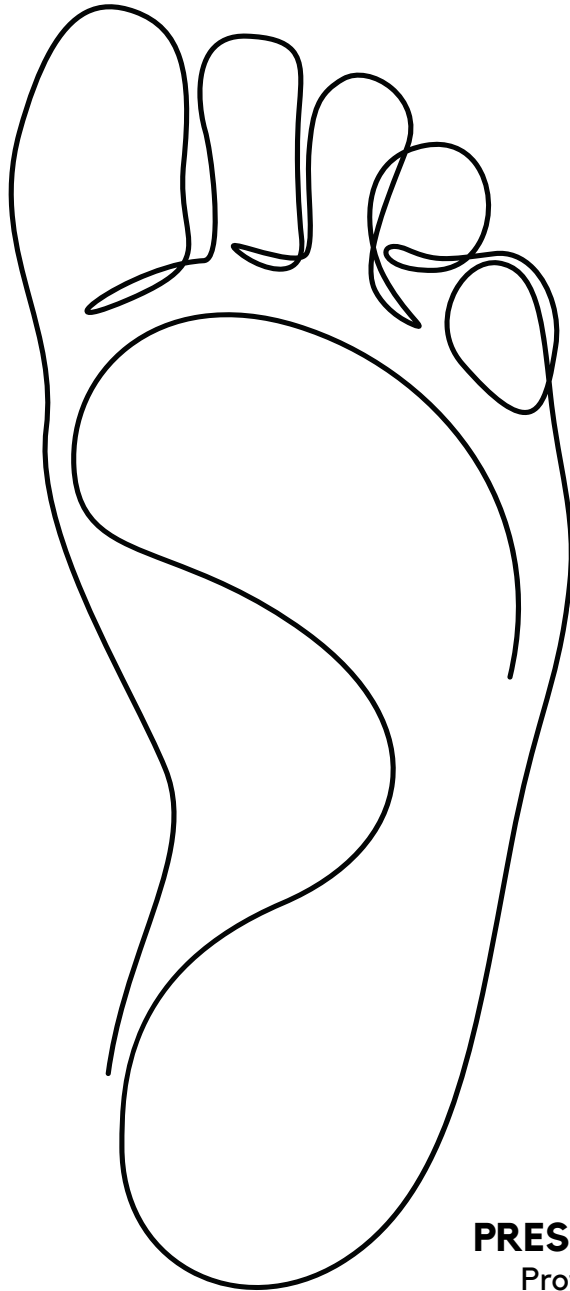




# E - NEWSLETTER

OCTOBER 2024



## **PRESIDENT STATEMENT**

Prof. Zulfiqarali G Abbas

## **UPCOMING WEBINAR**

Surgical Aspects of DFU

## **REPORTS ON FLAGSHIP PROGRAM**

D-Foot Awareness Week

11th & 12th TtFT Course

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# President Statement

*I, as president of D-Foot International, am amazed at the incredible progress we have all made towards our unwavering goal of "Ending avoidable lower-limb amputations due to diabetes".*

As we transverse the timeline through this quarter, each narrative unfolds as a testament to our collective commitment and serves as evidence of our shared dedication working towards of the D-Foot mission and goal. Allow me to extend a warm welcome to those who have recently joined, welcome to D-Foot International—a global force uniting experts across 7 regions to confront the challenges of diabetes-related foot complications.

I am constantly inspired by the dedication, knowledge, and collaborative spirit displayed by all of you across the world. Together, we continue to work tirelessly toward our mission of "Ending avoidable lower-limb amputations due to diabetes worldwide." Through education, prevention, and clinical guidance, we are making impactful strides in diabetes-related foot care across all seven regions of D-Foot International.

I am pleased to take this opportunity to reflect on several significant events that have recently taken place within our community.

On 8th June 2024, we hosted a webinar featuring Prof. Frances Game, Chair of the International Working Group on the Diabetic Foot (IWGDF). Prof. Game delivered a comprehensive and insightful talk on Wound Classification, providing an updated overview of the IWGDF guidelines and shedding light on best practices for clinicians worldwide. The session was attended by healthcare professionals from various regions, and the interactive nature of the discussion allowed for an enriching exchange of knowledge and practical approaches.

On 7th September 2024, we hosted another impactful webinar, this time with Prof. Ketan Dhatariya, who presented on Wound Healing Interventions. His expertise in this area provided participants with valuable insights into the latest advances in managing and promoting wound healing, which is critical in preventing diabetic foot complications and ultimately reducing amputations. Prof. Dhatariya's session underscored the importance of timely interventions, a key element in reducing diabetes-related morbidity and mortality.

From 15th to 19th August 2024, we held the highly anticipated 11th Train the Foot Trainer (TtFT) Africa Region course in Zanzibar, Tanzania. The event brought together 16 pairs of doctors and nurses from 12 English-speaking African countries to focus on strengthening clinical and educational skills in diabetes-related foot care. The esteemed faculty members included Prof. Frances Game, Prof. Harikrishna K.R. Nair (President-elect of D-Foot International), Prof. Zahid Miyan (Chair of MENA Region D-Foot International), and Dr. Faraja Chiwanga. Their contributions were instrumental in equipping participants with essential tools and knowledge to improve foot care in their regions. I want to extend my heartfelt thanks to Getz Pharma and Planet Pharmaceutical for their sponsorship, which made this transformative event possible.

Shortly after, on 24th and 25th August 2024, we hosted the 12th TtFT MENA Region course along NADEP Diabetes Foot Con 2024 in Karachi, Pakistan. Once again, this gathering was a resounding success, as healthcare professionals from across the MENA region came together to enhance their skills and



**Prof. Zulfikarali G. Abbas**  
MBBS, MMED, DTM&H (UK)  
FRCP (Glasgow), FRCP (London)  
Consultant Physician  
Endocrinologist / Diabetologist

collaborate on best practices for diabetic foot care. I commend our faculty and participants for their continued dedication to improving patient outcomes through education and shared knowledge.

Between 9th and 13th September 2024, we witnessed the gathering of 19th Annual Meeting of the Diabetic Foot Study Group. This momentous event underscored the global commitment to combating diabetes and its complications, and I am proud to report that D-Foot International's mission was well-represented.

The 21st DFSICON 2024, the 10th Annual IADFS, and the 2nd D-Foot International Conference, held on September 27th to 29th, 2024, in India marked a historic collaboration between three leading organizations in diabetic foot care. This groundbreaking conference set a new benchmark in collaborative efforts to combat diabetes-related foot complications and prevent amputations worldwide.

