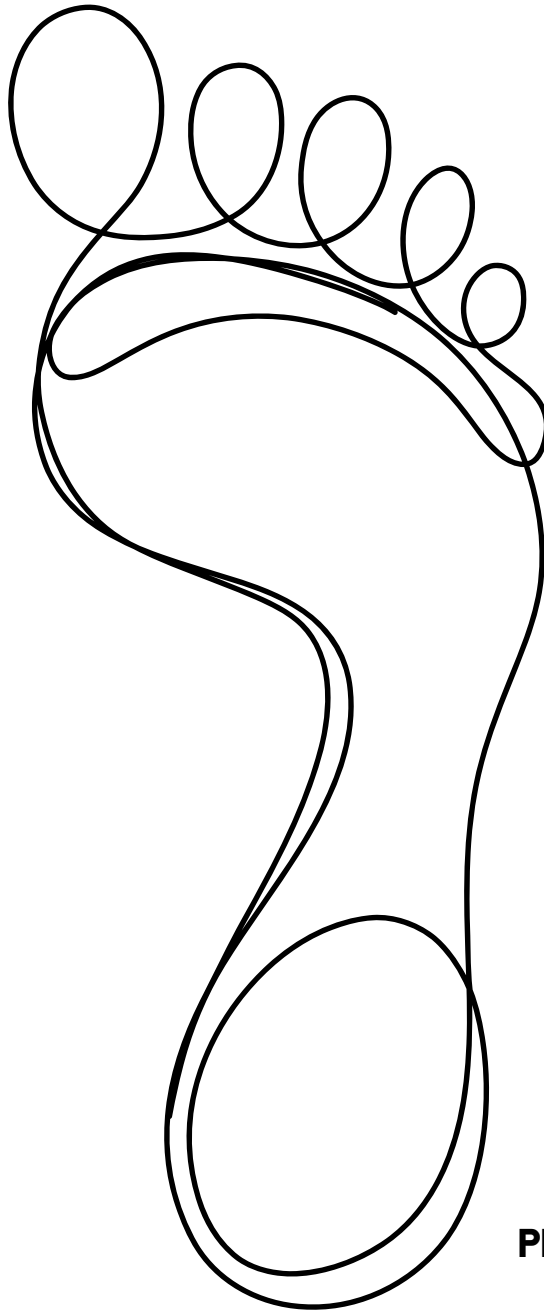




E - NEWSLETTER

MARCH 2024



PRESIDENT STATEMENT

Dr. Zulfiqarali G Abbas

UPCOMING WEBINAR

Tales of Diabetic
Foot Infection

REPORTS ON FLAGSHIP

PROGRAM

D-Foot Awareness Week
10th TtFT Course

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President Statement

As we embark on the year 2024, I, as president of D-Foot International, am amazed at the incredible progress we have all made towards our unwavering goal of "Ending avoidable lower-limb amputations due to diabetes".

As we transverse the timeline through this quarter, each narrative unfolds as a testament to our collective commitment and serves as evidence of our shared dedication working towards of the D-Foot missions and goal. Allow me to extend a warm welcome to those who have recently joined, welcome to D-Foot International—a global force uniting experts across 7 regions to confront the challenges of diabetes-related foot complications.

Our journey over the last quarter began with the **IDF Virtual Congress 2023** where D-Foot International made a significant impression. Prof. Harikrishna KR Nair, Dr. Hermelinda Pedrosa, and myself as board members has the opportunity to exchange perspectives on the evolving landscape of diabetes management. This pivotal event underscores the importance of global unity in our shared mission.

This was followed by a thought-provoking **webinar** delivered by the renowned vascular surgeon **Prof Robert J. Hinchliffe on 9th December 2023**. The webinar delved into great detail about the complicated dynamics between peripheral artery disease and diabetes. This webinar

echoed our continuous dedication to empowering education activities.

Concluding the year 2023, one of our standout moments was our participation in **ESICON** which unfolded in Hyderabad, India from the **14th-17th December 2023**. ESICON 2023 brought together numerous endocrinology societies from across the globe, making it more than merely a gathering. This event created a unique environment for collaboration, information sharing, and the investigation of state-of-the-art developments in endocrinology by bringing together experts from around the world.

The events concluding the year 2023 stands as a shining example of how the **convergence of global expertise and collaboration** can significantly contribute to advancing medical knowledge and ultimately enhancing patient care.

The year 2024, began with a milestone achievement in **Shanghai, China** where a landmark event unfolded from **11th-13th January**. This **conference** not only introduced the Chinese version of the IWGDF international consensus

but also hosted a two-day intensive **Diabetic Foot Care program** hosted by Shanghai Physician Associations and Shanghai Vascular Surgeons. The event served as a collaborative platform, bridging global expertise and unveiling essential guidelines. This initiative reflects a resolute commitment to advancing diabetic foot care standards in China, setting a robust trajectory for the year and beyond.

Additionally, the **10th Train the Foot Trainer (TtFT) program was conducted from the 15th-17th February 2024 in Bled, Slovenia**. This immersive experience facilitated by our esteemed regional advisor Dr. Vilma Urbancic-Rovan, brought together professionals from all around the world. Amidst exchanged perspectives, practical instruction, and cooperative education, attendees not only refined their abilities in managing diabetic foot complications but also made a valuable contribution to an international community of empowered professionals.

A reminder of our dedication to promoting skill development and knowledge sharing among the community.



Dr. Zulfiqarali G. Abbas
MBBS, MMED, DTM&H (UK)
FRCP (Glasgow), FRCP (London)
Consultant Physician
Endocrinologist / Diabetologist

For the upcoming events, D-Foot is thrilled to announce yet another enriching **webinar session scheduled for 9th March 2024, featuring Prof. Eric Senneville**. The topic, 'Tales of Diabetic Foot Infection' promises insightful discussions. D-Foot community envisions a world where every step is a step towards minimizing diabetic foot complications.

Our collective efforts, **reflected in the milestones achieved**, shows the core values of D-Foot: education, collaboration and excellence in diabetes-related foot care.

These accomplishments are a product of collective efforts of our board members, regionals chairs and advisors, and most importantly the active D-Foot members. I take this opportunity to thank everyone for their sincere dedication.

Let us **sustain this momentum, standing together**. I urge every D-Foot member to actively participate in the upcoming events. Your dedication, knowledge, and commitment propel us forward. Together we can profoundly make an impact to the people with diabetes and their loved ones.

BOARD MEMBERS 2023 - 2025



 Prof. Harikrishna K.R Nair
President Elect
MALAYSIA



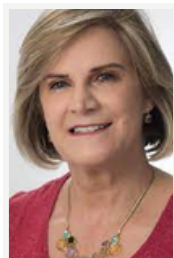
 Dr. Zulfiqarali G Abbas
President
TANZANIA



 Dr. Vijay Viswanathan
Immediate Past President
INDIA



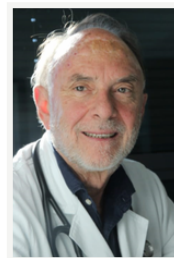
 Mr. Willem van Dyck
Vice President Finance
BELGIUM



 Dr. Hermelinda Pedrosa
Vice President
BRAZIL



 Dr. Mariam Botros
Vice President
CANADA




 Dr. Roberto Anichini
Vice President
ITALY



 Prof. Beata Mrozikiewicz-Rakowska
Vice President
POLAND

NOMINATING COMMITTEE 2023 - 2025



 Prof. Nikolaos Papanas
Past Board Member
GREECE



 Prof. Gulapar Srisawasdi
Regional Chair
THAILAND

Elevate Your Practice with D-Foot International Membership

In the ever-evolving realm of diabetic foot care, being at the forefront of innovation, collaboration, and knowledge is not just an advantage—it's a necessity. D-Foot International beckons you to join a vibrant global community where your commitment translates into impactful change, shaping the narrative of diabetic foot care on a monumental scale.

1. Exclusive Access to Global Expertise:

Step into a world where expertise knows no borders opening doors to an extensive network of professionals, practitioners, and researchers who are defining the standards of diabetic foot care globally.

2. Stay Informed with Cutting-Edge Knowledge:

Ignite your passion for learning with exclusive access to avant-garde knowledge. A plethora of webinars, seminars, and workshops hosted by distinguished professionals.

3. Contribute to Guideline Development:

Become a part of the driving force behind the guidelines and best practices in diabetic foot management. Your membership empowers you to actively contribute to shaping the standards of care in the field.

4. Advocate for Change on a Global Scale:

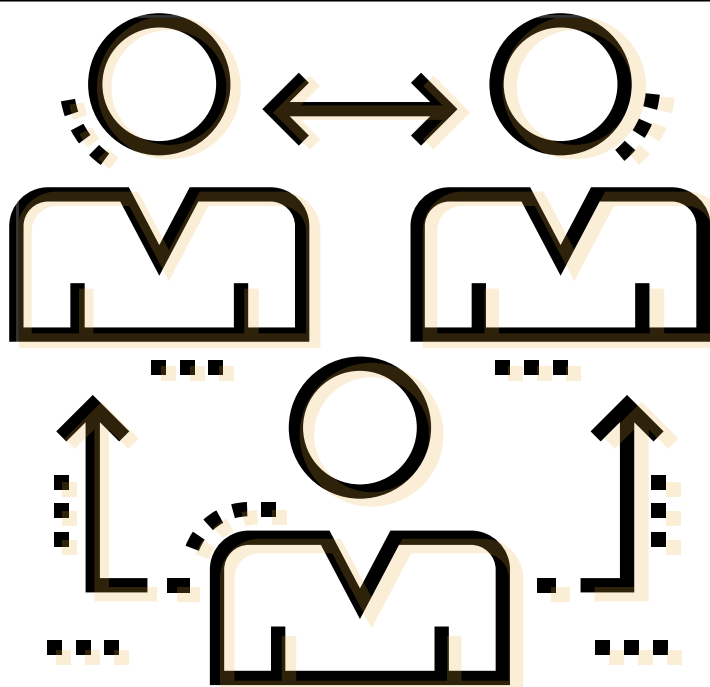
Be a voice for change in diabetic foot care on a global platform. D-Foot International members are integral to advocacy initiatives that aim to reduce lower-limb amputations due to diabetes worldwide.

