboration which will also host the 10th Annual Conference of the IADFS. A testament to the

enduring success and relevance of the conference series. To cap it off, the much-anticipated Conference of D-Foot International 2025 was revealed, laying the groundwork for future endeavors in the global fight against diabetic foot complications.

The shared commitment to advancing diabetic foot care on a global scale was evident in every aspect of the event. The emphasis on education, collaboration, and innovation mirrored the D-Foot mission and vision, reinforcing the strides to ending avoidable lower limb amputation due to diabetes worldwide.



President of D-Foot Dr. Zulfiqarali G. Abbas presenting at IADFS



Vice President of D-Foot Dr. Roberto Anichini presenting at IADFS



Regional Advisor of D-Foot Dr. Vilma Urbancic Rovnan moderating at IADFS



President of D-Foot International Dr. Zulfiqarali G. Abbas & President of IADFS Dr. Dane Wukich attending the 9th Annual Conference of IADFS



Faculty of the International Association of Diabetic Foot Surgeon (IADFS) and D-Foot International attending the 9th Annual Conference of IADFS which was held in London on the 13th and 14th November 2023



D-Foot representatives attending the 9th Annual Conference of IADFS



Attentive delegates during the talks



Attentive delegates during the talks

SEA REGION

D-Foot Awareness Week #Nov2023

D-FOOT
international

SEA REGION

MONDAY
13th November 2023

TIME
5:30 PM
INDIA TIME

SPEAKERS

DR BANSHI SABOO
INDIA

TOPIC: Burden Of Diabetes In The SEA Region

PANNEL DISCUSSION

Topic: Improving The Footcare In People With Diabetes

DR. VIJAY VISWANATHAN
INDIA

DR. MILIND RUKH
INDIA

DR. JAWADUR RAHIM WADUD
BANGLADESH

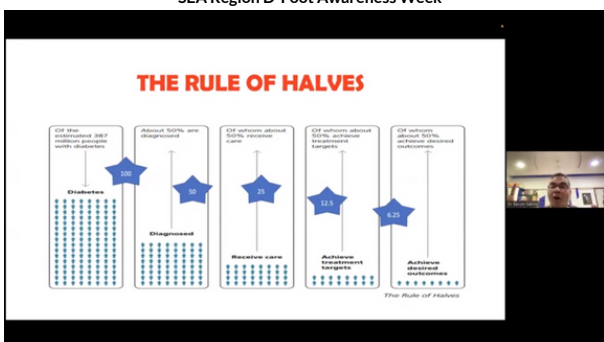
Our Mission: Ending avoidable lower-limb amputations due to diabetes worldwide

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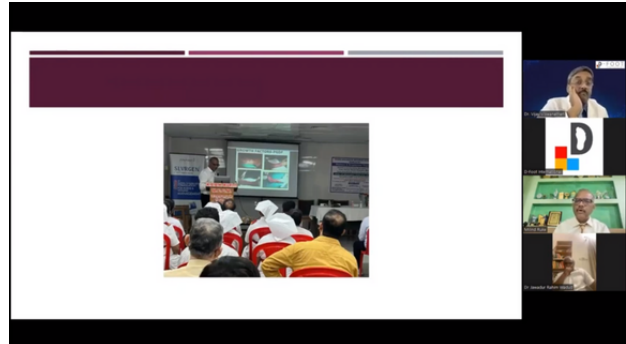
Official poster of the SEA Region D-Foot Awareness Week



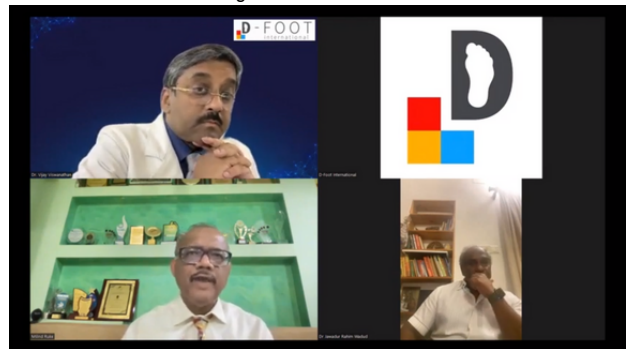
Moderators, speakers and panelists attending the SEA Region D-Foot Awareness Week



A powerful talk given during the SEA Region D-Foot Awareness Week



Works done in public awareness of diabetes foot complications presented at the SEA Region D-Foot Awareness Week



Panel discussion on improving footcare in people with diabetes during the SEA Region D-Foot Awareness Week

The SEA Region kicked off its session on Monday, 13th November, during D-Foot Awareness Week, bringing together leading voices in the field of diabetic foot care. The day's program featured a lecture by Dr. Banshi Saboo, followed by a stimulating panel discussion.