I look forward to continuing this journey with all of you, and I am excited about the future of diabetic foot care that we are building together.

**BOARD MEMBERS 2023 - 2025**





Prof. Harikrishna K.R. Nair  
President Elect  
MALAYSIA




Prof. Zulfiqarali G. Abbas  
President  
TANZANIA




Dr. Vijay Viswanathan  
Immediate Past President  
INDIA

Mr. Willem van Dyck  
Vice President Finance  
BELGIUM




Dr. Hermelinda Pedrosa  
Vice President  
BRAZIL




Dr. Mariam Botros  
Vice President  
CANADA





Dr. Roberto Anichini  
Vice President  
ITALY




Prof. Beata Mrozikiewicz-Rakowska  
Vice President  
POLAND

**NOMINATING COMMITTEE 2023 - 2025**

Prof. Nikolaos Papanas  
Past Board Member  
GREECE




Prof. Gulapar Srisawasdi  
Regional Chair  
THAILAND

# Unlocking Research Opportunities with D-Foot International: Collaborate, Train, and Learn

Diabetes-related foot complications are among the most severe consequences of diabetes, leading to foot ulcers, infections, and, too often, lower-limb amputations. As the global prevalence of diabetes continues to rise, so does the need for effective research and intervention to address these complications. D-Foot International is on a mission to end avoidable lower-limb amputations due to diabetes, and research is a key pillar of this effort.

At D-Foot International, we recognize the importance of research in advancing diabetes foot care and improving patient outcomes. Our focus is to foster collaboration, support education, and nurture the next generation of researchers and healthcare professionals. Here's how you can engage with D-Foot's research initiatives and make a lasting impact:

## 1. Collaborative Research Projects

D-Foot International brings together healthcare professionals, academic institutions, and organizations from across the globe to work on collaborative research projects. By pooling expertise and data from various regions, we can tackle the complexities of diabetic foot complications with a global perspective.

We encourage healthcare professionals from different regions to join forces, explore new treatment protocols, and conduct studies that focus on real-world outcomes. Collaborating on research not only broadens the scope of inquiry but also provides insights into how diabetic foot complications manifest and are managed in different populations. By working together, we can develop effective strategies that are not only locally relevant but also globally impactful.

By participating in collaborative research, you can be a part of a larger global effort to improve diabetic foot care and reduce the incidence of amputations. The cross-border collaboration facilitated by D-Foot International strengthens the research community and ensures that healthcare professionals worldwide can benefit from shared knowledge.

## 2. Train the Foot Trainer (TtFT)

D-Foot International's flagship program, Train the Foot Trainer (TtFT), offers healthcare professionals the opportunity to receive hands-on training in diabetic foot care. But the impact of TtFT extends far beyond the classroom. Participants of the course are encouraged to engage in research that tracks the effectiveness of the care they provide after the training.

Through the TtFT courses, healthcare professionals can measure patient outcomes, analyze the long-term effects of foot care protocols, and generate valuable data that can drive policy changes and improved clinical practices. This program not only enhances your skills as a healthcare provider but also positions you as a researcher capable of contributing critical findings to the global body of knowledge on diabetic foot care.

By participating in TtFT, you are not only learning but also creating the opportunity to conduct meaningful research that will shape the future of diabetic foot care. The data generated through these research initiatives can serve as a benchmark for healthcare systems worldwide.

## 3. Educational Programs and Access to Leading Experts

At D-Foot International, we are committed to cultivating future leaders in diabetic foot research. While we do not have a formal mentorship program, we offer something equally valuable: access to some of the most profound pioneers in diabetic foot care. These global experts are available to guide and lead you as you develop your research skills.

Whether you are working on a small-scale study or a larger research project, the support and expertise from these seasoned professionals can help you navigate challenges and enhance the quality of your work. With access to these thought leaders, D-Foot International offers a nurturing environment where you can grow as both a healthcare provider and a researcher.

By focusing on collaboration, training, and mentorship, D-Foot International provides healthcare professionals with unique opportunities to engage in impactful research. If you're ready to join the research journey, explore the opportunities D-Foot International has to offer and make your mark in the future of diabetic foot care.

Together, we can tackle the challenges of diabetic foot complications and create meaningful change for patients across the globe.



# MEMBERSHIP BENEFITS 2023-2025

- ✓ Global recognition
- ✓ Continuing education
- ✓ Influence policies and guidelines
- ✓ Discounts to D-Foot events
- ✓ Networking opportunities
- ✓ Research opportunities
- ✓ Volunteer opportunities
- ✓ Promotion of Diabetic Foot care awareness

## MEMBERSHIP STRUCTURE

2023-2025

High Income countries

**EURO**  
per year

**80**

Middle Income countries

**EURO**  
per year

**40**

Low Income countries

**EURO**  
per year

**20**

Embark on a journey of meaningful impact in diabetic foot care by joining D-Foot International. Seize the chance to be part of a transformative force and contribute to a future where diabetic foot complications are history.




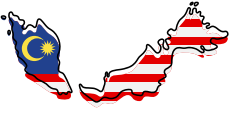










**JOIN NOW!**

# UPCOMING EVENTS



# Regional Train the Foot Trainer Course Schedule

#TtFT	Facilitators	Date & Location
 8th TtFT SACA Region	Dr. Yamile Jubiz Prof. Hermelinda Pedrosa	Barranquilla, Columbia 16-19th August 2023 
 9th TtFT WP Region	Prof. Harikrishna KR Nair	Selangor, Malaysia 6-8th October 2023 
 10th TtFT Europe Region <i>Eastern</i>	Dr. Vilma Urbancic-Rovan	Bled, Slovenia 15-17th February 2024 
 11th TtFT Africa Region <i>English-speaking</i>	Prof. Zulfiqarali G. Abbas	Zanzibar, Tanzania 15-19th August 2024 
 12th TtFT MENA Region	Prof. Zahid Miyan	Karachi, Pakistan 23-25th August 2024 
13th TtFT Europe Region <i>Western</i>	Prof. Roberto Anichini	Pistoia, Italy 4-5th April 2025 
14th TtFT Africa Region <i>French-Speaking</i>	Prof. Zulfiqarali G. Abbas	Kilimanjaro, Tanzania 25-27th April 2025 