5. Elevate Your Professional Development:

Unleash your potential with resources designed to elevate your skills and knowledge in diabetic foot care. D-Foot International provides a comprehensive platform for professional development, including training programs, mentorship opportunities, and access to a global community of experts.

6. Collaborate on Cross-Border Research:

Break free from geographical constraints and engage in collaborative research that transcends borders. Connect with like-minded professionals to embark on impactful research projects addressing critical questions in diabetic foot care.



7. Gain Visibility and Recognition: Stand out in the crowd and gain recognition for your contributions to diabetic foot care. A platform to showcase your expertise, share your insights, and be part of a community that celebrates the achievements of its members.

8. Immerse Yourself in a Supportive Community:

Experience the camaraderie of a vibrant community that shares your passion for diabetic foot care. Engage in meaningful discussions, share experiences, and learn from diverse perspectives.

9. Access Exclusive Resources and Tools:

Unlock a treasure trove of resources, publications, and tools curated to support your journey in diabetic foot care. Stay informed with the latest developments and empower yourself with resources needed to make a lasting impact in your practice.

10. Seize Leadership Opportunities:

Be a driving force in shaping the future of D-Foot International. Your membership opens doors to leadership opportunities within committees, working groups, and leadership roles. Actively contribute to the organization's direction and influence the global landscape of diabetic foot care.

Embark on a transformative journey with D-Foot International and redefine what's possible in diabetic foot care. Your membership is not just a membership; it's a pledge to make a difference, one step at a time. Join us in our pursuit of excellence and impact—where passion meets purpose!

So what are you waiting for? For becoming a member, please visit: www.d-foot.org

MEMBERSHIP BENEFITS 2023-2025

- ✓ Global recognition
- ✓ Continuing education
- ✓ Influence policies and guidelines
- ✓ Discounts to D-Foot events
- ✓ Networking opportunities
- ✓ Research opportunities
- ✓ Volunteer opportunities
- ✓ Promotion of Diabetic Foot care awareness

MEMBERSHIP STRUCTURE

2023-2025

High Income countries

EURO
per year

80

Middle Income countries

EURO
per year

40

Low Income countries

EURO
per year

20

Embark on a journey of meaningful impact in diabetic foot care by joining D-Foot International. Seize the chance to be part of a transformative force and contribute to a future where diabetic foot complications are history.



UPCOMING EVENTS



Train the Foot Trainer (TtFT) Course Schedule



8th TtFT SOUTHERN AND CENTRAL AMERICA (SACA) REGION

Facilitators: Dr Yamile Jubiz and
Dr Hemelinda Pedrosa
Where - Barranquilla, Columbia
When - 16th to 19th August 2023



9th TtFT WESTERN PACIFIC (WP) REGION

Facilitator: Dr Harikrishna K.R. Nair
Where - Selangor, Malaysia
When - 6th to 8th October 2023



10th TtFT EUROPE REGION

Facilitator: Dr Vilma Urbancic-Rovan
Where - Bled, Slovenia
When - 15th to 17th February 2024



11th TtFT MIDDLE EAST AND NORTHERN AFRICA (MENA) REGION

Facilitator: Dr Zahid Miyan
Where - Karachi, Pakistan
When - 23rd to 25th August 2024



12th TtFT SUB-SAHARAN AFRICA (SSA) REGION

Facilitator: Dr. Zulfiqarali G. Abbas
Where - Zanzibar, Tanzania
When - 14th to 16th February 2025



11th TtFT MENA MIDDLE EASTERN AND NORTHERN AFRICA REGION War Affected Countries



Dr. Zahid Miyan
REGIONAL CHAIR
D-FOOT



Karachi, Pakistan



23rd to 25th August 2024

12th TtFT SSA SUB-SAHARAN AFRICA REGION



Dr. Zulfiqarali G. Abbas
PRESIDENT
D-FOOT



Zanzibar, Tanzania



14th to 16th February 2025

14:00 CET
WEBINAR
 Saturday

Date	Topic	Speakers
✓ 9th September 2023	A Time to Change the Dogma	Prof. Rayaz Malik 
✓ 9th December 2023	Toe & Flow: PAD and Diabetes	Prof. Robert J. Hinchliffe 
9th March 2024	Tales of Diabetes Foot Infection	Prof. Eric Senneville 
8th June 2024	Wound Classification	Prof. Frances Game 
7th September 2024	Wound Healing Intervention	Prof. Ketan Dhatariya 
7th December 2024	Surgical Aspects of DFU	To Be Announced...
8th March 2025	Biomechanics & Off Loading	
7th June 2025	Prevention of DFU	

TALES OF DIABETIC FOOT INFECTION



Prof. Eric Senneville

D-Foot International is honored to host the eminent **Prof Eric Senneville**, MD, PhD, as the distinguished speaker for its upcoming webinar on **March 9, 2024, at 2:00 pm CET**. Prof Senneville is a Consultant at the Department of Orthopedic, Lille University hospital, and his illustrious career is marked by profound contributions to diabetic foot care.

Prof Senneville is not just a medical professional; he is a visionary in the realm of diabetic foot care. Holding a dual role as Chairman of the International Working Group on the Diabetic Foot Infection (IWGDF) and a member of the panel at the Infectious Diseases Society of America (IDSA), his influence extends globally. His commitment to advancing clinical practice and research in the field of Orthopedics has earned him a reputation as a luminary in the medical community.

D-Foot International invites all healthcare professionals, researchers, and enthusiasts to join this enlightening session.

Webinar Topic: Tales of Diabetes-Related Foot Infections: Insights According to IWGDF

As D-Foot International continues its commitment to knowledge dissemination, Prof Eric Senneville's webinar promises to be a beacon of learning, fostering excellence in diabetic foot care. Prof Senneville's expertise promises a deep dive into crucial aspect of diabetes-related foot complications.

Key Highlights:

1. **Date and Time:** March 9, 2024, at 2 PM CET
2. **Speaker:** Prof Eric Senneville
3. **Topic:** Tales of Diabetic Foot Infection

Be prepared for an engaging session that promises to enhance your understanding of the challenges posed by Diabetic Foot Infection.

Why attend?

1. **In-Depth Insights:** Prof Senneville will share in-depth insights into diabetes-related foot infections, drawing on the comprehensive guidelines established by IWGDF.
2. **Clinical Wisdom:** Explore practical aspects of managing foot infections in diabetic patients, guided by Prof Senneville's wealth of clinical experience.
3. **Global Perspectives:** Gain a global perspective on the latest developments in the management of diabetic foot infections, aligning with the current guidelines endorsed by IWGDF.

At D-Foot International, we are committed to fostering knowledge, collaboration, and innovation in the realm of diabetes-related foot complications. This webinar is a unique opportunity to glean insights from a distinguished expert, and we encourage all our members to join us for this enriching experience.

Your active participation contributes to the collective growth of our community and brings us closer to our mission of ending avoidable lower-limb amputations due to diabetes worldwide.

Just simply scan the barcode to register for the upcoming webinar.

Welcome all D-Foot Members to join!

Join us on this transformative journey towards excellence.

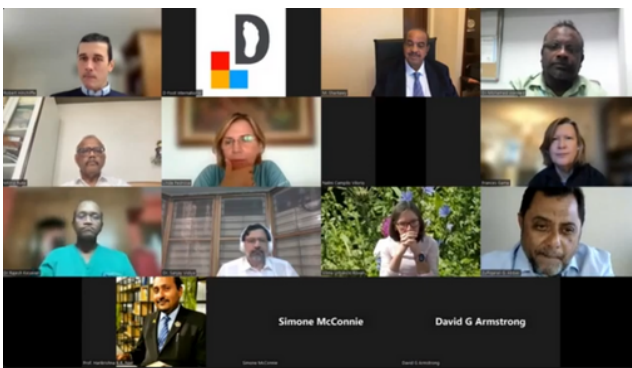


EDUCATIONAL WEBINAR: 9th DEC' 23 TOE & FLOW: PAD & DIABETES

PROF. ROBERT J.
HINCHLIFFE



D-Foot Webinar Series hosting Prof Robert J. Hinchliffe



Attendees included board members, regional chairs, and advisors



Excellent attendance for the webinar series for 2023-25



D - FOOT INTERNATIONAL

On December 9, 2023, D-Foot International welcomed renowned vascular surgeon **Prof. Robert J. Hinchliffe** for an engaging discussion. Prof. Hinchliffe, who is currently a **Professor of Vascular Surgery** at the University of Bristol, brought a lot of experience to the virtual stage. He holds the prestigious titles of MBChB(Bristol), MD(Nott.), FRCS(RCS).