Dr. Banshi Saboo, an eminent figure in diabetes care, delivered a comprehensive lecture, providing valuable insights into crucial aspects of diabetic foot management. Following this enlightening talk, a dynamic panel discussion unfolded. The panel comprised distinguished experts, including Dr. Vijay Viswanathan, the past president of D-Foot International, Dr. Milind Ruke, and Dr. Jawadur Rahim Wadud.

The discussion touched upon current challenges, advancements, and collaborative strategies in diabetic foot care. Participants engaged in a fruitful exchange of ideas, enriching the session with diverse perspectives.

All the talks from this engaging day are accessible on YouTube at: <https://www.youtube.com/@d-foot>. The collective knowledge shared during this event not only strengthens the collaborative spirit within the SEA region.

World Diabetes Day 2023 Khan Bahadur Bhabha Hospital, Kurla



World Diabetes Day commemorated at Khan Bahadur Bhabha Hospital with theme: Know Your Risk, Know Your Response

On November 14th, marking World Diabetes Day and the 2021-2023 theme of "Access to Diabetic Care," the initiative "Know Your Risk, Know Your Response" sought to address the global challenge of inadequate diabetic care access. Dr. Milind Ruke, Southeast Asia's Regional Adviser for Diabetic Foot International, led a comprehensive event at Khan Bahadur Bhabha Hospital in Kurla on November 9th, 2023.

Activities included a Neuropathy Detection Camp, Bone Marrow Densitometry camp, and health awareness sessions, collectively attended by around 150 to 200 patients. Notably, HbA1c tests were conducted for 50 long-standing diabetes patients. In the hospital auditorium, informative lectures were conducted on essential diabetes complications by specialists Dr. Milind Ruke, Dr. Rajan Sheladkar MD, and Dr. Anil Jadhav.

With active participation from various hospital departments, employees, doctors, health workers, and patients, the program also featured the distribution of customized footwear by the NGO Hari Namu Foundation for those in need. This impactful initiative concluded with expressions of gratitude and the distribution of nutritious diabetic snacks, embodying the spirit of World Diabetes Day by increasing awareness and providing tangible support to those affected by diabetes-related challenges.

Dr. Milind Ruke



Dr. Milind Ruke conducting the hands-on workshop



Participation for free testing to the public



NGO Hari Namu Foundation donating customized footwear for distribution

Swasthya Diabetes Center

Swasthya Diabetes Centre and All India Institute of Diabetes & Research (AIIDR) are always one step ahead in implementing a positive attitude in patient-centered care & and self-empowerment of Diabetic Friends. Children with Type 1 Diabetes are known to be part of a vulnerable population where they require maximum support from their treating Physician, Family, Friends, and Neighborhood. Going into the depth of Community Need, Swasthya Diabetes Centre under the leadership of Dr. Yash Patel, Director- -consultant diabetologist started an innovative project "Project Krishna" for Type 1 Diabetes Children where trained medical students, Post Graduates playing the role of Sarathi for Type 1 DM Children. The aim of this project is "Let's not hide it, Let's live with it Confidently".

World Diabetes Day is a boost to showcase your efforts in the field of Prevention, Treatment, and Management of Diabetes among the entire world. With our ongoing efforts from the start of Project Krishna in Jan'2023, 462 Type 1 DM children have been enrolled in the project and they have their own Sarathi. Their necessary needs like insulin, 150 Glucometer, Insulin Pens, Lancets, Insulin pen needles, Syringes, etc. worth more than 30 lakh were made available free of cost and provided to required Type 1 friends. Ultimately, at one point Good Medico as Sarathi is going to make a difference in their longer run of Diabetes Journey. Renowned Dr. Laxmikant Palo, CEO of People to People Health Foundation & Director of Programs, Dr. Sona Deshmukh and Krittika Banerjee, Program Manager, People to People Health Foundation visited our center on 29th Nov 2023.