# 13th TtFT EUROPE REGION WESTERN EUROPE COUNTRIES



Prof. Roberto Anichini  
**VICE PRESIDENT**  
**D-FOOT**



Pistoia, Italy



4th - 5th April 2025

# 14th TtFT SSA SUB-SAHARAN AFRICA REGION FRENCH SPEAKING COUNTRIES



Prof. Zulfiqarali G. Abbas  
**PRESIDENT**  
**D-FOOT**



Kilimanjaro, Tanzania



25th - 27th April 2025

14:00 CET  
**WEBINAR**  
 Saturday

Date	Topic	Speakers
✓ 9th September 2023	A Time to Change the Dogma	Prof. Rayaz Malik 
✓ 9th December 2023	Toe & Flow: PAD and Diabetes	Prof. Robert J. Hinchliffe 
✓ 9th March 2024	Tales of Diabetes Foot Infection	Prof. Eric Senneville 
✓ 8th June 2024	Wound Classification	Prof. Frances Game 
✓ 7th September 2024	Wound Healing Intervention	Prof. Ketan Dhatariya 
7th December 2024	Surgical Aspects of DFU	Prof. Dr. Dane Wukich 
8th March 2025	Prevention of Foot Ulcers in Persons with Diabetes	Dr. Jaap Van Netten 
7th June 2025	Biomechanical and Offloading	Prof. Dr. Sicco A. Bus 



## **Prof. Dr. Dane Wukich**

M.D., is Professor and Chair of the Department of Orthopaedic Surgery at UT Southwestern, where he holds the Dr. Charles F. Gregory Chair in Orthopaedic Surgery. He is also the Medical Director of Orthopaedic Surgery at UT Southwestern University Hospitals.

### **Topic**

Surgical Aspects of DFU  
According to IWGDF

### **Date and Time**

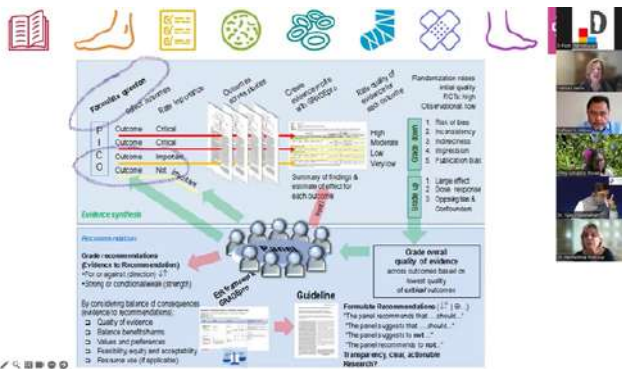
7th December, 2024  
At 2:00 PM CET



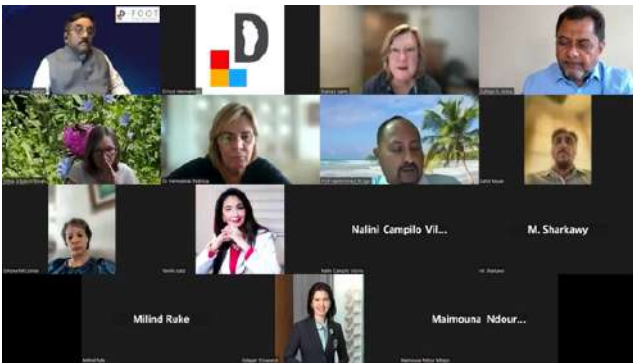
SCAN  
**ME**  TO  
REGISTER

For more details email;  
[secretariat@d-foot.org](mailto:secretariat@d-foot.org)

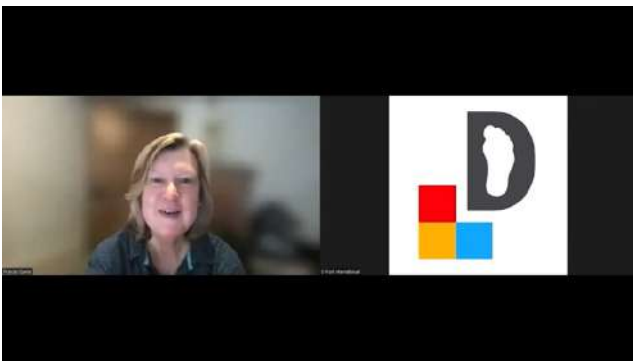
# EDUCATIONAL WEBINAR: 8th JUN' 24 WOUND CLASSIFICATION



Prof. Frances is hosted in webinar series for wound classification



Excellent attendance for the webinar series for 2023-25



Prof. Frances: Chair of International Working Group of Diabetic Foot (IWGDF)



On June 8th, 2024, D-Foot International hosted an insightful webinar featuring Prof. Frances Game, Chair of the International Working Group of Diabetic Foot (IWGDF), who delivered a vital presentation on wound classification. The session drew healthcare professionals from across the globe, eager to improve their understanding of diabetic foot care.

Prof. Game emphasized the importance of accurate wound classification systems, such as the SINBAD and WIFI classification, in guiding clinical decision-making and improving patient outcomes. By assessing factors like wound depth, infection, and ischemia, these classification systems help healthcare providers determine the most appropriate treatment paths, ultimately reducing the risk of severe complications, including amputations.

Prof. Game also highlighted the latest updates from the IWGDF guidelines, reinforcing the need for evidence-based practices in diabetic foot care. Her presentation aligned closely with D-Foot International's mission of ending avoidable lower-limb amputations through enhanced education, training, and professional guidance.

The session concluded with a lively Q&A, where Prof. Game responded to questions on the practical challenges of wound classification, particularly in low-resource settings. Her advice underscored the importance of education and training in improving patient care globally.

This webinar is part of D-Foot International's mission to 'Ending avoidable lower-limb amputations due to diabetes worldwide' and the goal 'To prevent and reduce the number of unnecessary amputations from diabetes worldwide & improve the quality of their life'.

# EDUCATIONAL WEBINAR: 7th SEPT' 24 WOUND HEALING INTERVENTION

PROF. KETAN  
DHATARIYA

On September 7th, 2024, D-Foot International proudly hosted an engaging webinar with Prof. Ketan Dhatariya, focusing on cutting-edge wound healing interventions. With the increasing need to address the growing challenge of diabetic foot complications, this session provided an opportunity for healthcare professionals to enhance their understanding of the latest advancements in wound care.