The complex association between peripheral arterial disease (PAD) and diabetes was examined in the webinar, "**Toe & Flow: PAD & Diabetes,**" which was important considering the increased global prevalence of diabetes.

A member of the International Working Group of the Diabetic Foot, Prof. Hinchliffe contributed knowledge gleaned from his vast **clinical and academic experience**. During his lecture, he discussed the **holistic care of diabetic feet** and emphasized the significance of controlling the **complicated vascular issues** linked to diabetes with an all-encompassing approach.

For healthcare professionals, the webinar offered a rare chance to **learn about clinical decision-making in a practical way**. The broad group in attendance received important assistance from Prof. Hinchliffe's nuanced grasp of addressing vascular problems in diabetes patients.

Prof. Hinchliffe discussed current research directions in vascular surgery in addition to clinical considerations.

To sum up, the D-Foot International webinar with Prof. Robert J. Hinchliffe was a knowledge-filled resource that gave the audience a deeper grasp of the issues associated with diabetes feet. These meetings greatly advance patient treatment offering a bright future for advancements in diabetic foot treatment.

DIABETES AWARENESS WEEK #2024



AFRICAN Region	THURSDAY, 7th Nov 2024
SACA Region	FRIDAY, 8th Nov 2024
NACA Region	SATURDAY, 9th Nov 2024
GLOBAL MEET	SUNDAY, 10th Nov 2024
MENA Region	MONDAY, 11th Nov 2024
EUROPE Region	TUESDAY, 12th Nov 2024
SEA Region	WEDNESDAY, 13th Nov 2024
WP Region	THURSDAY, 14th Nov 2024



Picture courtesy by Dr. Zulfiqarali G. Abbas, President of D-Foot International

**WHO HAS THE
SMARTS**

D-FOOT QUIZ

Submitted Picture for
D-Foot International
e-Newsletter

IN THE SPOTLIGHT

A 55 year old man with a history of type 2 diabetes for the past 25 years, comes to the clinic with complaints of numbness in his legs. He mentions that the numbness is burning in nature and worse at night. He has noticed a wound on the bottom of his 2nd right toe that has been oozing pus. His medical history includes diabetic retinopathy.

Upon examination, you observe an open wound on the plantar surface of the right foot on 2nd toe with signs of inflammation.

What bedside foot examination will you conduct for further assessment of the diabetic foot ulcer?

**THE FIRST AND
ONLY
DRESSINGS
RECOMMENDED
BY THE IWGDF
GUIDELINES**



UrgoStart
Contact



UrgoStart *plus*
Pad



UrgoStart *plus*
Border

"Consider the use of **sucrose-octasulfate** impregnated dressings for the treatment of non-infected neuro ischemic diabetic foot wounds"



Sucrose-octasulfate (NOSF) impregnated dressings are **Recommended by the IWGDF Guidelines (2023)**

In 2019, for the first time, the **International Working Group on Diabetic Foot (IWGDF)**

recommended the use of a **sucrose-octasulfate** as standard of care for the treatment of neuro-ischemic *diabetic-related foot ulcers*.



UrgoStart
Contact



UrgoStart plus
Pad



UrgoStart plus
Border

In 2023, the guidelines has been renewed and **confirmed sucrose -octasulfate as standard of care**. The recommendations consider the use of sucrose-octasulfate dressings after a 2 weeks period if insufficient change in wound area with Standard of Care alone (instead of 4-6 weeks in 2019).

WHY DID THEY CHOSE US?

- Due to our **high level of evidence** (considered as high certainty by IWGDF).
- Significantly **faster time to heal** compared to other dressings (Improvement in complete wound healing at week 20).
- Supportive data on our **cost effectiveness** from modeling studies.

UrgoStart **plus**

Treatment Range is:

- ✓ Clinically Proven
- ✓ IWGDF Recommended
- ✓ Confirmed in real life
- ✓ Cost effective

IWGDF Guidelines on the prevention and management of diabetes-related foot disease



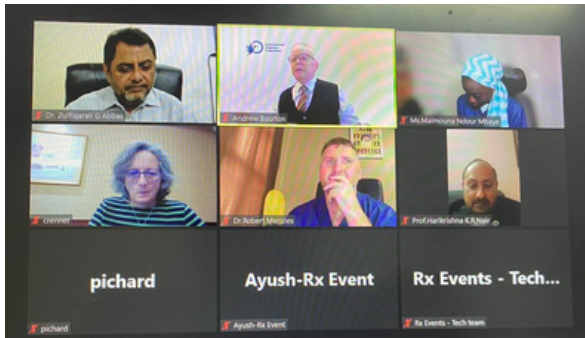
International Working Group on the Diabetic Foot (IWGDF). Wound Healing Interventions Guidelines 2023
<https://iwgdfguidelines.org/wound-healing-2023/>

REGIONAL UPDATES



GLOBAL UPDATES

IDF VIRTUAL CONGRESS 2023



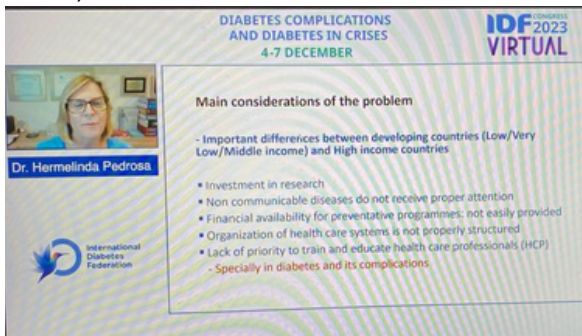
IDF session chaired by Prof. Andrew Bolton with presenters Dr. Abbas, Prof. HariKrishna and Prof. Maimouna



Talk by President of D-Foot International: Dr. Zulfiqarali G. Abbas



Talk by President-Elect of D-Foot International: Prof. HariKrishna KR Nair



Talk by Vice President of D-Foot International: Dr. Hermelinda Pedrosa



In the dynamic landscape of global healthcare, the IDF Virtual Congress 2023 emerged as a pivotal platform for discourse, collaboration, and the exchange of groundbreaking insights. Hosted on the virtual stage, this congress drew the attention of medical professionals, researchers, and stakeholders from around the world, providing a space for the convergence of knowledge and expertise.

At the forefront of this impactful event were key representatives from D-Foot International, contributing their perspectives on the global overview of diabetic foot concerns in specific regions. President Dr. Zulfiqarali G. Abbas, President-Elect Prof. HariKrishna KR Nair, and Vice President Dr. Hermelinda Pedrosa each took the virtual podium to shed light on the unique challenges faced in Sub-Saharan Africa, Malaysia and the Pacific region, and South America, respectively.

Navigating Sub-Saharan Africa: Dr. Zulfiqarali G. Abbas, in his role as President of D-Foot International, presented a comprehensive overview of diabetic foot concerns in Sub-Saharan Africa. The presentation delved into the multifaceted challenges faced by healthcare professionals in the region. Dr. Abbas emphasized the critical need for collaborative efforts and innovative strategies to address these challenges, marking a significant contribution to the global discourse on diabetic foot care.

Insights from Malaysia and the Pacific:

Prof. HariKrishna KR Nair, President-Elect of D-Foot International, brought his expertise to the virtual stage, offering insights into the diabetic foot landscape in Malaysia and the Pacific region. His presentation encompassed a nuanced understanding of the regional nuances, incorporating cultural, economic, and healthcare system perspectives.

Addressing Diabetic Foot in South America:

Dr. Hermelinda Pedrosa, Vice President of D-Foot International, took the virtual audience on a journey through the diabetic foot landscape in South America. Her presentation provided a detailed exploration of the region's healthcare infrastructure, prevalent risk factors, and the ongoing efforts to tackle diabetic foot complications.

The participation of D-Foot International's key figures in the IDF Virtual Congress 2023 underscored the organization's commitment to driving positive change on a global scale. Beyond individual presentations, these contributions collectively added to the growing body of knowledge that informs the development of strategies and interventions for effective diabetic foot care.

IDF Virtual Congress 2023 served as a dynamic forum where leaders and experts shared their insights on the global landscape of diabetic foot complications.

IDF, IWGDF AND D-FOOT 2023 DIABETIC FOOT TRAINING



Rationale

As part of its 2021-2023 Collaboration Plan with the World Health Organization (WHO), the International Diabetes Federation (IDF) has to organize two capacity building trainings for healthcare professionals from low- and middle-income countries (LMICs) on diabetic foot prevention and management.

2023 Diabetic Foot Training

In 2023, IDF will invite a number of healthcare professionals from LMICs with limited knowledge on the diabetic foot area to join the IDF 2023 Virtual Congress and follow the diabetic foot and neuropathy stream.

This 2023 training is supported by the International Working Group for Diabetes Foot (IWGDF) and D-Foot International.

Objectives

- Support WHO in strengthening capacity building and service delivery to reduce foot complications by training health care staff in line with WHO's recommendations for diabetes management.
- Facilitate access of healthcare professionals from LMICs to the IDF 2023 Virtual Congress.

Content of the 2023 Diabetic Foot Training

The 2023 Diabetic Foot Training is a comprehensive exploration of essential aspects of diabetic foot care. Covering global perspectives, it addresses societal roles, Charcot Foot updates, infection management, and the impact of therapeutic interventions on neuropathy.

From the intricacies of footwear in diabetic foot health to insights on pain management, sexual dysfunction, and the diagnosis of diabetic neuropathy, the training provides a thorough understanding. Healthcare professionals gain valuable knowledge on pathogenetic treatments, guidelines, and a holistic approach to diabetic foot care, making it an indispensable resource for enhancing patient outcomes.