It was very fruitful to meet with Type 1 Children and address their issues and their experiences by taking part in Project Krishna. Now at the end of year, Swasthya Diabetes Centre is becoming a Hallmark for achieving success in Project Krishna and a path to be followed by others. This Sarathis as well as friends with diabetes are looking forward to participating in Project Shraavan (D-Foot international supported diabetes foot amputation prevention project) of Swasthya Diabetes Care and AIIDR.

In closing, Swasthya Diabetes Centre's "Project Krishna" shines as a beacon of success, supporting 462 Type 1 Diabetes children with dedicated Sarathis. The journey continues with enthusiasm for Project Shraavan and D-Foot International's vital initiatives.

Dr. Yash Patel



Dr. Yash Patel and his team



Dr. Yash Patel and team providing awareness to the public on type 1 diabetes mellitus



Dr. Yash Patel and team providing awareness to the public on type 1 diabetes mellitus

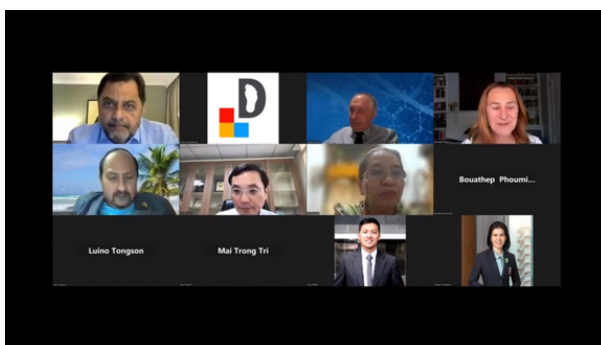


Dr. Yash Patel and team providing awareness to the public on type 1 diabetes mellitus

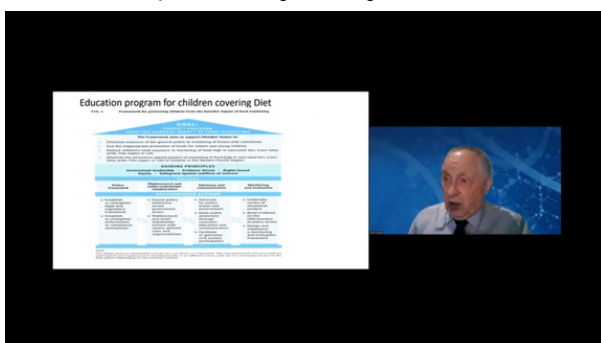
WP REGION

D-Foot Awareness Week #Nov2023

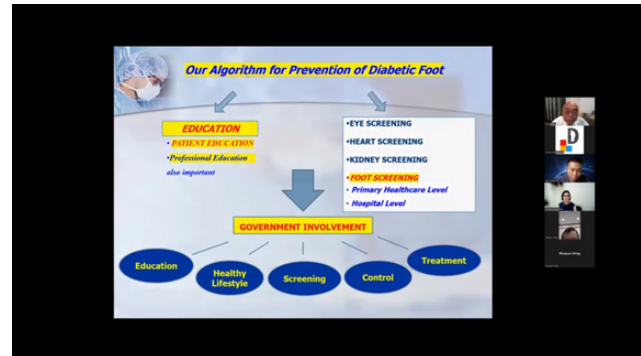
Official poster of the SEA Region D-Foot Awareness Week



Moderators and speakers attending the WP Region D-Foot Awareness Week



One amongst many powerful talks delivered during WP Region D-Foot Awareness Week



One amongst many powerful talks delivered during WP Region D-Foot Awareness Week

The closing session of D-Foot Awareness Week on Tuesday, 14th November, marked an extraordinary three-hour culmination of insights and discussions, focusing on the crucial theme: "How to make DM Foot care accessible and affordable in the WP region." This engaging program, moderated by Prof Harikrishna K.R Nair and Prof Gulapar Srisawasdi, brought together renowned speakers and experts from the WP Region.

The keynote speaker, Dr Geoff Sussman, set the stage with a compelling address, offering a detailed overview of Diabetes in the Western Pacific Region: the past, present, and future. Following this, a stellar lineup of 13 speakers, including Dr Wuquan Deng, Dr Samson Chan, Dr Ardy Wildan, Prof Harikrishna KR Nair, Dr Tin Myo Han, Dr Myint Thaug, Dr Luino Tongson, Dr Aziz Nather, Dr Yur-ren Kuo, Prof Gulapar Srisawasdi, Dr Nicoletta Frescos, Dr Mai Trong Tri, Dr Shivaaly Vanshika, and Dr Bouathep Phoumindr, presented their insights and engaged in discussions that delved into the challenges and solutions in the region.