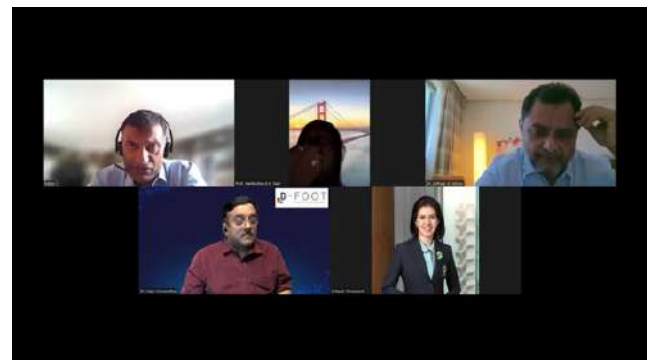
Prof. Dhatariya, an esteemed figure in diabetic foot care, discussed a variety of modern interventions designed to improve healing outcomes. Topics covered ranged from advanced wound dressings to emerging technologies such as negative pressure wound therapy and the role of oxygen in wound healing. He also touched on practical steps that healthcare providers can implement in everyday clinical practice, focusing on efficiency and reducing the risk of amputation.

This webinar aligned closely with D-Foot International's mission to prevent avoidable lower-limb amputations due to diabetes. Through educational initiatives like these, D-Foot is empowering healthcare professionals worldwide to make a real impact on the lives of people with diabetes, offering solutions that can significantly improve patient care and outcomes.

Prof. Dhatariya's webinar highlighted the importance of continuous education in the ever-evolving field of diabetic foot care, and participants left with actionable insights to apply in their practice.



Prof. Ketan is hosted for a talk on wound healing intervention



Excellent attendance for the webinar series for 2023-25



Prof. Ketan Dhatariya



# DIABETES AWARENESS WEEK #2024



<b>AFRICAN Region</b>	THURSDAY, 7th Nov 2024
<b>SACA Region</b>	FRIDAY, 8th Nov 2024
<b>NACA Region</b>	SATURDAY, 9th Nov 2024
<b>GLOBAL MEET</b>	SUNDAY, 10th Nov 2024
<b>MENA Region</b>	MONDAY, 11th Nov 2024
<b>EUROPE Region</b>	TUESDAY, 12th Nov 2024
<b>SEA Region</b>	WEDNESDAY, 13th Nov 2024
<b>WP Region</b>	THURSDAY, 14th Nov 2024



# GLOBAL MEET



**SUNDAY**

10th November 2024



**TIME**

2:00 PM CET



**Prof. Andrew JM Boulton**

MD, DSc (Hon), FACP, FICP, FRCP

President, Worldwide Initiative for Diabetes Education

Chair, EURADIA: Alliance for European Diabetes Research. Professor of Medicine, University of Manchester and Visiting Professor, University of Miami, FL. Consultant Physician, Manchester Royal Infirmary. Immediate Past-President, International Diabetes Federation (2019-2022).

Past-President, European Association for the Study of Diabetes (2011-2015).

## TOPIC

**Lifetime Experience in the Field of Diabetes-Related Foot Complications and Global Progress: A Journey of Five Decades**



**TO REGISTER**



# AFRICA REGION



**THURSDAY**

7th November 2024



**TIME**

6:00 PM CET

## CHAIRS OF THE SESSION



**ZULFIQARALI G ABBAS, TANZANIA**



**MAIMOUNA Mbaye, SENEGAL**

## SPEAKERS



**DR. FRANK MUKONDE**  
KALULUSHI, ZAMBIA

**TOPIC:** From Theory to Practice: Addressing Zambia's High-Risk Foot Challenges



**ASS. PROF. PAULOS EFREM**  
ADDIS ABABA, ETHIOPIA

**TOPIC:** Ethiopia's Approach to Diabetic Foot Care: Strategies, Successes, and Setbacks



**DR. ALOYS TUYIZERE**  
KIGALI, RWANDA

**TOPIC:** D-Foot Awareness in Rwanda: Current Trends and Future Directions



**DR. JOY KAMAU**  
GATUNDU, KENYA

**TOPIC:** Case Presentation: Transforming Diabetic Foot Care in Kenya



**DR. NEZAR ABUOJAYLAH**  
BENGHAZI, LIBYA

**TOPIC:** Libya's Journey Towards Improved Diabetic Foot Care: Success Stories and Lessons Learned



**PROF. BAHA ZANTOUR**  
MAHDIA, TUNISIA

**TOPIC:** Tunisia's Battle Against Diabetic Foot Ulcers: Screening Methods and Efficacy



**DR. RALIYATU HABIBU**  
KATSINA, NIGERIA

**TOPIC:** Confronting the Challenges of Managing DFU in Nigeria: A Case Study Exploration



**DR. RAIDAH R. GANGJI**  
DAR ES SALAAM, TANZANIA

**TOPIC:** Antibiotic Stewardship Approach for Diabetic Foot Infections in Resource-Limited Settings



SCAN  
**ME**

TO  
**REGISTER**

# EUROPE REGION



**TUESDAY**

12th November 2024



**TIME**

3:00 PM CET

## SPEAKERS



**PROF. ZULFIQARALI G. ABBAS**  
TANZANIA

**TOPIC:** The New Perspective  
For Diabetic Foot In The World



**PROF. BEATA MROZIKIEWICZ-  
RAKOWSKA**  
POLAND

**TOPIC:** International  
Questionnaire "Stay And Stand  
On Both Feet"



**PROF. ROBERTO ANICHINI**  
ITALY

**TOPIC:** How To Change  
Statistics Of Amputations Due  
To Diabetic Foot - Italian  
Perspective



**DR. VILMA URBANCIC  
ROVAN**  
SLOVENIA

**TOPIC:** How To Change  
Statistics Of Amputations Due  
To Diabetic Foot - Slovenian  
Perspective



**DR. ADAM JARUBAS**  
POLAND

**TOPIC:** Representative Of EC -  
Changing The European  
Landscape Of Diabetic Foot

**Our Mission:** Ending avoidable lower-limb amputations due to diabetes worldwide



SCAN  
ME

TO  
REGISTER

# DIABETES AWARENESS WEEK #2024



REGION	REGISTRATION	DATE
<b>AFRICAN Region</b>	<a href="#"><u>CLICK HERE TO REGISTER</u></a>	THURSDAY, 7th Nov 2024
<b>SACA Region</b>	<a href="#"><u>CLICK HERE TO REGISTER</u></a>	FRIDAY, 8th Nov 2024
<b>NACA Region</b>	<a href="#"><u>CLICK HERE TO REGISTER</u></a>	SATURDAY, 9th Nov 2024
<b>GLOBAL MEET</b>	<a href="#"><u>CLICK HERE TO REGISTER</u></a>	SUNDAY, 10th Nov 2024
<b>MENA Region</b>	<a href="#"><u>CLICK HERE TO REGISTER</u></a>	MONDAY, 11th Nov 2024
<b>EUROPE Region</b>	<a href="#"><u>CLICK HERE TO REGISTER</u></a>	TUESDAY, 12th Nov 2024
<b>SEA Region</b>	<a href="#"><u>CLICK HERE TO REGISTER</u></a>	WEDNESDAY, 13th Nov 2024
<b>WP Region</b>	<a href="#"><u>CLICK HERE TO REGISTER</u></a>	THURSDAY, 14th Nov 2024