Participants' Benefits

Participants will gain a nuanced understanding of neuropathy, encompassing somatic and autonomic manifestations. Emphasis is placed on early diagnosis through screening for preventing complications. The session delves into the pathophysiology of diabetic neuropathies, highlighting the absence of pathogenetic treatments and proposing various symptomatic treatments for painful neuropathy. A comprehensive insight into pathogenesis and prevention of diabetic foot issues will be offered, along with evidence-based treatments for DFU. The content extends to incorporating updated guidelines from the American Diabetes Association and the IWGDF into everyday clinical practice.

The 2023 Diabetic Foot Training has selected 30 delegates from Low- and Middle-Income Countries to occur on 5-7th December 2023.

D-Foot is thrilled about ongoing collaborations with IDF and IWGDF, anticipating a future filled with innovative projects and impactful initiatives.



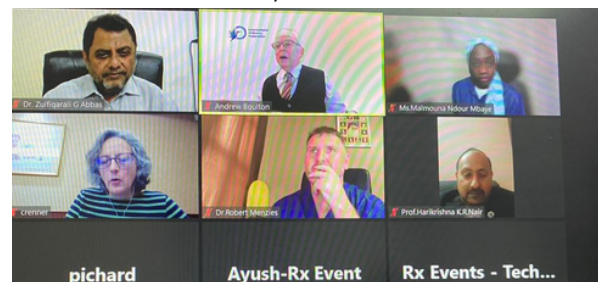
Talk by Chair of IWGDF and regional advisor of D-Foot: Prof. Frances Game



Talk by Dr. V. Mohan



Talk by regional advisor of D-Foot: Prof. Maimouna N. Mbaye



Interactive discussion during the IDF Virtual Congress 2023

AFRICAN REGION

University of Abuja Pioneering MSc in Diabetes Education



Prof. Felicia Anumah, Director of Diabetes Center, University of Abuja



Introducing the first ever Masters in Diabetes Education in Africa

In a groundbreaking move toward enhancing healthcare education, the University of Abuja has achieved a significant milestone by offering the first Master's in Diabetes Education (MSc DME). This achievement not only reflects the university's commitment to advancing medical education but also addresses a crucial need for specialized knowledge in the field of diabetes.

The launch of the MSc DME program marks a strategic response to the increasing global prevalence of diabetes, a chronic condition that demands specialized attention and care. The program is designed to equip healthcare professionals with advanced skills and knowledge to effectively address the challenges posed by diabetes in the Nigerian and global context.

The curriculum of the MSc DME program is likely to cover a spectrum of topics, ranging from the fundamental principles of diabetes management to the latest advancements in diabetes education and patient care. Participants can expect to delve into areas such as the epidemiology of diabetes, diagnostic techniques, treatment modalities, and the psychological aspects of diabetes management.

This pioneering initiative aligns with the global trend of recognizing the importance of specialized education in managing chronic conditions. Diabetes, in particular, requires a comprehensive understanding that goes beyond routine medical training. By offering the first MSc in Diabetes Education, the University of Abuja is taking a proactive step toward producing a cadre of professionals equipped to meet the evolving needs of individuals living with diabetes.

The introduction of this master's program is also expected to have positive implications for healthcare delivery in Nigeria. As graduates of the MSc DME program enter the workforce, they are likely to contribute significantly to improving diabetes care, not only through direct patient interactions but also by becoming educators and advocates within their communities.

In conclusion, the University of Abuja's launch of the first Master's in Diabetes Education is a landmark achievement that holds great promise for both healthcare professionals and individuals affected by diabetes.

Dr. Zulfiqarali G. Abbas &
Prof. Felicia Anumah



UNIVERSITY OF ABUJA

The University for National Unity, The UofA of Nigeria!

P.M.B. 117, ABUJA

SCHOOL OF POSTGRADUATE STUDIES

APPLICATION FOR SALE OF ADMISSION FORM INTO MASRER'S PROGRAMME IN DIABETES EDUCATION 2023/2024 ACADEMIC SESSION.

Applications are invited from suitably qualified candidates for admission into the **Master's programme in Diabetes Education**, in the Department of Medicine, Faculty of the Clinical Sciences for the 2023/2024 Academic Session.

AIM

The aim of the programme is to enhance the knowledge and skills of healthcare professionals to provide practices, effective care and self-management education for people with diabetes and their families.

ELIGIBILITY

1. Those eligible for the programme include nurses with BSc, dieticians, pharmacists, physicians and clinical psychologists.
2. Candidates who have the passion to be involved in the education, care and management of people living with diabetes in the community.

ENTRY REQUIREMENTS

Applicants seeking admission into the MSc Diabetes Education must fulfill the following entry requirements:

- Possession of five (5) O'Level credit passes in relevant subjects including Mathematics and English Language
- First degree in health-related course from a recognized institution
- All candidates who have professional bodies must have registered with them

DURATION

The professional MSc in Diabetes Education programme is structured to last for three (3) semesters.

METHOD OF APPLICATION

Prospective candidates are requested to apply as follows:

1. Visit <https://portal.uniabuja.edu.ng>
2. Click on "Click here to apply"
3. On the left pane, click on **Available Portals**
4. Select **Postgraduate**
5. Follow the instructions to complete the application

APPLICATION FEE

A non-refundable application fee of **N20,500 (Twenty Thousand, Five Hundred Naira)** only should be paid to the University of Abuja on the application portal.

D-Foot International & Kilimanjaro Christian Medical Center



Group photo of the KCMC/D-Foot International collaboration

In a significant leap forward in the realm of diabetic foot care, KCMC Hospital is set to host a comprehensive four-day training event from the 5th to the 8th of February 2024. This transformative initiative is the fruit of a dynamic and innovative partnership between KCMC and D-Foot International.

At the forefront of this collaborative effort are specialists renowned in the field of diabetic foot care, each bringing unique expertise to the training sessions. The distinguished team includes Dr. Zulfiqarali G. Abbas, a Consultant Physician, Diabetologist, and Endocrinologist; Dr. Sjef Bal, a Vascular Surgeon; Dr. Erick Manning, a Wound Specialist; and Mr. Tim Van Dunn, a Podiatrist. Together, they are set to conduct an immersive training program designed to empower healthcare professionals across various disciplines related to diabetic foot care.



Dr. Zulfiqarali G. Abbas delivering a talk to the enthusiastic learners

The training program, tailored for medics and paramedics from surgical, medical, orthopedic, and orthotics disciplines, spans four days of intensive learning. The curriculum is meticulously crafted to include theoretical insights, practical applications, and hands-on workshops, ensuring a well-rounded educational experience for all participants.



Dr. Abbas, Dr. Manning, Dr. Dunn, and Dr. Bal conducting a workshop on diabetic foot care

The synergy between D-Foot International and KCMC Hospital is a shared commitment to advancing the standards of diabetic foot care on a global scale. By pooling their collective expertise and resources, these institutions are not only elevating the knowledge and skills of healthcare professionals but also fostering a collaborative spirit that is vital in tackling the multifaceted challenges of diabetic foot complications.



Dr. Dunn delivering an excellent talk on diabetic foot care

As the global prevalence of diabetes continues to rise, collaborative efforts of this nature become increasingly critical. D-Foot International, a global alliance dedicated to addressing diabetes-related foot complications, brings its wealth of experience and insights to this partnership. The organization's commitment to education, collaboration, and excellence aligns seamlessly with the goals of this training initiative.

The joint venture between D-Foot International and KCMC Hospital brings together professionals from diverse disciplines converge to enhance their skills, making strides towards a future where diabetic foot complications are effectively managed and, ultimately, prevented.



A Gift of Healing: D-Foot Equipment Donation in Dakar, Senegal



Prof. Maimouna and her team together with Ministry of Health of Senegal receiving foot equipment from D-Foot International



An excellent receipt of the foot care equipment



Prof. Maimouna, her team and Ministry of Health of Senegal



the 23rd of January 2024, marked a pivotal moment as we gathered for the reception of D-Foot equipment sent under the Dakar project. The distinguished attendees included our Ministry of Health representative, the Hospital Director, the partner who facilitated the dressing room extension, along with esteemed colleagues, encompassing diabetologists, vascular and orthopedic surgeons, dedicated nurses, and myself.

In expressing heartfelt gratitude on behalf of our patients and the Ministry of Health, our team extends sincere appreciation to D-Foot International for this invaluable gift. The donated equipment holds the promise of significantly improving our patients' management and providing enhanced working conditions for our healthcare professionals.

This generous contribution aligns with our shared commitment to advancing diabetes care. The extension of the dressing rooms, made possible through collaboration, signifies a step forward in creating an environment conducive to efficient healthcare delivery. The inclusion of state-of-the-art D-Foot equipment further empowers our healthcare practitioners, enabling them to deliver even more comprehensive and effective care to individuals affected by diabetes.

As we embark on this journey of improved diabetes care in Dakar, the impact of D-Foot International's benevolence reverberates beyond the walls of our hospital. It echoes a spirit of global collaboration and solidarity in the face of diabetes-related challenges. Together, we are not just recipients of equipment; we are partners in a shared mission to enhance the lives of those affected by diabetes.