The WP Region's commitment to addressing these challenges was evident throughout the event, marking a fitting conclusion to a week filled with impactful discussions and knowledge-sharing. As D-Foot Awareness Week concludes, the spirit of collaboration and advocacy for diabetic foot care continues to resonate.

All the talks from this engaging day are accessible on YouTube at: <https://www.youtube.com/@d-foot>

World Diabetes Day, Maldives 2023

In a dedicated observance of World Diabetic Day 2023, the National Diabetic Center (NDC) at Dharumavantha Hospital, Maldives, orchestrated an impactful Diabetic Week from November 7th to 14th. The weeklong initiative focused on comprehensive education and outreach, transcending traditional healthcare settings. Screening programs covering diabetes, foot health, and retinopathy were extended beyond hospital confines to schools and public spaces, embodying the NDC's commitment to accessible preventative healthcare.

The wound care team of Dharumavantha Hospital also published a handbook written on foot care in the local language (Dhivehi) for patients. The inauguration of the book was written by Dr. Mohamed Waheed who is a consultant plastic surgeon and Head of the Department of Surgery at Dharumavantha Hospital. The book focuses on diabetic foot care in the local language. This culturally tailored resource not only imparts practical foot care guidance but also reflects a commitment to community-specific health initiatives.

Leveraging the influence of media, the NDC broadcasted a special program on diabetes and its complications, reaching a broader audience and enhancing public awareness. The NDC's Diabetic Week serves as a commendable model for community-centric healthcare interventions.,



Dr. Mohamed Waheed and NDC book launch



Free screening done at the schools and public areas

Dr. Mohamed Waheed



Book launch event



Public awareness of Diabetes Mellitus in the local radio



Free screening done at the schools and public areas



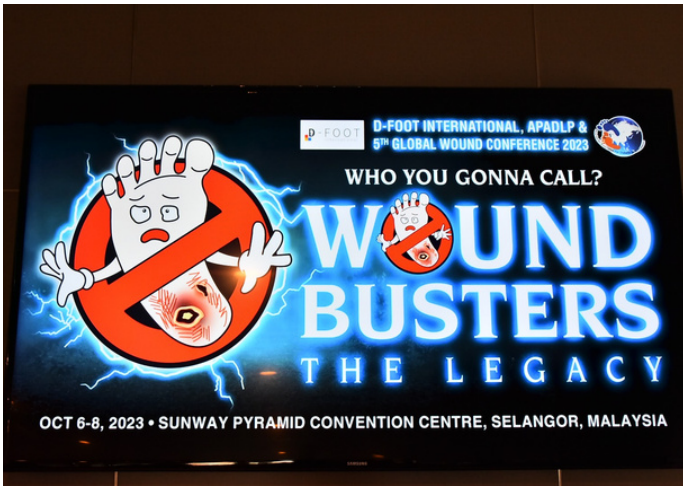
**Prof. Dato. Dr.
Harikrishna K.R Nair
& Dr. Zulfiqarali G. Abbas**

The D-Foot International & 5th Global Wound Conference, held from the 6th to 8th of October 2023 in Selangor, Malaysia, emerged as a resounding success, leaving an indelible mark on the landscape of diabetic foot care and wound management. The concurrent 9th Train the Foot Trainer (TtFT) course added a layer of skill enhancement and knowledge dissemination that fortified the event's stature.

The distinguished guest of honour, Dato Dr. Mohammed Azman Bin Yacob, Director of the Medical Development Division, Ministry of Health, Malaysia, set the tone for an insightful discourse. His presence underscored the significance of the conference in advancing medical practices and research in the region.

The event drew a distinguished cohort of attendees, including luminaries in the field:

- Prof. Dato Dr. Harikrishna K.R. Nair: A stalwart in wound care, Prof. Nair's multifaceted role as the Chairman of the Organizing Committee, President of the Malaysian Society of Wound Care Professionals, President-elect of D-Foot International, President of the Asia Pacific Association for Diabetic Limb Problem, and President-elect of the World Union of Wound Healing Societies, added immense value to the proceedings.
- Dr. Zulfiqarali G Abbas: The President of D-Foot International and Chairman of the Pan-African Diabetic Foot Study Group brought a wealth of experience and leadership to the event.
- Matron Anny Mary S. Joseph: Serving as the Deputy Director of Nursing, Matron Joseph's expertise contributed to the event's success.