**REGIONAL CHAIRS OF EACH REGION AND THE BOARD WILL BE THE COORDINATORS OF RESPECTIVE REGION**



# GLOBAL MEET



**SUNDAY**

10th November 2024



**TIME**

2:00 PM CET

## SPONSORED TALK BY URGO MEDICAL



**Dr Chris Manu**

MD, FRCP

Consultant Diabetologist, Diabetic Foot & General Medicine  
King's College Hospital NHS Foundation Trust, London, UK

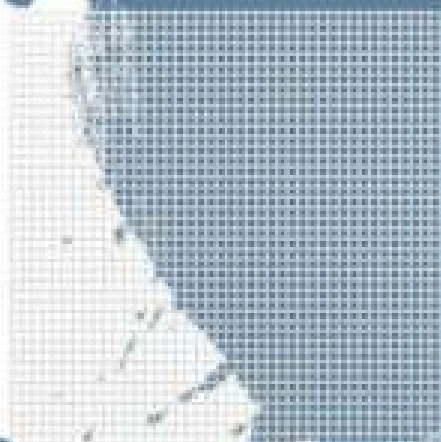
### TOPIC

**A Global Analysis Of The Cost-  
Effectiveness Of TLC-NOSF**



**UrgoStart plus**  
Treatment Range

**THE FIRST AND  
ONLY  
DRESSINGS  
RECOMMENDED  
BY THE IWGDF  
GUIDELINES**



**UrgoStart**  
Contact



**UrgoStart plus**  
Pad



**UrgoStart plus**  
Border

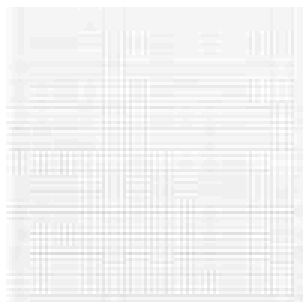
"Consider the use of **sucrose-octasulfate** impregnated dressings for the treatment of non-infected neuro ischemic diabetic foot wounds"



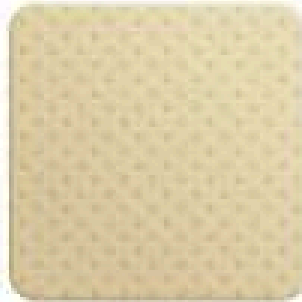
# Sucrose-octasulfate (NOSF) impregnated dressings are **Recommended by the IWGDF Guidelines (2023)**

In 2019, for the first time, the **International Working Group on Diabetic Foot (IWGDF)**

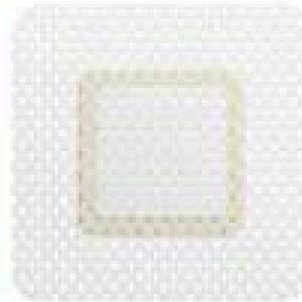
recommended the use of a **sucrose-octasulfate** as standard of care for the treatment of neuro-ischemic *diabetic-related foot ulcers*.



UrgoStart  
Contact



UrgoStart plus  
Pad




UrgoStart plus  
Border

In 2023, the guidelines has been renewed and **confirmed sucrose -octasulfate as standard of care**. The recommendations consider the use of sucrose-octasulfate dressings after a 2 weeks period if insufficient change in wound area with Standard of Care alone (instead of 4-6 weeks in 2019).

## WHY DID THEY CHOSE US?

- Due to our **high level of evidence** (considered as high certainty by IWGDF).
- Significantly **faster time to heal** compared to other dressings (Improvement in complete wound healing at week 20).
- Supportive data on our **cost effectiveness** from modeling studies.

UrgoStart 

Treatment Range is:

- ✓ Clinically Proven
- ✓ IWGDF Recommended
- ✓ Confirmed in real life
- ✓ Cost effective

IWGDF Guidelines on the prevention and management of diabetes-related foot disease



International Working Group on the Diabetic Foot (IWGDF) Wound Healing Interventions Guidelines 2023  
<https://iwgdfguidelines.org/wound-healing-2023/>



Picture courtesy by Dr. Zulfiqarali G. Abbas, President of D-Foot International

**WHO HAS THE  
SMARTS**

# D-FOOT QUIZ

Submitted Picture for  
D-Foot International  
e-Newsletter

**IN THE SPOTLIGHT**

A 65-year-old male with long-standing type 2 diabetes presents for evaluation of his left foot. The patient has peripheral neuropathy and minimal sensation in the foot. On examination, there is minor distal amputation of the third toe, wasting of the foot muscles, and significant dryness of the skin.

**Given these findings, what are the appropriate management strategies to prevent future diabetic foot ulcers?**

*How might the role of a multidisciplinary team, including podiatry and endocrinology, contribute to long-term prevention of further disarticulation and ulcer formation in this high-risk patient?*

# REGIONAL UPDATES





# GLOBAL UPDATES

## **D-Foot International Approves New Constitution**

We are pleased to announce a significant milestone for D-Foot International. During the **General Assembly held on 22nd June 2024**, our new constitution was formally approved.

This process was carried out under the guidance of a notary in Belgium and a team of legal experts, ensuring that the document adheres to international legal standards and supports the evolving needs of our organization.

The new constitution is a key development in strengthening our organizational framework, improving governance, and enhancing our ability to fulfill our mission of advancing diabetic foot care globally.

**It reflects the collective input of our members and the commitment to transparency, accountability, and efficiency within D-Foot International.**

We believe that this update will enable us to better serve our members, partners, and the global diabetic foot care community. The changes are designed to ensure that we remain at the forefront of advocacy, education, and collaboration in the fight against diabetic foot complications.

**We would like to extend our sincere thanks to all members who contributed to this process and continue to support D-Foot's mission.**

Together, we are making a lasting impact in the prevention and treatment of diabetic foot complications worldwide.



The 11th TtFT was hosted for English-speaking countries in the African Region. Held from 15th to 19th August 2024, in Zanzibar, Tanzania, the event brought together 16 pairs of doctors and nurses from 12 different countries. This gathering was a significant milestone in Africa's efforts to combat the rising number of amputations due to diabetes, especially in underserved regions. The program's comprehensive approach focused on empowering healthcare professionals to enhance their clinical and educational skills, thereby enabling them to become leaders in diabetes-related foot care.