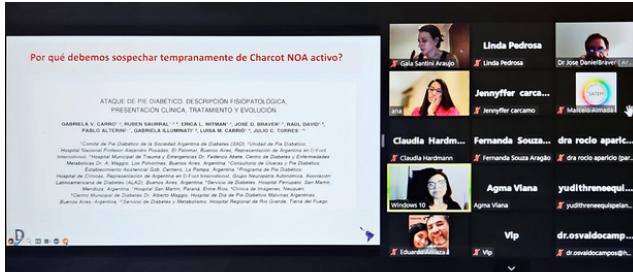
This donation is a beacon of hope, illuminating a path toward better health outcomes and improved quality of life for individuals grappling with diabetes in Dakar. We anticipate that this enhanced infrastructure and cutting-edge equipment will not only streamline our healthcare processes but also contribute significantly to the well-being of our patients.

Our heartfelt appreciation knows no bounds, and we look forward to the positive transformations this collaboration will bring to the landscape of diabetes care in Dakar. The synergy between D-Foot International and our local healthcare community exemplifies the profound impact possible when organizations unite for a common cause.

Prof. Maimouna N Mbaye

SACA REGION

D-Foot SACA Scientific Webinars 2024: Igniting Dialogues, Fostering Expertise



D-Foot South America-Central America (SACA) Scientific Webinars for 2024 kicked off with a dynamic blend of insights and expertise. The virtual platform echoed with the voices of 86 participants, eager to absorb the wealth of knowledge shared by distinguished experts from Argentina and Brazil.

The first edition of the webinars featured three speakers: Drs. Gala Araújo, Marcelo Almada, and Nurse Maria Lucoveis, each bringing their unique perspectives to the fore. Chaired by the adept leadership of Drs. Jose Daniel Braver and Ana Cristina Ravazzani De Almeida Faria, the session unfolded as a collaborative symphony of expertise.

Dr. Gala Araújo, an authority in the field, delved into critical aspects of diabetic foot care, enriching the audience with her profound insights. Meanwhile, Dr. Marcelo Almada provided a nuanced understanding of the intricacies involved in managing diabetic foot complications, drawing from his extensive clinical experience. Nurse Maria Lucoveis, a vital member of the healthcare team, illuminated the crucial role of nursing in holistic diabetic care.

Building on this momentum, the upcoming second webinar, scheduled for March 5, promises to delve into the intricate realm of Charcot Neuro-Osteoarthopathy with Ulcer with 3 talks on:

1. Skin and Soft Tissue Infection in Charcot Foot: Why is Differential Diagnosis Important? Dr. Natalia Bello.
2. Clinical and Imaging Diagnosis of Charcot Foot with Osteomyelitis: What to Do with What We Have? Dr. Francisco Salvador.
3. Treatment: Surgery or Amputation? Dr. Ana Cecilia Parise.

The success of the initial webinar reflects not just the expertise of the speakers but also the hunger for knowledge within the diabetic care community.



Inauguration of 1st SACA Scientific Webinars on 21st February 2024

D-FOOT international
REGION SACA

2da. WEBINAR CIENTIFICA 2024
Aprendiendo con los expertos

Neuro-Osteoartropatia de Charcot Con Ulcera

Moderadores: Dr. José Daniel Braver (Argentina)
Dra. Yudith Quispe (Perú)

1. Infección de piel y partes blandas en Pie de Charcot. ¿Por qué es importante el diagnóstico diferencial?
Dra. Natalia Bello
2. Diagnóstico clínico e imagenológico de Pie de Charcot con Osteomielitis ¿Qué hacer con lo que tenemos?
Dr. Francisco Salvador
3. Tratamiento: Cirugía o amputación?
Dra. Ana Cecilia Parise

ZOOM
ID de reunión: 891 8267 1281
Código de acceso: 296393

UNIRSE DIRECTAMENTE EL DIA Y HORA DEL EVENTO

MARTES 05 MARZO 2024
21.00 a 22.30 hs. Argentina, Brasil

21 HS - 9 PM Argentina, Brasil, Chile (GMT-3) 19 HS - 7 PM Colombia, Ecuador, México, Panamá, Perú (GMT-5)
20 HS - 8 PM Puerto Rico, Rca, Dominicana (GMT-4) 18 HS - 6 PM Costa Rica, El Salvador, Guatemala, Honduras, Nicaragua (GMT-6)

D-FOOT international
REGION SACA

2da. WEBINAR CIENTIFICA 2024
Aprendiendo con los expertos

Neuro-Osteoartropatia de Charcot Con Ulcera

DRA. NATALIA BELLO

Infección de piel y partes blandas en Pie de Charcot. ¿Por qué es importante el diagnóstico diferencial?

- Medica Especialista en Medicina Interna e Infectología
- Medica de Planta de División Infectología y Miembro del Equipo de Pie Diabético del Hospital de Clínicas "JSM" UBA, Buenos Aires, Argentina.
- Miembro de Comisión de infecciones Osteoarticulares de SADI (Sociedad Argentina de Infectología).
- Miembro de la Comisión de Heridas DM de AIACH (Asociación Interdisciplinaria Argentina de Cicatrización de Heridas)

D-FOOT international
REGION SACA

2da. WEBINAR CIENTIFICA 2024
Aprendiendo con los expertos

Neuro-Osteoartropatia de Charcot Con Ulcera

DR. FRANCISCO SALVADOR SAGÚEZ

Diagnóstico clínico e imagenológico del Pie de Charcot con Osteomielitis ¿Qué hacer con lo que tenemos?.

- Médico especialista en Medicina Interna e Infectología.
- Asesor del Ministerio de Salud de Chile y co-autor de Orientaciones Técnicas de Pie Diabético 2018 y 2022
- Miembro del Grupo Latinoamericano de Investigación en Pie Diabético (GLIPID)
- Presidente y Fundador de la Asociación Chilena de Pie Diabético (ASOCHIPIED)
- Miembro Fundador de la Asociación Latinoamericana de Pie Diabético (ALAPID) y Delegado por Chile.

D-FOOT international
REGION SACA

2da. WEBINAR CIENTIFICA 2024
Aprendiendo con los expertos

Neuro-Osteoartropatia de Charcot Con Ulcera

DRA. ANA CECILIA PARISE

Tratamiento: Cirugía o amputación?

- Medica Especialista en Traumatología
- Especialista en Pie y Tobillo - Hospital Italiano de Buenos Aires
- Cirujana acreditada de la Sociedad Argentina de Cirugía y Medicina del Pie y Pierna (Samecipp)
- Miembro del Comité de Pie Diabético Samecipp

Advancing Diabetes Care through Reflection and Innovation, Dominican Republic

In Santo Domingo city, Dominican Republic on Saturday, February 3, the event "360 Approach to the Patient with Diabetes and its Complications" unfolded as a resounding success. Catering specifically to diabetes doctors, the gathering boasted an audience eager to delve into the multifaceted aspects and challenges confronting patients with this condition.

A Day of Insightful Exploration

The day, graced by the presence of esteemed figures in the diabetes field, was divided into thematic blocks that provided a holistic and up-to-date view of diabetes patient care. Dr. Dolores Mejía commenced the proceedings with a presentation on the "Role of Nutrition in the Management of Diabetes," spotlighting the impact of myo-inositol on insulin sensitivity.

Following this, Dr. Máxima Méndez delved into the concept of "Patient Appropriate Care: Focus on Non-HDL and its Influence on Global Cardiovascular Risk," introducing novel and practical perspectives to enhance medical care. Dr. Nailini Campillo took the stage to enlighten the audience on "New Advances in the Treatment of the Diabetic Foot," sharing crucial information about the latest innovations in this clinically significant area.

Concluding the series of presentations, Dr. María Luisa Hernández led a practical workshop on "Continuous Glucose Monitoring and its Impact on the Care of Patients with Diabetes," providing attendees with tangible tools to enhance the management and control of this chronic disease.

More Than a Conference: An Exchange of Ideas

This event not only served as a platform for scientific updates but also fostered the exchange of ideas and experiences among attendees. Such interactions enriched collective knowledge and strengthened the medical community's dedication to diabetes patient care.



360 Approach attendees during the event



Dr. Nalini C. Vilorio and her team

Crucially, the success of this educational and training initiative was made possible through the support and collaboration of D-Foot International. This team, dedicated to improving the quality of life for people with diabetes, actively contributed to the event's success, underlining the significance of continuous medical updates.

A Recap of Enriching Moments

In summary, the "360 Approach to the Patient with Diabetes and its Complications" proved to be an enriching and motivating event. It not only reaffirmed the commitment of the medical community but also highlighted its constant pursuit of best practices and strategies for the comprehensive management of this crucial chronic disease.

The success of this gathering lies not just in the wealth of information shared but in the collaborative spirit that permeated every session. As the medical community continues to forge ahead, fueled by events like these, the journey towards better diabetes care takes on a more promising and enlightened path.

Dr. Nalini Campillo Vilorio

EUROPE REGION

10TH TRAIN THE FOOT TRAINER

In the heart of Bled, Slovenia, the 10th Train the Foot Trainer (TtFT) program unfolded from February 15th to 17th, 2024. This event, a cornerstone initiative of D-Foot International, held a unique significance as Healthcare Professionals (HCPs) from various corners of the world gathered to delve into the intricacies of diabetic foot care.

The chief facilitator of this educational event was Dr. Vilma Urbancic-Rovan, a respected D-Foot regional advisor whose expertise shaped the program's agenda. Her leadership played a pivotal role in ensuring that the curriculum resonated with the evolving challenges and advancements in diabetic foot care.