Vice President of D-Foot International Prof. Dato Dr. Hari Krishna R.K. Nair presenting at D-Foot International & 5th Wound Conference



Launch of the Fast Track Initiative D-Foot Project at the D-Foot International & 5th Wound Conference in Malaysia



Guest of honour, Dato Dr. Mohammed Azman Bin Yacob, Director of the Medical Development Division, Ministry of Health



President of D-Foot International Dr. Zulfiqarali G. Abbas presenting at D-Foot International & 5th Wound Conference

- Ms. Margaret Lu Kwai Ting: The Sales Manager of Malaysia Convention and Exhibition Bureau played a pivotal role in the logistics and coordination of the conference.
- Dr. Hajah Shahrum Binti Ismail: The Deputy Director of Hospital Kuala Lumpur enriched the event with her insights.
- Dr. Feroza Binti Suleiman: As the Head of the Infection Control Unit Development Division, Ministry of Health, Malaysia, Dr. Suleiman's contributions were instrumental.
- Associate Prof Dr. Aziz Nather: A Senior Consultant in the Division of Foot and Ankle Surgery at the National University Hospital, Singapore, Dr. Nather's expertise added a global perspective.
- Mr. Zairuddin Abdullah Zawawi: The President of the National Wound Care Committee, Ministry of Health, Malaysia, brought invaluable perspectives to the discussions.

The conference showcased the pinnacle of scientific research with 50 presenters engaging in both oral and poster presentations. These presentations spanned a myriad of topics, contributing significantly to the scientific knowledge base. The crowning moment of the event was the TtFT course proved to be a hands-on platform where attendees immersed themselves in learning and practicing advanced techniques in diabetic foot care. The insights gained from this training were transformative, empowering healthcare professionals with the skills necessary to make a tangible impact in their respective domains.



Opening Ceremony of D-Foot International & 5th Wound Conference by Prof Dato Dr. Harikrishna R.K. Nair, Dato Dr. Mohammed Azman Bin Yacob: guest of honour and Dr. Zulfiqarali G. Abbas

The physical attendance of 2000 delegates, coupled with an additional 2,500+ participants joining virtually, underscored the global reach and relevance of the conference. This diverse and expansive participation created a vibrant and collaborative atmosphere where ideas flowed freely, fostering an environment of collective learning and growth.

Launch of the Fast-Track Pathway Program, a pioneering initiative by D-Foot International. The program promises to be a game-changer, addressing critical aspects of diabetic foot care with a comprehensive and streamlined approach.

As the curtains closed on the conference, the echoes of shared knowledge, collaborative spirit, and transformative insights lingered. The D-Foot International & 5th Global Wound Conference not only met but exceeded expectations, setting new benchmarks in the realms of diabetic foot care and wound management.

In retrospect, the event stands as a testament to the power of collective efforts, where the exchange of ideas and the convergence of expertise have the potential to shape the future of diabetic foot care worldwide. The organizers, speakers, participants, and sponsors all played pivotal roles in making this event an extraordinary success.



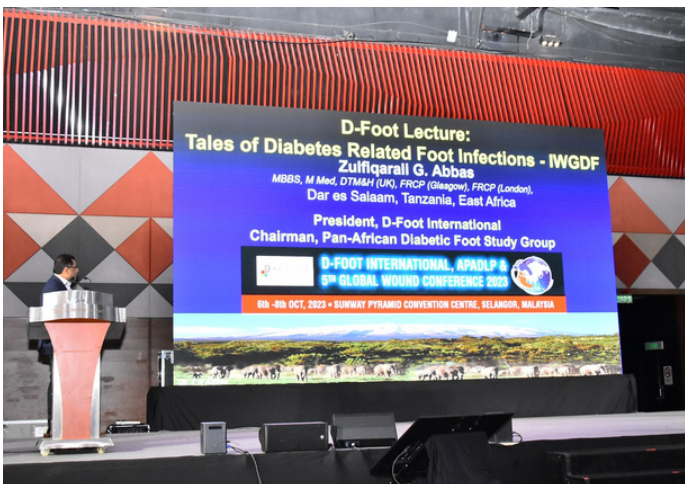
Workshop of the 9th Train the Foot Trainer at D-Foot International & 5th Wound Conference, Malaysia