### **Aims of the TtFT Program**

The primary objective of the 11th TtFT program was to improve the skills of healthcare professionals in diagnosing, managing, and preventing diabetes-related foot complications. The curriculum covered key areas such as course structure, teaching methodologies, evaluation techniques, data collection, networking, and resource optimization.

## AFRICAN REGION

By providing this knowledge and these skills, the TtFT program aimed to give participants the tools they needed to develop and implement effective diabetic foot care strategies in their respective countries.

The event was structured around a series of workshops, discussions, and hands-on training sessions that addressed various aspects of diabetic foot care. Special emphasis was placed on networking and collaboration, with the goal of establishing a united front against the diabetes-related amputation epidemic in Africa.

### **Esteemed Faculty and Leadership**

The 11th TtFT was led by an esteemed group of faculty members, all of whom are experts in the field of diabetic foot care. Prof. Zulfiqarali G. Abbas, President of D-Foot International, presided over the event and played a key role in shaping the program's structure and focus.



Prof. Harikrishna KR Nair



Prof. Frances Game



(L:R) Prof. Frances Game: Chair of International Working Group of Diabetic Foot, Prof. Zulfqarali G. Abbas: President of D-Foot International and Prof. Harikrishna KR Nair: President-elect of D-Foot International and President of World Union of Wound Healing Societies



Dr. Faraja Chiwanga



Prof. Zahid Miyan



Prof. Zulfiqarali G. Abbas, President of D-Foot International



Prof. Zulfiqarali G. Abbas, President of D-Foot International



(L:R) Prof. Frances Game, Dr. Faraja Chiwanga, Prof. Zahid Miyan, Prof. Harikrishna KR Nair, and Prof. Zulfiqarali G. Abbas leading a fruitful discussion on current diagnosis and management of diabetic foot care



(L:R) Prof. Frances Game, Dr. Faraja Chiwanga, Prof. Zahid Miyan, Prof. Harikrishna KR Nair, and Prof. Zulfiqarali G. Abbas leading a fruitful discussion on current diagnosis and management of diabetic foot care

# 11th TTFT Workshop Details



# 11th TTFT Workshop Details



# Candid moments



Delegates of 11th TtFT. Zanzibar, Tanzania

Prof. Harikrishna K.R. Nair, President-elect of D-Foot International and President of the World Union of Wound Healing Societies, shared valuable insights on wound healing and diabetes care. Prof. Frances Game, Chairperson of the IWGDF, highlighted the importance of accurate wound classification. Prof. Zahid Miyan and Dr. Faraja Chiwanga provided expertise on off-loading techniques and peripheral arterial diseases. Together, these experts delivered a comprehensive, evidence-based educational program that inspired and equipped participants to implement life-saving diabetic foot care strategies in their countries.

### Workshops: Hands-On Learning for Lasting Impact

The 11th TtFT featured six workshops, each designed to address a critical area of diabetic foot care:

- Workshop on Peripheral Neuropathy - Conducted by Prof. Zulfiqarali G. Abbas, this workshop focused on identifying and managing peripheral neuropathy, one of the most common and dangerous complications of diabetes. The session provided participants with practical tools to recognize early signs of neuropathy and intervene before complications escalate.
- Workshop on Peripheral Arterial Diseases (PAD) - Led by Dr. Faraja Chiwanga, this workshop concentrated on diagnosing and managing PAD, which often exacerbates the severity of diabetic foot complications. Attendees learned how to use diagnostic tools such as Doppler ultrasound and interpret results to create effective treatment plans.



(L:R) Dr. Faraja Chiwanga, Prof. Frances Game, Prof. Harikrishna KR Nair, Prof Zahid Miyan, and Prof. Zulfiqarali G. Abbas

- Workshop on Wound Classification - Prof. Frances Game guided participants through the critical process of classifying diabetic foot wounds. Accurate wound classification is essential for determining the appropriate course of treatment, and this workshop provided attendees with the knowledge needed to make informed decisions.
- Workshop on Wound Healing - Prof. Harikrishna K.R. Nair led this workshop, offering a comprehensive overview of the various stages of wound healing and the factors that influence it. He also introduced innovative wound healing techniques that have been proven effective in reducing the need for amputations.
- Workshop on Off-Loading Techniques - Conducted by Prof. Zahid Miyan, this workshop focused on the importance of off-loading pressure from diabetic foot ulcers. Participants were introduced to various off-loading devices and learned how to use them effectively to promote healing.
- Workshop on Nurse Care of Calluses, Corns, and Nail Cutting on Diabetic Feet Dr. Raidah R. Gangji and Sister Marziya Omar led this hands-on session that focused on routine care of diabetic feet, such as managing calluses and corns and safely cutting nails. Proper foot care is essential for preventing ulcers, and this workshop ensured that nurses had the skills needed to provide this care.

The 11th Train the Foot Trainer course in Zanzibar was a resounding success, marking a significant step forward in the fight against diabetes-related amputations in Africa.





(L:R) Abid Mahmood Saleemi - Director Marketing and Sales - International Business, Dr. Khurram Hussein -- Chief Operating Officer - Global Business, Prof. Zulfiqarali G. Abbas, Mr. Khalid Mahmood - MD & CEO - Getz Pharma and Mr. Agha Sadiq - Deputy Director - Marketing & Sales

The success of the 11th TtFT would not have been possible without the generous support of our sponsors. We are incredibly grateful to **Getz Pharma** and **Planet Pharmaceutical** for their unwavering commitment to advancing diabetes care across Africa. Their support has made it possible for healthcare professionals from 12 African countries to come together and learn how to prevent lower-limb amputations, ultimately improving the quality of life for people living with diabetes.



Representing members of Getz Pharma at 11th TtFT Program



Faculty and Sponsors of the 11th TtFT Program



Getz Pharma sponsor meeting, August 2024, Pakistan



# MENA REGION



## NADEP DIABETES CON & 12TH TRAIN THE FOOT TRAINER

The 12th Train the Foot Trainer (TtFT) course and National Association of Diabetes Educators of Pakistan (NADEP) Diabetes Foot Con 2024, held in Karachi, Pakistan, on the 24th and 25th of August 2024, marked a significant step forward in the fight against diabetes-related foot complications in the Middle East and North Africa (MENA) region. Healthcare professionals from across the region came together to share insights, hone clinical skills, and learn evidence-based strategies to prevent lower-limb amputations.