The TtFT program aimed at empowering HCPs by providing advanced insights into the realm of diabetic foot care. Beyond theoretical knowledge, the program incorporated hands-on sessions and case studies, offering practical insights that could be directly applied in clinical settings.

A diverse assembly of professionals, engaged in interactive workshops and intricate discussion creating a dynamic learning environment for the betterment of patient care. This approach enriches diagnostic and therapeutic skills among HCPs.

The program was not confined to structured sessions; it became a platform for networking and knowledge exchange. Attendees seized the opportunity to connect with peers, fostering a global community dedicated to advancing diabetic foot care. This collaborative ethos has become synonymous with D-Foot initiatives.

Among the distinguished attendees were key figures in the field, including President of D-Foot International, Dr. Zulfiqarali G. Abbas, Vice Presidents Dr. Roberto Anichini and Prof Beata Mrozikiewicz-Rakowska, and esteemed contributors such as Prof Kristien Van Acker, Prof Stephen Morbach, Prof Neil Baker, and regional advisor Prof Frances Game.

The impact of the 10th TtFT program reverberated globally. We believe HCPs returned to their respective regions armed with enhanced skills, contributing to the overarching mission of D-Foot International – to reduce avoidable lower-limb amputations due to diabetes on a global scale.

Reflecting on the success of the program, it provides a glimpse into the future of diabetic foot care. The commitment, collaboration, and knowledge shared during this event set the stage for further advancements in the field. It underscores D-Foot International's unwavering dedication to creating a world where diabetic foot complications are minimized through education and collaboration.

In conclusion, the 10th TtFT program in Bled stands as a testimony of progress in the diabetic foot care education. It is not only empowered HCPs with advanced skills but also fostered a global community dedicated to our mission of Ending avoidable lower-limb amputations due to diabetes.

Dr. Vilma Urbancic-Rovan &
Dr. Zulfiqarali G. Abbas



Group photo of the attendees of the 10th Train the Foot Trainer Program at Bled, Slovenia



Chair of IWGDF: Prof. Game and President of D-Foot International: Dr. Abbas



Facilitator of 10th TtFT: Dr. Vilma and President of D-Foot International: Dr. Abbas



Dr. Zulfiqarali G. Abbas, President of D-Foot International chairing session of Prof. Frances Game, Chair of International Working Group of Diabetic Foot



Dr. Kristen and Dr. Vilma with the board members of D-Foot International



Prof. Frances Game



Dr. Pauline Wilson



Dr. Zulfiqarali G. Abbas



Delegates of the 10th Train the Foot Trainer Program at Bled, Slovenia



Board members of D-Foot International



Fruitful discussion with President of D-Foot and Chair of IWGDF



10th Train the Foot Trainer Program



SEA REGION ESICON 2023

Prof. Felix K. Jebasingh, Dr. Ashu Rastogi, Dr. Zulfiqarali G. Abbas, and Dr. Nihal Thomas

As we reflect on the remarkable moments of 2023, one standout highlight was our active participation in ESICON 2023, an event that transcended the conventional boundaries of medical conferences. Held from the 14th to the 17th of December in Hyderabad, India, ESICON 2023 was a multifaceted gathering, combining the 52nd annual conference of the Endocrine Society of India, the 2nd annual conference of the Endocrine Society of Telangana, and the 6th Biennial SAFES International Endocrine Summit.

ESICON 2023 wasn't just another medical conference; it represented a global convergence of multiple endocrinology societies. This unique event provided a space where experts from around the world could collaborate, exchange knowledge, and explore cutting-edge advancements in the field of endocrinology.

The discussions at ESICON went beyond the conventional scope of medical conferences, delving into multidimensional aspects of endocrinology. These discussions resonated deeply with the mission of D-Foot International, especially in the context of our

commitment to comprehensive diabetic foot care. The insights shared and advancements presented during ESICON were not only enriching for the participating experts but also held significant importance in shaping our approach to diabetic foot complications.

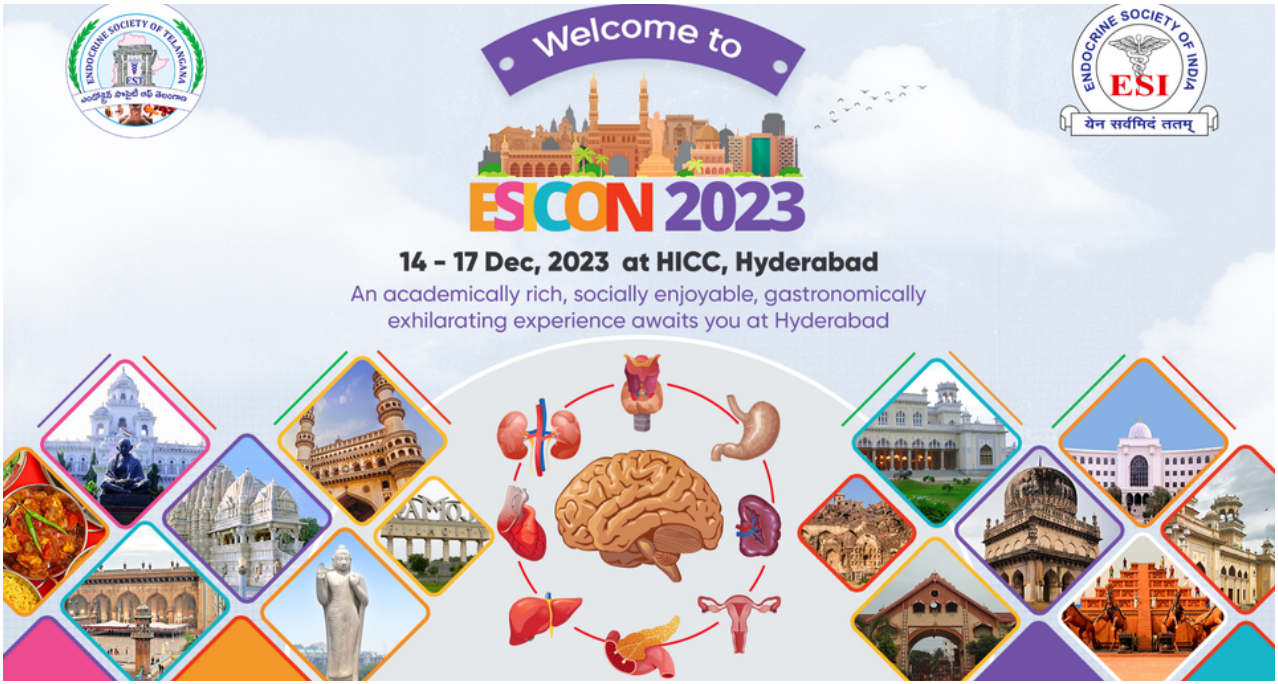
Furthermore, ESICON 2023 showcased the power of unity within the medical community. The collaboration of multiple endocrinology societies underscored a shared commitment to addressing the complex challenges posed by endocrine disorders, including diabetes. This collaboration is intrinsic to our vision of comprehensive diabetic foot care, recognizing the interconnectedness of various medical disciplines in the pursuit of effective solutions.

In essence, ESICON 2023 stands as a shining example of how the convergence of global expertise and collaboration across multiple endocrinology societies can significantly contribute to advancing medical knowledge. This, in turn, enhances our ability to provide more effective and holistic patient care, aligning perfectly with the principles and objectives of D-Foot International.



14 - 17 Dec, 2023 at HICC, Hyderabad

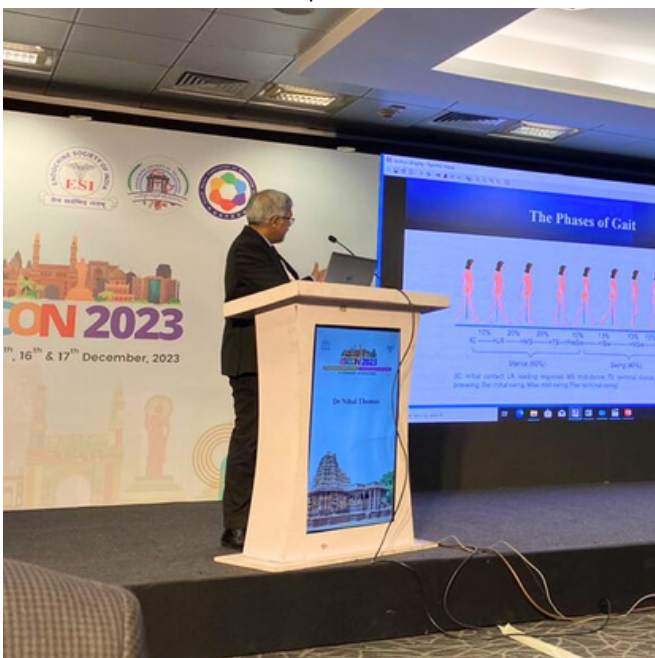
An academically rich, socially enjoyable, gastronomically exhilarating experience awaits you at Hyderabad