80 Certificates were given to delegates who participated in workshop for Clinical Wound Care



Poster presentation



D-Foot International Dr. Zulfiqarali G. Abbas presenting D-Foot International & 5th Wound Conference



Australian Speakers present at the D-Foot International & 5th Wound Conference



Workshop group which participated in the 9th Train the Foot Trainer Course, Malaysia



Certificate to the sponsor of the D-Foot International & 5th Wound Conference



Workshop group which participated in the 9th Train the Foot Trainer Course, Malaysia



President and Vice president of the D-Foot International

We are very proud and congratulate D-Foot International, particularly the president-elect Prof. Dato. Dr. Harikrishna K.R Nair and his team, board members of D-Foot International, the WP regional board and advisors, D-Foot International members, and the attendees who made this event a huge success.

Such events aligned with the D-Foot Mission to end lower limb amputations due to diabetes are vital to forward better care of patients and persons affected.



Workshop group which participated in the 9th Train the Foot Trainer Course, Malaysia



Workshop group which participated in the 9th Train the Foot Trainer Course, Malaysia



Presentation of donation for home nursing



Prof Dato Dr. Harikrishna R.K. Nair, Dato Dr. Mohammed Azman Bin Yacob: guest of honour and Dr. Zulfiqarali G. Abbas

GRANT FUNDING



Diabetes Foot Implementation Grant

GO-FOR-IT



Objective: To stimulate local/ national/ regional implementation of some unmet aspects of the IWGDF guidance document in collaboration with D-Foot International

A grant of 12,500€ (changeable till the day of publication in the next newsletter) will be awarded to the applicant(s) to enable and facilitate the implementation of one or more aspects of the IWGDF clinical guidelines.

The award will be presented every 4 years and for 3 consecutive editions during the ISDF meetings of 2023, 2027, and 2031. It is not intended as a small research grant but rather a resource to implement the IWGDF guidelines.

The planned budget is a “starting” budget and searching for additional sources is part of a successful sustainable project and is likely to be necessary.

More details will finally be announced in the next newsletter.



Merry
Christmas
and happy holidays





happy New Year

2024



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d-foot.org



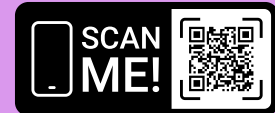
D-Foot International



D-Foot International



Manifesto 2023-2025



For any newsletter contribution, event advertisement, or related content. Please contact:



secretariat@d-foot.org



president@d-foot.org

Dear Esteemed Readers,

As we bid farewell to another eventful year, it is with immense gratitude that I extend my heartfelt thanks for your steadfast readership of the D-Foot International newsletter. Your engagement is what makes our community vibrant and purposeful.

This edition encapsulates a rich source of insights, activities, and collaborations that define the relentless pursuit of our mission—ending avoidable lower-limb amputations due to diabetes worldwide. From engaging webinars to impactful partnerships, each story reflects the dedication of professionals and organizations united by a shared vision.

We extend a warm welcome to all our new members and a sincere "welcome back" to our returning readers. Your commitment to staying informed and engaged contributes greatly to our collective effort to make a meaningful difference in the lives of those affected by diabetic foot complications.

We would also like to take this moment to extend our gratitude to Mr. Muhammad Abbas Gangji for his exceptional design skills that have lent a visually appealing touch to our D-Foot website. Additionally, our heartfelt thanks go out to Mr. Ali Salim, our dedicated secretariat, whose efforts behind the scenes ensure the smooth functioning of D-Foot International.

As we navigate through these achievements and endeavors, I am filled with hope and optimism. Our collective efforts, fueled by your engagement and support, are propelling us toward a future where avoidable amputations are relegated to history. As the year draws to a close, I extend warm wishes for a joyous holiday season and a Happy New Year.

Thank you.

Newsletter Coordinator.



Raidah R Gangji
BSc Biomedical
Science

Members of Nominating Committee 2023-2025

President-Elect

Harikrishna K.R. Nair

Immediate Past President

Vijay Viswanathan

Previous Vice-President

Nikolaos Papanas

Regional Chair

Gulapar Srisawasdi

Provisional Dates 2025

Dates for Nominations:

10th February to 10th March 2025

Dates for Election:

10th April to 24th April 2025

**8TH ANNUAL
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