The event featured impactful presentations and workshops led by global experts. Prof. Zulfiqarali G. Abbas, President of D-Foot International, delivered a keynote address emphasizing the importance of early detection and prevention of diabetic foot complications. His powerful message underscored the urgent need for a coordinated global response, particularly in low- and middle-income countries (LMICs), where the rates of diabetes-related amputations continue to rise.

Over the two days, attendees participated in several hands-on workshops, including a session led by Prof. Zulfiqarali G. Abbas, Prof. Sharkawy, Prof. Roberto, and Dr. Salma Khuraibet, focusing on practical methods for alleviating pressure on diabetic ulcers. These interactive sessions provided participants with a comprehensive understanding of effective approaches to diabetic foot care.

With the continued support of D-Foot International and its sponsors, this event further empowered healthcare professionals to implement effective strategies for preventing preventable amputations. The knowledge gained will have a lasting impact on the healthcare systems of the MENA region, moving us closer to a future where preventable diabetes-related amputations become a rarity.

We would like to extend our heartfelt gratitude to the generous sponsors of the 12th TtFT Course and NADEP Diabetes Foot Con 2024.



# 12th Train the Foot Trainer

August 24th-25th, 2024 | Karachi, Pakistan



Workshop Details facilitated by Prof. Zulfiqarali G. Abbas



Workshop Details facilitated by Prof. Sharkawy



Workshop Details facilitated by Dr. Salma

# EUROPE REGION

## 19TH DFSG ANNUAL MEETING: A MILESTONE IN GLOBAL DIABETES INNOVATION AND COLLABORATION

The 19th Annual Scientific Meeting of the Diabetic Foot Study Group (DFSG) took place in the beautiful city of Valencia, Spain, from September 6th to 8th, 2024. The event marked yet another successful gathering of global experts, practitioners, and industry leaders, all united by their dedication to advancing diabetic foot care.

This year's meeting offered a rich scientific program filled with keynote lectures, abstract sessions, industry symposia, and poster presentations. Attendees were treated to 2½ days of high-level scientific discussions, engaging networking opportunities, and an invaluable platform for knowledge exchange. The event showcased the latest research, best practices, and emerging trends in the treatment and prevention of diabetic foot complications.

The core topics explored at the 2024 meeting ranged from epidemiology to basic and clinical science, as well as diagnostics, classification, and biomechanics. Special attention was given to orthopaedic surgery, infection management, revascularization techniques, and the critical intersection of wound healing and outcome measurement. The inclusion of thorough discussions further ignited talks within the science community, providing a comprehensive look at the complexities involved in diabetic foot care.

One of the key strengths of the DFSG Annual Meeting is its ability to foster meaningful dialogue between researchers, clinicians, and industry partners. Attendees walked away with a deeper understanding of the latest advancements in the field, particularly in infection management, surgical interventions, and the development of innovative diagnostics tools.

As the 19th DFSG Meeting concluded, it once again demonstrated the group's unwavering commitment to improving the quality of life for individuals with diabetes-related foot complications. Looking ahead, the DFSG continues to be a vital platform for fostering innovation, research, and collaboration in the ever-evolving field of diabetic foot care.



Prof. Anna Trocha Chair of DFSG and Prof. Zulfiqarali G. Abbas  
President of D-Foot International



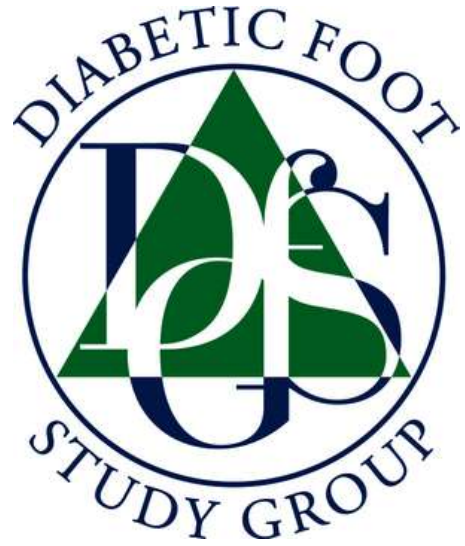
Prof. Frances Game Chair of IWGDF and Prof. Zulfiqarali G.  
Abbas President of D-Foot International



Prof. Dane Wukich Chair of IADFS and Prof. Zulfiqarali G. Abbas  
President of D-Foot International



Dr. Hani Badahdan, Saudi Arabia Ministry representative and Prof. Zulfiqarali G. Abbas President of D-Foot International



Prof. Venu Kavarthapu, Former President IADFS



D-Foot International representation at DFSG

# SEA REGION Webinar on Charcot Foot



Diabetic  
Foot  
Society of  
India



International  
Association of  
Diabetic Foot  
Surgeons

*Know all about*

## CHARCOT FOOT PATHOGENESIS, CONSERVATIVE & SURGICAL TREATMENT



14 September 2024 | 9pm-10pm

Curtain Raiser to the  
21st DFSICON 2024  
10th Annual Conference of IADFS  
2nd D-Foot International

### PANELISTS

Dr. Arun Bal	Secretary Past President	IADFS DFSI
Dr. VB Narayanamurthy	President	DFSI
Dr. Zulfiqarali G. Abbas	President	D-Foot International
Dr. Rajesh Kesavan	Vice President Board Member	DFSI IADFS
Dr. Manisha Singh	Executive Committee Member	DFSI
Dr. Srinivas Seshabattaru	Organising Secretary	DFSICON 2024



**Prof. Venu Kavarthapu FRCS (Tr&Orth)**  
Consultant Orthopaedic Surgeon  
King's College Hospital, London  
Former President, IADFS

On 14th September 2024, an insightful and highly engaging webinar took place as a curtain raiser to the much-anticipated 21st DFSICON 2024, the 10th Annual Conference of the International Association of Diabetic Foot Surgeons (IADFS), and the 2nd D-Foot International Conference. The webinar centered on the topic of "Charcot Foot: Pathogenesis, Conservative, and Surgical Treatment," delivered by Prof. Venu Kavarthapu, FRCS (Tr&Orth), a leading Consultant Orthopedic Surgeon at King's College Hospital, London, and former President of IADFS.

Prof. Kavarthapu's presentation focused on the complex pathogenesis of Charcot foot, a debilitating and often underdiagnosed complication in diabetes patients. He meticulously outlined the progression of Charcot foot and the significance of early diagnosis in preventing irreversible damage. Prof. Kavarthapu also highlighted various conservative and surgical interventions available for managing Charcot foot, stressing the need for a multidisciplinary approach to achieve optimal patient outcomes. His talk provided attendees with cutting-edge insights into the latest surgical advancements and the role of conservative treatments in early-stage management.