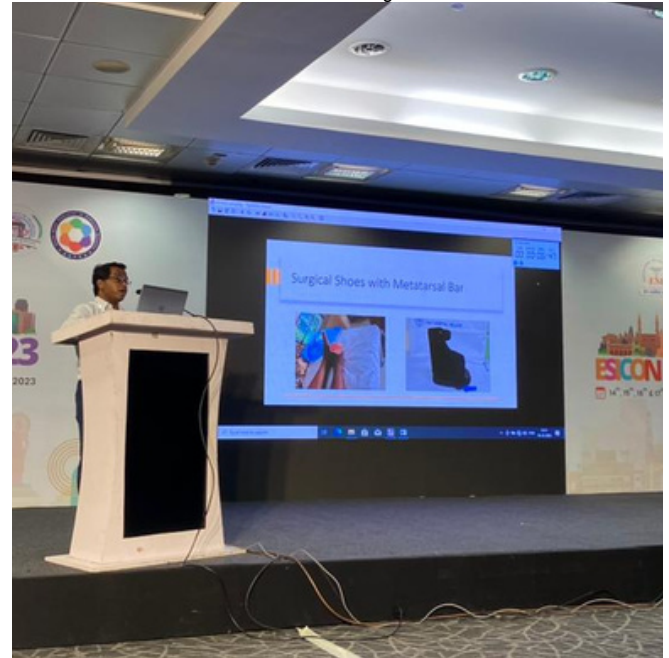
Dr. Zulfiqarali G. Abbas



Dr. Ashu Rastogi



Dr. Nihal Thomas



Prof. Felix Jebasingh

CME at Christian Medical College Vellore, India



In a quest to unravel the complexities surrounding the diabetic foot, the Department of Endocrinology, Diabetes & Metabolism at CMC Vellore hosted an enlightening CME on 'The Foot in Diabetes' on December 12th, 2023. This academic rendezvous, held at Wheeler Hall, CMC Town Campus, brought together a consortium of medical minds dedicated to advancing the understanding and management of diabetic foot complications.

The event commenced with an aura of reverence, as Chaplain Saramma initiated proceedings with a word of prayer, setting a reflective tone for the intellectual discourse that followed. Dr. Nihal Thomas, Senior Professor in the Department of Endocrinology, extended a warm welcome, setting the stage for a day of insightful deliberations.

Dr. Jachin Velavan, Associate Director, Missions at CMC Vellore, added a touch of distinction to the event as the Chief Guest, joining remotely via Zoom. Dr. Velavan's virtual presence marked the beginning of a journey into the nuances of diabetic foot care.

A highlight of the CME was the esteemed presence of Dr. Zulfiqarali G. Abbas, President of D-Foot International. His keynote address, titled "Insights into the guidelines for infection and the diabetic foot," served as a comprehensive guide to understanding and navigating the complexities of diabetic foot infections. Dr. Abbas, as a luminary in the field, brought forth a wealth of knowledge, enriching the audience with practical insights and evidence-based guidelines.

Dr. Prabhu Premkumar, Professor in the Department of Vascular Surgery, delved into the realm of peripheral arterial disease in diabetic foot infections.

His discourse intricately explored the triad of neuropathy, trauma, and vascular disease, emphasizing the delicate balance required in surgical management.

The session unfolded further with Dr. Emmanuel Lazarus, Associate Professor of General Surgery, Unit-I, shedding light on the challenging domain of "Lower Limb Necrotising Fasciitis." Dr. Lazarus emphasized the need for early intervention, navigating through the subtleties of this rapid-progressing condition that poses a significant threat.

Dr. Felix Jebasingh, Professor in the Department of Endocrinology, brought attention to the often-overlooked aspect of primary prevention of foot ulcers. His insights underscored the importance of identifying and managing conditions affecting the skin, bone, and nails to prevent the progression to ulcers and potential amputations.

The CME concluded with a presentation by Mrs. Bharathi, Charge Nurse & Diabetes Educator, who provided valuable insights into the "Secondary prevention of ulcers: it's what you wear." Through visual aids, Mrs. Bharathi demonstrated the principles and practices governing offloading of the diabetic foot, a critical aspect in enhancing patient outcomes.

A distinguished panel of specialists, including Dr. Cecil Thankachan Thomas, Dr. Shashank Lamba, and Dr. Bobeena Rachel Chandy, presided over the event, adding their expert commentary and fostering a holistic understanding of diabetic foot care.

In essence, the CME served as a confluence of expertise, fostering a collaborative spirit to tackle the challenges posed by diabetic foot complications.

Wound Sights: Mumbai Surgical Society

In the pursuit of knowledge and collaboration, the Mumbai Surgical Society recently organized a groundbreaking webinar focused on wound care, a vital aspect of diabetic foot management. This enlightening event featured prominent figures in the field, including the President of D-Foot International, Dr. Zulfiqarali G Abbas, President-Elect Prof. Harikrishna KR Nair, the Past Immediate President, Dr. Vijay Viswanathan, and regional advisor Dr. Milind Ruke.

The webinar, a collaborative effort by the Mumbai Surgical Society, provided a comprehensive platform to delve into the intricacies of wound care. Wound management is of paramount importance, particularly in the context of diabetic foot complications, where timely and effective interventions can significantly impact patient outcomes.

Dr. Abbas, a luminary in diabetology, set the stage with a compelling exploration of the "Diabetic Foot Epidemic: A Global Perspective." His insightful overview not only brought attention to the pervasive challenges globally but also advocated for collaborative strategies to address and mitigate the impact of diabetic foot complications.

Following this, Prof. Nair delved into "Advances in Diabetic Foot Management," shedding light on cutting-edge approaches poised to redefine patient outcomes. His presentation underscored D-Foot International's commitment to staying at the forefront of advancements that translate into tangible improvements in diabetic foot care.

Dr. Vijay Viswanathan, with an abundance of experience, shared reflections on "Diabetic Foot Disease: An Indian Experience." His presentation provided a nuanced understanding of the unique challenges in the Indian context and offered successful strategies to tackle diabetic foot disease effectively.

Adding a layer of practicality, regional advisor Dr. Milind Ruke took the spotlight with "Clinical Surgery Made Easy." Dr. Ruke's insights into surgical interventions for diabetic foot complications were not just a demonstration of clinical acumen but a valuable resource for healthcare professionals seeking to enhance their practical skills.

The WoundSight Webinar wasn't confined to a specific geography; its digital platform facilitated a global audience. As the presentations unfolded, a common thread emerged – a collective call to action. The diverse perspectives and expertise did not just showcase the latest advancements; it ignited a shared resolve to confront the diabetic foot epidemic head-on.



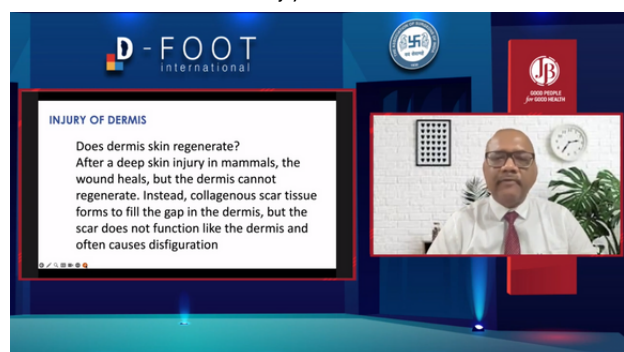
Dr. Zulfiqarali G. Abbas



Prof. Harikrishna KR Nair



Dr. Vijay Viswanathan



Dr. Milind Ruke



International Diabetic Foot Management Course, India

In the realm of diabetic foot care, the recent Diabetic Foot Management Course which took place on 17th December 2023, orchestrated in collaboration with D-Foot International, stands as a testament to the transformative power of education and collaboration. The course, not only attracted diverse healthcare professionals but left an indelible mark on participants from various peripheral regions of the state.

The course, graced by the presence of Dr. Abbas, President of D-Foot International, bore witness to the organization's unwavering commitment to enhancing diabetic foot care globally. His presence not only added prestige to the event but also provided invaluable support and guidance that resonated positively with all participants.

A cohort of approximately 40 healthcare professionals, including 36 primary care physicians, 2 plastic surgeons (one international participant), and 2 orthopedicians, converged for an intensive learning experience. The aim was clear: to empower these professionals as the first point of contact for diabetic foot problems. Equipped with essential skills, participants learned to assess, identify, and manage diabetic foot issues effectively.

Central to the course's success was the provision of a comprehensive screening toolkit. This toolkit included crucial instruments such as 10gm monofilaments, 128Hz tuning forks, infra-red thermometers, pressure mapping papers, AIM-R, risk stratification tools, and peak plantar pressure redistribution enablers. The emphasis was placed on early referrals to higher foot care teams, aligning with a proactive commitment to comprehensive patient care.

A notable highlight of the course was the launch of the Diabetic Foot Screening Mobile App, a brainchild of Dr. Bharat Kotru and Team. This technological innovation represents a paradigm shift in diabetic foot care, enabling both healthcare professionals and patients to conveniently assess the risk levels of foot-related complications. The app, designed for usage both in clinics and remotely, empowers patients to actively participate in monitoring their foot health, fostering early intervention and improved patient outcomes.

The outcomes of the course were not merely measured by certificates but by the active engagement and positive feedback from participants. The interactive discussions and hands-on training sessions were met with enthusiasm, reflecting the course's effectiveness in meeting the diverse needs of the participants.



Dr. Bharat Kotru



Dr. Zulfi Qarali Abbas

President - D-foot International
Chair, Pan-Africa Diabetic Foot Study Group
Consultant Physician, Endocrinologist and
Diabetologist in Tanzania



Prof. R. Gary Sibbald

Executive Director of Woundpedia
MD FRCPC, MACP, FAAD, MEd. FAPWCA
Professor of Public Health Sciences and Medicine
University of Toronto Canada
Director IIWCG
Lead of Project ECHO Ontario Skin and Wound



Dr. Abbas, President of D-Foot International, Prof Gary Sibbald, Exec Director of Woundpedia and Dr. Gulnaz Tariq, President of World Union of Wound Healing Society



Organizing committee with distinguished guests

21ST DFSICON 2024 10TH IADFS 2ND D FOOT INTERNATIONAL

Venue : The Westin Mumbai Powai Lake

Dates : 27th - 29th September 2024

Theme :

Interact
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1st time in India



International Congress of Diabetic Foot



Diabetic Foot
Society of India

27th - 29th
September
2024



International
Association
of Diabetic
Foot Surgeons



For the 1st time 3 organisations
across the globe are coming together at

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In the ever-evolving landscape of diabetic foot care, a recent conference emerged as a pivotal forum, bringing together distinguished experts and scholars to illuminate the progress and frontiers in the field. The event, structured as a dynamic amalgamation of lectures and case discussions, served as a knowledge nexus where the multidisciplinary facets of diabetic foot care were meticulously explored.

Renowned experts, revered for their contributions to vascular surgery-diabetic foot, graced the conference to share their perspectives on recent advancements. The collective goal was to dissect the complexities of diabetic foot management and chart the trajectory for future innovations.

A highlight of the conference was the launch of the Chinese version of the 2023 IWGDF guidelines. Dr. Zulfiqarali G. Abbas, President of D-Foot International, and other leading scholars were invited to partake in this significant milestone. The introduction of the Chinese version symbolizes a crucial update to the domestic diagnosis and treatment standards for diabetic foot, aligning them with the latest international guidelines. This harmonization ensures that healthcare professionals in China have access to the most contemporary and globally recognized protocols in diabetic foot care.

The cohort of 24 trainees who participated in the conference. All of them, hailing from 17 provinces and representing 23 hospitals across 19 cities, were seasoned doctors holding positions as associate physicians or above. The diversity in their departmental affiliations, spanning wound repair, endocrinology, burns, diabetic foot disease, and vascular surgery, underscored the holistic approach taken in addressing diabetic foot complications.

The conference delved into the intricacies of diagnostic and therapeutic challenges associated with diabetic foot treatment. Experts engaged in robust discussions, meticulously sorting out relevant treatment strategies and sharing clinical insights. The real essence of the event unfolded in the sharing session of actual clinical cases. Each participating expert brought forth their unique perspectives, exchanging insights and experiences, thereby enriching the collective pool of knowledge.

This multidisciplinary conference stands as a testament to the dedication of the healthcare community in advancing diabetic foot care. By embracing the latest international guidelines, launching critical updates, and fostering collaborative learning, the conference has undoubtedly left an indelible mark on the landscape of diabetic foot management in China.



Launching of IWGDF for Chinese Version hosted by Dr. Zulfiqarali G. Abbas and Prof. Zhangrong Xu



Prof. Zhangrong Xu



Dr. Zulfiqarali G. Abbas



Prof. Dong Zhihui presented a shield of appreciation by D-Foot International



Faculty Members



Visit to the Zhongshan Hospital, Fudan University, Shanghai, China



Dr. Zulfiqarali G. Abbas



Prof. Dong Zhihui



Prof. Dong Zhihui



Prof. Zhangrong Xu



Prof. Zhangrong Xu and Dr. Zulfiqarali G. Abbas



Training in session



Diabetic Foot Care Training in session



Diabetic Foot Care Training at Beijing, China

In a significant stride toward global collaboration in healthcare, Dr. Zulfikarali G. Abbas, President of D-Foot International, recently conducted an educational and training session in Beijing, China. The visit encompassed a comprehensive training program and collaborative engagements with medical institutions, reinforcing D-Foot's commitment to advancing diabetic foot care on an international scale.

The training session, a pivotal component of the visit, served as a platform for Dr. Abbas to share his extensive expertise in diabetic foot care with a diverse audience of healthcare professionals. The interactive session delved into the intricacies of managing diabetic foot complications, emphasizing a multidisciplinary approach for effective patient care.

Further extending the outreach, Dr. Abbas visited the Vascular Surgery Department at Xuan Wu Hospital, part of Capital Medical University, where he delivered insightful talks. The engagement went beyond theoretical discussions as Dr. Abbas actively participated in hospital ward rounds, providing hands-on training to the medical staff. This practical dimension of the visit aimed to enhance the application of theoretical knowledge in clinical settings. This hands-on aspect of the visit aimed to bridge the gap between theory and practice, enhancing the application of knowledge in real clinical settings.



The collaborative spirit was amplified by the warm hospitality extended by Prof Lianrui Guo, Chief Surgeon at the Vascular Surgery Department, and Prof Yongquan Gu, Chairman of the International Union of Angiology (IUA) from 2016 to 2018. Their gracious welcome not only facilitated the exchange of expertise but also exemplified the bonds forged through international healthcare collaborations.

Dr. Abbas's visit to Beijing represents a strategic endeavor to create a ripple effect in the realm of diabetic foot care. By sharing knowledge, fostering collaborations, and providing hands-on training, D-Foot International aims to contribute significantly to the global effort to reduce avoidable lower-limb amputations due to diabetes.

The impact of this visit radiates far beyond the immediate setting in Beijing. It aligns with D-Foot's overarching mission to establish a network of empowered healthcare professionals globally—individuals armed with the latest insights and practical skills to navigate the complex challenges posed by diabetic foot complications.

The impact of this visit extends beyond the immediate setting in Beijing. It aligns with D-Foot's overarching mission to create a network of empowered healthcare professionals globally, equipped with the latest insights and practical skills to address the complex challenges of diabetic foot complications. The exchange of knowledge, the practical training, and the establishment of professional connections all contribute to a shared vision—a future where avoidable amputations become a rarity rather than a reality.



Dr. Zulfiqarali G. Abbas



Training in session



Dr. Zulfiqarali G. Abbas delivering a talk during the training session for diabetic foot care



Dr. Zulfiqarali G. Abbas with Prof Lianrui Guo and Prof Yongquan Gu team



Dr. Zulfiqarali G. Abbas and Prof Wang visitation to foot wear department



Dr. Zulfiqarali G. Abbas with Prof Li and Prof Wang



Dr. Zulfiqarali G. Abbas, Prof Li and Prof Wang ready for training

DIABETIC FOOT IMPLEMENTATION GRANT: GO-FOR-IT

Seize the opportunity to make a tangible impact in diabetic foot care through the Diabetic Foot Implementation Grant: GO-FOR-IT.

Grant Highlights:

- **Objective:** To stimulate local/national/regional implementation of aspects of the IWGDF guidance document in collaboration with D-Foot International.
- **Grant Amount:** €12,500 awarded to enable and facilitate the project.
- **Applicant Criteria:** D-Foot International member with a preference for applicants from Low-Middle-Income Countries.
- **Project Duration:** Begin January 2025 - Complete May 2026

Application Details:

- **Application Form:** Fill in the application available on barcode below. Must be submitted with concept note and proposal.
- **Concept Note and Proposal:** Details on guidance for the concept note and proposal available on barcode below.

Important Dates:

- **Application Deadline:** 31st July 2024
- **Jury Meeting:** September 2024
- **Winner Announcement:** 14th November 2024

This grant is not just a funding opportunity; it's a chance to contribute to the advancement of diabetic foot care globally.

For any inquiry: Please contact the D-Foot International Secretariat: secretariat@d-foot.org

To access: The application form and guidance document for the concept note and proposal, visit the D-Foot website: <https://d-foot.org/news/diabetic-foot-implementation-grant-go-for-it/>



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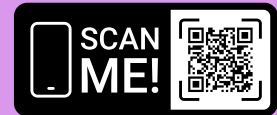
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Manifesto 2023-2025



For any newsletter contribution, event advertisement, or related content. Please contact:



secretariat@d-foot.org



president@d-foot.org

Dear Esteemed Readers,

As we settle in 2024, I would like to send each and everyone of you my warmest greetings and my gratitude for your ongoing support of and participation in the D-Foot International e-newsletter. Your dedication is what motivates us to work together towards our shared mission to end avoidable lower-limb amputations caused by diabetes at a global scale.

In this edition, we present to you a collection that reflect our steadfast commitment to this cause. from insightful writings to powerful partnerships, every story highlights the combined efforts of people and groups brought together by a shared goal.

A special welcome to our new members and a sincere "welcome back" to our returning readers. Your dedication to being involved is a cornerstone of our collective endeavor to bringing positive change in the lives of people with diabetes.

We would also like to take this moment to extend our gratitude to Mr. Muhammad Abbas Gangji for his exceptional design skills that have lent a visually appealing touch to our D-Foot website. Additionally, our heartfelt thanks go out to Mr. Ali Salim, our dedicated secretariat, whose efforts behind the scenes ensure the smooth functioning of D-Foot International.

As we reflect on our past achievements and embark on new projects, I am filled with optimism. Your engagement and support fuel our shared journey towards a future where avoidable amputations are annals of history. With the dawn of this new year, I extend my warmest wishes for joy, prosperity, and success.

Thank you.

Newsletter Coordinator.



Raidah R Gangji
BSc Biomedical
Science

Members of Nominating Committee 2023-2025

President-Elect

Harikrishna K.R. Nair

Immediate Past President

Vijay Viswanathan

Previous Vice-President

Nikolaos Papanas

Regional Chair

Gulapar Srisawasdi

Provisional Dates 2025

Dates for Nominations:

10th February to 10th March 2025

Dates for Election:

10th April to 24th April 2025

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GENERAL ASSEMBLY AND CONFERENCE
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