The webinar also featured an esteemed panel of experts, including Dr. Arun Bal, Secretary of IADFS and past President of the Diabetic Foot Society of India (DFSI), Dr. VB Narayanamurthy, President of DFSI, Prof. Zulfiqarali G. Abbas, President of D-Foot International, Dr. Rajesh Kesavan, Vice President of DFSI, Dr. Manisha Singh, Executive Committee Member of DFSI, and Dr. Srinivas Seshabattaru, Organizing Secretary of DFSICON.

The panelists engaged in a robust discussion on the current challenges in managing Charcot foot and shared their experiences on effective treatment approaches. The session was highly interactive, providing participants with practical takeaways to apply in their clinical settings.

This webinar successfully set the stage for the upcoming 21st DFSICON 2024, 10th Annual Conference of IADFS, and 2nd D-Foot International Conference, sparking enthusiasm and anticipation for more in-depth discussions and knowledge-sharing sessions on diabetic foot care. With the collective expertise of global leaders in the field, these conferences promise to further advance strategies to manage diabetes-related foot complications.



The 21st DFSICON 2024, the 10th Annual Conference of the International Association of Diabetic Foot Surgeons (IADFS), and the 2nd D-Foot International Conference made history by coming together for the first time from September 27th to 29th, 2024, at the Westin Mumbai Powai Lake in India. This monumental collaboration brought together three leading organizations in diabetic foot care, creating a platform for healthcare professionals from all over the world to engage in meaningful dialogue and share knowledge.

The theme of the conference, "Interact, Innovate, Implement, and Improve," encapsulated the goal of the gathering: to enhance global efforts to prevent diabetic foot complications and amputations by promoting interaction, innovation, and the implementation of advanced techniques that ultimately lead to improved patient outcomes. Diabetic foot complications remain one of the most significant health challenges globally, with millions of individuals at risk of amputations every year. This conference set the stage for creating strategies to tackle this growing health burden.

For the first time, DFSICON, IADFS, and D-Foot International came together to pool their expertise and resources, amplifying the impact of their respective missions. This collaborative effort demonstrated a shared commitment to advancing diabetic foot care on a global scale, particularly in low- and middle-income countries where the burden of diabetes and its complications is the greatest. This unity aligns with D-Foot International's mission to "End avoidable lower-limb amputations due to diabetes worldwide."

Over the three days, the conference offered a diverse and enriching experience with keynote lectures, panel discussions, hands-on workshops, and live surgical demonstrations. Renowned experts from across the globe gathered to share their latest research and insights on a variety of topics. The faculty included prominent figures such as Prof. Venu Kavarthapu, Consultant Orthopedic Surgeon at King's College Hospital, London, and former president of IADFS; Dr. Arun Bal, Secretary of IADFS and past president of DFSI; Prof. Zulfiqarali G. Abbas, President of D-Foot International; and Dr. VB Narayanamurthy, President of DFSI. The focus of the conference spanned crucial aspects of diabetic foot management, including wound classification, prevention, surgical interventions, offloading techniques, and wound healing. Workshops covered a wide range of topics, from basic wound care principles to advanced surgical techniques.

The "Interact" aspect of the conference encouraged attendees to network, ask questions, and engage in critical discussions on the future of diabetic foot care. "Innovate" was highlighted through the presentation of new technologies and techniques, pushing the boundaries of what is currently possible in the treatment and management of diabetic foot ulcers and related complications. "Implement" emphasized the importance of applying this knowledge and innovation in clinical settings, ensuring that the advancements made in research translate into real-world improvements in patient care. Finally, "Improve" represented the ultimate goal of the conference: to better the quality of life for individuals living with diabetes and prevent amputations and other serious complications.



L-R: Dr. V.B.Narayanamurthy, President of DFSI, Prof. Zulfiqarali G. Abbas, President of DFI, and Prof. Hari Krishna K.R Nair, President of WUWHS



D-Foot International representation: President and President Elect



L-R: Prof. Dane Wukich, President of IADFS, Prof. Zulfiqarali G. Abbas, President of DFI, and Dr. V.B.Narayanamurthy, President of DFSI



Opening ceremony of the Event



Dinner Gala





President of D-Foot International; Prof. Zulfiqarali G. Abbas delivering the opening address



Prof. David Armstrong



Prof. Hari Krishna KR Nair





# IWII & 6<sup>TH</sup> GLOBAL WOUND CONFERENCE 2024



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**Dear Esteemed Readers,**

I extend my heartfelt greetings and deepest gratitude to each of you for your continued support of the D-Foot International e-newsletter. Your unwavering commitment drives our collective mission to eliminate avoidable lower-limb amputations due to diabetes worldwide.

In this edition, we bring you a series of stories and insights that reflect our steadfast dedication to this cause. From thought-provoking articles to inspiring partnerships, each feature underscores the collaborative efforts of individuals and organizations working towards a shared vision. A special welcome to our new members, and a warm welcome back to our returning readers. Your engagement is the foundation of our progress, and together, we are making a lasting impact on the lives of those affected by diabetes.

We would also like to express our sincere appreciation to Ms. Zaimah Gangji, our diligent secretariat, whose behind-the-scenes efforts ensure the seamless operation of D-Foot International. Additionally, a heartfelt thank you to Mr. Muhammad Abbas Gangji for his exceptional design contributions, which keeps our D-Foot website constantly updated and current.

As we reflect on our past successes and look ahead to new endeavors, I am filled with optimism. Your involvement and dedication continue to propel us toward a future where avoidable amputations are a thing of the past. Wishing you all a joyful, prosperous, and successful year ahead.

Thank you for being part of this journey.

**Newsletter Coordinator.**



**Dr. Raidah R. Gangji**

# Members of Nominating Committee 2023-2025

**President-Elect**

Harikrishna K.R. Nair

**Immediate Past President**

Vijay Viswanathan

**Previous Vice-President**

Nikolaos Papanas

**Regional Chair**

Gulapar Srisawasdi

# Provisional Dates 2025

## **Dates for Nominations:**

10th February to 10th March 2025

## **Dates for Election:**

10th April to 24th April 2025

**3rd D-Foot International  
Scientific Conference &  
8th Annual General Assembly**



**9th to 11th May 2025  
Imperial Hotel Kuching  
Sarawak, Malaysia**

**For more information:  
Please visit [www.woundconference.com.my](http://www.woundconference.com.my)**

